

The Ascension of Mind

Written by

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PREFACE

To tell the truth fearlessly,
Is indeed a constant commitment for one who explores for truth
To be frightened and tremble.....
Is indeed a constant upset – for entire life!
Counter with logic....
Don't prattle – if it isn't possible....
"Anything said by many, prevails as right (justice))"
May be or may not be, definitely that itself only as beginning!
Flourishing, for sure, that one vote itself in democracy
Justice would not die and indeed eternal is Dharma.
Inevitable for materiality – imitation, habit
Expedition of truth is needed as a part in daily life!
Examination, investigation – science and technology
Quest for meditation – that itself is bliss of spirituality.
Even religion, is indeed a path, with the devotion combined, humanity.
God is the guidance...
of achieving the Divinity
The mind itself would be the Soul or Self
If it is transcended so.
Meditation is the torch....
of getting the rapture.
Do not forget human being....
Whatever the religion be and even if the path is different
Should not leave the system....
Whatever the 'ism' and its politics may be
Human sacrifice is not righteous for human being
May be religious sacrifice is, beneficial for Nature
To live, and to die are indeed common for human being.
To kill, isn't justice.....
For human birth venerability and... eminence

Cannot become as greatness for human being – belittlement and defilement.
If the abode of God (divinity) itself is body.....
If that itself is the abode for Soul...
Then how come is the cruelty and bestiality – only purity is its path!
Would there be lowness, but only blessedness for the abode of divinity!
A code of conduct against one's interest is indeed a bad bargain.
Past does not end, non-existent indeed!
Would remain in the mind as memory and that itself rotates repeatedly.
Should not be as pain – for progress
As shadow of snake's hood throughout life
He himself not knowing what his position is....
Unsure that for what sake, for human being, are the after-death imaginations!
Don't know why to gaze intently, at the sky?
Any activity without support and – knowledge without life
Is it possible – whether for *bhOgi* (a person with luxurious tastes) – or *yOgi* (a person with no
luxurious taste)!
Beginning of ascent is – indeed with the earth only!
Exploration of spirituality is – with physical value only!
Indeed don't be in illusion forgetting yourself,
No accumulated Karma, as the remembrance of past as reserved,
Only the present conduct would be applicable, as Doer for Karma.
Only light and shadow of movements of planets but,
Are there (Sun) rise and set for demigod?
To believe birth, Karma, and birth is only deceiving the heart.....
Well, as habit, that is inherited preaching only!
If D.N.A. is considered as the carrier of past birth Karma
Science has to tell, for sure, the rationale of its formation.
The distance for zero and number ends with nine
Ends with Soul only for human being, for mind.....
Value would increase thereafter with those two only!
Without a digit (number), would any value be caused to the zero?

Right-hand side only is, its strength of position indeed!
Is there existence, even for mind without body?
The manifestation of corporeal form itself is mind
Soul is pervasive; that is incorporeal always
Vision of Soul means – that is, incorporeality of corporeality only!
If incorporeal constancy is omnipresent.....
Its concise microcosm itself is – corporeal existence.
If there is vision of incorporeality (formless), in corporeal (objective) vision
That itself is the manifestation of Soul, only if that happens in you
If there is vision of Soul as Universal Form,
That itself is, for sure, the vision of Supreme Soul, final liberation (eternal bliss).

The mundane Self the Divine Soul

Absorption of the both....

May either be....

The emancipation or the Salvation

To tell is indeed easy but, hard work would be known in practice only

Mere initiation or inception

never be a completion (Completeness)

The human has both

of the innovative instinct, and the intuition

Make use of them to be transcendency.

You are only the Doer for Karma – don't deny responsibility,

To win, to lose are just light and darkness indeed!

Despair, extreme greed.... why do you need their concern?

Don't store them, in memory; they are only for path.

Sciolism is like a sciomachi

Never ought to be a Sciolist

Reserve and retain the Raisonnetre (in mind)

(That) goes in search of the Truth.

Both of the attitude and the aptitude,

Ought to be so... bearing with the prudence.

It is simply an attempt to tell...something...something....something else.....!

In an easy way and in a valuable manner.

Not an itch for fame..... no anxiety.

That which creates does not take birth; it causes; its Mother Nucleus is Self-existent. That which takes birth does not cause. It takes birth in the process of procreation, in accordance with the (Dharma) characteristic of the 'species'. Infinite infinitude is the entity of the Universal Nucleus; Ubiquity (universal pervasiveness) and Omnipotency is for Universal Energy, constant basis and dependency, and corporeality (form) and incorporeality (formless) is the characteristic of Universal Matter. In the limit of existence, contraction, expansion, pervasion, and innateness of Soul is the characteristic of consciousness of the Universal Matter. Movement is, the merger of *Life Force* and *Jiva-Shakti*, *Prkrti (Consciousness)*, as the *PuruSa (Conscience)* and matter, combined origination is indeed natural! In the order of the Trans-Morphism of the bio-matter, its peculiarity is evident. So also, mutual cooperation, basis, dependency is needed. For all organisms, principally, for the human race with social consciousness, it is essential course of Trans-Morphism! Similar to, the movement, is the characteristic (law), of the matter, for bio-matter, body and mind separate and related state, movement is indeed inevitable only!

Relating to the macrocosmic state, of the body (Bio) matter, it is indeed a well-known matter, isn't it! So also, *Life Force* and its mutually senses dependant and influenced mind, its microcosm also, is of same type only! The physical body associated '*Life Force*' and the neurons related 'mind' – both of these do not have their own stable 'existence'. The oxygen itself, which enters into the body only through the process of respiration, as instant '*Life Force/vital spirit*' for only that point of time; so also, water – food, as *Jiva-Shakti* (subsistence), influenced by heat and cold, are becoming the basis for the existence of human being/organism. Only so long as there is scope for supply, ingestion and excretion of them as in and out, body, its existence – so also, mind as the instigation of sense organs influenced by the environment and circumstances, have their manifestation, by their own, individually. That means, the *Life Force* so also mind too, from time to time, only through the formation of metabolic and the chemical actions and reactions that occur in suitability to the opportunity and need of that point of time, they (*Life Force* – mind) have their existence but not, however, with steadiness (solidity). **Only the functional *Life Force* (the vital spirit/Jeevatmn/Self), being circuited by means of the Oscillation and the stimulation of Oxygen; through the B.P. Whenever there is any interruption, impediment**

caused either by any kind of ailment, there could be a break of Beingness. Generally, there may be no restoration of the circuit with the failure of the medication. When there is an impediment in the binding, and affinity, related to signaling that occur between the mind, and body, the sensorium mind loses its distinctness, for action and reaction. The clarity of this matter can be understood by comprehending the intervening time between the clinical death, and the brain death so also, the temporary functional rest relating to the body, and mind with the influence of anesthesia, and other matters as examples.

The *Life Force* – mind that do not have steady existence, external appearance, and clarity – both of these only, function as principal causers of causing the life and existence of organism, imaginations, and realities, and for practical, accomplishment of wisdom, scientific development. If so, what is '*Life Force*'? What is mind? So also including with the feeling of 'soul', these are indeed subjects of examination, research indeed! The attempt I have made in the form of this book is almost the same. If so, investigative criticism, exploratory explanations, and the examples that have to be restricted only to the specification of subjects, indeed should not be a cause for personal hatred, misunderstandings, or harms!

The knowledge supremacy – cultured mind, affectionate humaneness – with these only, human being, and the human birth should acquire fame and uniqueness; this is indeed a normal characteristic only! If so, to reveal and publicize their specialties with supremacy of wealth, power pride (arrogance), ignorance, lack of understanding, mutual suspicion and enmity, religious craziness, and madness also, had happened in the human history mostly. Today, it is reaching the level of stars. But, they will never get amiable respects, and heart-acceptable invitations.... Even so, they-only, are riding today's society. As their wish, they are dragging, the system into some ignorant, egoistic rifts. If so, it is not that the historical sources of evidences will not cause the suspicion that, are the religion, and 'leading spirituality' – which have to regulate (control) by opposing, and preventing the aforementioned – excelling, by bearing their joint burden, and by performing *bhajan* for materialistic madness.

Similar to, the organs that perform actions are necessary for integration, and accumulation of materialistic wealth, and for the execution of actions needed for that, for the exploration of the wealth of knowledge, sensory organs, and with them stern practice successes also, indeed have extreme significance! If so, for anything, either materiality, or spirituality, senses influenced mind itself is important, basis; that itself is the base; that itself is the beginning

too! It appears, exhibits as the functional mind in the execution of ‘karma’....., in spirituality, that itself as righteous, compassionate mind, as heart...., and in divinity, that itself... as ‘Soul’.... as microcosm of Supreme Soul. While reading this book, probably, the same may come into realistic experience. If so, primarily, only through the recognition of the righteous instinctive nature and capability of thinking present for the mind – that is embedded in the body made of five primordial elements, it is necessary to recognize the matter that, it is a good path, for spiritual development and integrity of knowledge.

For the mansion and good path of ‘expedition of truth’, materiality itself, is the first step. Similar to, the presence of sky for land.... there is space for universe. Journey into the sky should be from land only. Exploration of universe and the acquisition of knowledge related to it should happen in the space itself. For that very reason, **‘The Ascension of Mind’** must become the guidance.... That itself is, the uncovering of soul.... That itself is the micro indicator to the proximity of divinity.

Similar to, the union, assemblage of some is needed and basis for contour; the efforts of some become the cause for accomplishment of object. For that very reason... for all those who cooperated and reviewed for giving shape, and integrity of this book....

Gratitude with blessings.

.... Viswa Sphoorthi

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BIO MATTER

“Diversity is fact... The unity in diversity is the Truth...Unity is the Origin (i.e.,) Eternity.

Duality is Creativity... and... Diversity is Productivity”.

If the matter of Creation – Creator is kept aside... what we know about the things that we are experiencing in our daily life is indeed less! For every organism, ‘Life Force’ – mind, or presence of sensations are principal. Even so, what we could describe about them precisely is indeed less! What is ‘Life Force’? ‘Mind’ means..., so also, if questioned, ‘who are you’? The only thing that we could say, could give is only our ‘biodata’! That is not; cannot be.... the answer for the actual question.

Relating to the Creator, those who say have been indeed saying; those who listen have been indeed listening, for Ages – generation after generation. Philosophers, pundits, religious leaders, chiefs of monasteries, and propagandists, with the help of various types of literature, by adding their own comments, and explanations, have been saying what they could say, and have been doing what they could do.... Even so, the ‘question’, discussion – dispute relating to it; has not been settled completely even today!

Religions say that God is the Creator... Science is explaining it is Trans-Morphism... However, there is no coordination for religion.... and no steadiness for science. Although cat, feline (catlike) are the same, one should not say that the meaning for cat – is ‘feline’. There has to be meaning for cat in an easier manner than that. Belief in religion – experience in science are, principally, proving effective.

Rather than the old discussion about the Creation – Creator – God – and others – there should be examination about such things as what is the contribution of earth in the emergence of life? What may be the causes for that? Why are they like that? And especially – in the infinite universe, the cause for God, only on earth, and about the human beings who are the cause for that. The thing that human being is not the beginning organism, in the order of evolution of life, is indeed a scientifically agreed matter.

‘Word’ can be seen in the form of alphabet. Heard as ‘sound’. But, its meaning or feeling, however, depends greatly on how the mind understands it. But there is no chance that this meaning or feeling, like word, would have, however, the ‘solidity’ of form of alphabet. So also, In description relating to ‘matter’, a metal and its physical, external form, may be perceptible to

the mind in the form of ‘vision’ or ‘touch’. But its nature, or characteristic, entity, however, have to be understood, and known by means of experience only. What does that mean? It does not have form (shape), does it! So also, in case of physical body, its shape – appearance – *Life Force* in it, and mind – (soul – conscience), the physical body, and its shape, form only, relating to the possibility of vision or touch, will be in the possibility of experience. But, through the perception (understanding) of ‘*Life Force*’, mind and their invisible status, it can be known only as feeling. That which causes to know is indeed mind only! So also, the utmost microscopic atom, can be visualized only through facilities and resources of extremely powerful instruments. But the internal (nucleus) energy, with the ways of methods (techniques) at that level, is not possible for visualization and touch. It appears only in the form of ‘result’, and gives the evidence. The level and state of electricity is the same, isn’t it!

In that same type, some more examples – specification: seed – its seedling..., egg – embryo in it..., sun – its solar energy..., brain – its thoughts/perception/intelligence..., air – and oxygen that is present combined in it, and in all other pairs (of opposite), there would be uncovering of visible and invisible states constantly. For that, in a possible way, and limit, they have their corporeal and incorporeal state, and existence. The knowledge – material knowledge – and understanding relating to this can be possible only for the mind.

The matter, which is formed because of constant movement (motion) of the ‘Universal Energy’, its different types, its division into inertial matter and bio-matter, the organism, which is the combination of bio-matter and produced by nature, and its transmutation.... if it can be understood in this manner, then the material knowledge related to birth, living and death about the human life can be acquired. With the complete understanding relating to that, the after-death information can be known (if any). For the Creation to appear as a consequence of abrupt resolution (will) by the way of command and not in the method of Trans-morphism/Trans-mutation is against the universal law, and distant to certainty.

That the matter would be present – principally in solid – liquid – gaseous forms in three ways is indeed a known thing! In accordance with those various conditions... the influence of favorable, or unfavorable climatic conditions, it will be present with those changes. In cold – hot conditions and in accordance with their states, with no steadiness undergoes ‘change’ constantly, as one for the other. Its utilization, usage also, in suitability to it only, would have quality, quantity. In accordance with the temperature-temper, standard, although it is felt, seen like that

as diverse, in origin they as a whole indeed matter only! For instance, in the forms of ice, and vapor, water cannot be formless view.

When that which is united disperses, that which is cumulated divides, thereafter it cannot, will not reach to its previous state in that same way. It must not happen like that too! This is indeed property of matter! In the process of procreation, the qualities and quantities (characteristics) of the previous state, itself, cannot be and will not be repeated as it is. No atavism! For example, egg can change into embryo. That is natural also! But the same embryo cannot turn into previous egg, can it! That embryo – growing in favorable conditions – obtaining its entirety – after that, it may be a cause for some more eggs. Similarly, the metal, which is obtained on melting the ore (raw material), if this is melted again, ‘the same’ will not form the metal in the previous state. (the reason for uniqueness of gold/silver and some other metals will be different, even so, for ‘old’ gold and the silver of the same kind and the metals of that type also, there is indeed decrease of value, price, isn’t there! Well, the decrease of their quality and quantity is indeed natural). The metal that is melted will be considered as ‘inferior’ (waste/worthless). Production, manufacturing are not the same. Well, Creation, procreation is also the same indeed! For production – principally raw material goods.... for manufacturing, its method of manufacturing, and technical variety, are needed. Although tree is produced from the seed, all its produced seeds will not, need not become trees. There is a chance that, just ‘stem cells’, may directly produce a tree, organism (cloning, hatchery artificial pregnancy and in vitro fertilization – poly germination stem cells.... others can be discussed separately).

Evolutionary transmutation is the property of matter. The cause for inertial matter (has internal movement), to undergo transmutation as bio-matter (has internal and external movement), is this only! So also, bio-matter – that has the entity of transmutation (change), although is acquiring growth, having started as unicellular organism, it must inevitably have the nature (quality) of that transmutation, and the property of characteristic feature within it. For that very reason, diversity appears with the evolutionary transmutation of the different species. The time interval needed for it, although is very long, the law of transmutation has been occurring constantly. Until there is a chance, for the existence of the bio-matter, the formation of Nature, and the entity of the movement of its (bio) organism would keep on assisting this. If so, the theory of evolution although is supporting this, there is a chance of having a feeling that, for the ‘initiation’..., there may be an ‘end’. Anything that reaches the ‘summit’ (peak), to come to

downward state (position) is indeed a natural law, isn't it! In a circular movement (motion), beginning of the downward state, after reaching the 'peak' in the order of ascension, with that it is considered as complete there. In the order of descent, in regression, the 'beginning' of the summit by reaching it's once upon a time starting point, it is as that rotation is considered as complete for once. In a circular line, the law of point too is this only. **(The terminal turn is an inevitable to any circuitous terminus)** For that very reason, there seems to be no chance that the existence of human species, which is possibly considered as the final stage of evolution of life, in its progress of evolutionary transmutation may go forward (on metamorphosis) and would be a basis for another new 'species'. With internal retrogressive transmutational changes, it as 'turn about' in accordance with the characteristic of descent in the internal destruction process, it finally may, in fact, acquire invisibility!...

If so, that is this characteristic of ascension of evolution of life limited only to the changes of the physical body? Or, is it applicable to the mind related progressive, intelligence, sagacity and blooming also? Is indeed a science related question mark, which needs to be examined! That theory of evolution, largely, may be suitable with scientific evidences only for the diversity of external physical body of species, but that does the same theory, in the same way, has applicability and integrity to the mind and level of intelligence, and to the order of spiritual eminence? Is indeed a point that desires cessation of doubt!

In accordance with the characteristic of species, along with unity and diversity, there is a limit for the normal physical growth of every organism. The appearance of differences, and diversities in the physical growth because of hereditary (genetic/genome) physical growth or because of increase and decrease in hormonal activity, may be a unique consequence. If so, along with the physical growth, has there been any species, entity (original principle of formation) specification for mental development also? With comparison for the size, shape of the physical body, to that of prudence, talent, intelligence, and other, mental (brain) related things, they are indeed not comparable equally, are they! The same feature of diversity is evident in the activities, of mental developmental psychology and steadiness also. For example, the eminence of Supreme Wisdom of human intelligence, morality of individuality and dedication to truth of Golden Age (period of Vedas), in accordance with the Spirit of Age, if its level is examined as of today, which is referred to as 'Iron Age'..., the matter that it is in the path of decent (downwards) only and towards regression and decline only is indeed evident in experience, isn't it! If the

mental blooming and development also had followed the order of evolution of life, there would have been surely no scope for this distinction! Although the scientific knowledge, and its development including today's 'hi-tech' is estimated with this view only, when the status before nineteenth century is compared with the intelligence, scientific and spiritual development relating to the ancient past called the Golden Age..., although it is estimated by taking initial human being, of monkey inheritance, as standard..., it is not 'evident' that the evolution of species – especially mental developmental knowledge relating to the human species is in accordance with that of the physical body evolution of life and developing in the same way along with that only. Even if it is not the matter of equality, for the acquisition of knowledge – competence – mental development – spiritual wisdom, the principle of evolution of life may not be, in fact, completely agreeable! That which is between past and future is indeed present only!

It should be well thought-out about the certainty of Nature – that in the course of evolution of knowledge and in the progress of ascent of mind, the characteristics of God and to that extent appropriate examination–descriptions of entity, religions are also undergoing change – and should also reflect about human imaginations – thoughts and their phased level too. Diversity of nature on – living organisms – human beings – culture – civilization of human beings – and on Gods – Goddesses, relating to it and relating to the accumulation and establishment of regular practices, and about the change in the Spirit/character of an 'Age'/era, thorough research should be conducted. Belief may be personal, but 'God' is not like that, is He! Minute component of the 'Divine Soul' is hidden within the human mind. For its infinity.

....Why does human being need God? To what extent, is the cooperation of human being (if that is spiritualized through meditation) to God? There is a chance to understand the importance – uniqueness, significance and purpose of human birth present for human being and God, relating to life. That thereby what is the duty and binding? Is appearance – end of organism, God's own? Or is it natural? Should be considered as the points of examination. If the religion could preach about importance of human being – need of God, then it would be of enormous benefit to the progress of human being.

That what would be known to human being is only mind, but not Soul. It is just considered by everybody habitually, that it is present in the body, but it is not possible for everybody to know. People describe about it. There is no room for logical perception in that. As

if nothing can be done except to believe, to proclaim about its supreme power is indeed an extempore for philosophers.

In the period when nothing was known about human being – mind – intelligence – when it was considered that earth itself was the center for the entire creation – universe, in the ages/eras when everything, except him, was felt as a miracle, beyond his understanding and threatening and in the state when everything that was unknown was wrongly believed as God, ‘belief’ was natural, inevitable, but in the modern scientific age when attempts are being made to convert the nature itself into a ‘servant’ having known the position of earth in infinite universe, having caused the human intelligence to travel to very distant places, and having gathered direct (objective) evidences, relating to soul, to consider ancient ‘faith’ itself as practice – is it narrow mindedness? Or is it longstanding inheritance of ignorant?

Air, water, food are – present in nature

Life Force, mind – would be present in body

Citta, intellect – are indeed parts in mind only

Citta for movement – intellect for implementation,

Are present as basis

Thought would be present in mind

That is knowledge, ignorance – as two types

The uniqueness of human being is – eminence of thought only

Soul is beyond (the comprehension of) this

Energy is two types

They are considered as Universal Energy, and Universal Soul

Pertained to matter is – Universal Energy

Pertained to Bio is – Universal Soul.

The subtilization of this Universal Soul should be recognized as Soul

The microcosm of Universal Soul itself is – the origin of organism

Organism doesn’t know – its existence however.

For human being, having thought and discretion, there is a chance of knowing about Soul only through acquisition of knowledge. By means of practice of meditation through the ascension of the microcosm of Soul, present in the form of mind to attain the pervasion of Universal Soul, and merge into that Supreme Soul, itself, should be considered as salvation. Only

for those who can recognize the microcosm of Soul and transcend it to universal entity, it is possible for the vision of Soul, fortune of acquisition of salvation. If it does not happen like that, all other living organisms including human beings will be considered as living creatures only.

BODY – PHYSICAL MIND

Starting with fertilization, with growth, body comes into the external world in the process called birth.... This is not a worthless procedure; there is a lot of mechanism in this. There is a separate discipline of science to make known about this. Although starts with excitement and emotional tension.... this is an arrangement of hidden bio-matter, which is securely, built, with the pattern of nature. Whether it is a philosopher, theorist, intellectual, wretched person, householder, ascetic, religious leader, hero, or zero, for everybody, for all the living organisms, the foundation is in this womb itself.... The flag for journey to the life is waived here only! The beginning for ‘journey’ for living is also in that womb only!

The importance of physical body, which can be the residence for mind, temple for Soul (?), must be recognized and applied. The state of body, to influence the nature of Self, and the entity of mind is indeed an experienced certainty, isn’t it! Therefore, before we discuss about mind, by recognizing the significance of body – Self, though they are our own they should be under our control. Is this... winning at home?...

Body means....? Built by the cells of bio-matter. This thing, along with the educated, is indeed known to many! If so, since it consists of nature created five primordial elements, along with gaseous, liquid, and solid matters, body will be mixed, and in appropriate combination with fire, ether/vacuum, and opportunities!

In the body, along with the ‘*Life Force*’, disease resistance (immunity) plays a vital role.... in the protection of body, the existence of body will be present with the conduct of business of the body in the daily (constant) activity of ‘in and out’ of the five elements.

“The Nature (Law) constitutes the physique, with the corporeal matter, consisting the procreation (live) content, and executes, through the *Life Force* (Vital Power), being circulated by the means of metabolic, systematic and the categorical procedure”.

To say in the kind of song called body means “rubber bag of nine holes – ‘flattens’ unknowingly itself....” may give satisfaction to those belonging to that category. But, there may be some ‘reality’ in that also. Well then, there is a thing that has to be observed. Even to sing that kind of song, that body is necessary. If the body (rubber bag) flattens then song, ‘bang’ nothing will be heard.

Only if the body, which is considered as leather bag, is present, there will be a possibility either to know entity, or feel satisfied singing the songs. With the body related life only it is

possible to acquire the subject knowledge of materiality or spirituality, isn't it! The ill-taken body can only 'moan' – 'groan', but cannot think about the world, or the Supreme Soul.

To recognize the significance of body, and its need for the life is very important. For anything, that itself is the basis, foundation. Whether it is space journey or reaching the Supreme Soul, it is from there itself!

By respiring – providing water, food, covering with cloth, body should be kept alive, nourished, and protected. So also, it should be provided shower, caused to sleep, and relieved from fatigue. It is not enough with that, it should be provided joy, and pacified indeed! Even then, if it falls ill.... by providing treatment and by swallowing medicines, and by providing specials, it should be kept in condition. These are the services – formalities that are provided, should be provided to the body constantly. Does the body get satisfied and stay succinctly with this? No, it needs some more things. Jewelry, ornaments, decoration, and needs of bedroom pleasure is alright, but along with those greetings, excitement, tickles, entertainment, enmity, pleasure, displeasure, (vomiting – relief) extra...etc!

Thinking that “if nose is shut briefly, it loses its life.... why does it need all these pleasures?”, and stop everything, it is not an affair, which gets over such easily indeed! It has its own birthright – cannot be eliminated. If vehicular service is needed, it has to be paid its user charges. How if it is thought as “inevitable difficulty”?

Is the body, however, eating freely, and growing fat leisurely? Indeed not! Doesn't it have duty? It has to carry the man, wander in public, cause to reach the place wherever he has to reach, it has to reach, and certainly has to perform the work it is being assigned. Whether it is right, or wrong, it has to bear everything that happens. Since it is doing so much of drudgery, does it not need at least this special providing, provision – privilege then!

When such an affair is going on for body, does the mind starve just seeing it? Is it such an incompetent fool? For the eyes to be closed in the ‘principle of karma’? As a matter of fact, it also has wishes. If we neglect them (desires), ‘we only’ have to be responsible for the consequences. If it waits and watches for sometime for its specials, gets disgusted and tired, and having nothing to do than that, if it joins body and asks for share, it will be as if air assisting the fire! Both of them together, with no hesitation, and fear, none to oppose them, would break out, and weaken the life. It makes sure that there is no “testament” and identification, for life! For that very reason, a ‘boundary wall’ has to be built between them – indeed inevitable!....

The perfection, success of the performance of karma (work, effort) depend based on the competence, endurance, and skill of the body. Similarly, in accordance with mind, the strength and competence it has, is the possibility, purposefulness and meaningfulness, and salvation of life – this everything is physical matter related (materialistic) only! For feeling, matter (object) is the cause. Mind is needed for its recognition. In these, one is direct – other is indirect.... body is necessary for both of these.

If it is supposed that body walks – mind causes it to walk and makes it walk then both of these are mutual dependents. If the body does not cooperate, there is nothing that mind can do. So also, even if the mind resists, body will be inactive only! If anyone, either the vehicle or the driver either gets out of control – or not in a state to work, then its travel is dangerous, doubtful. The matter of body – mind too is the same! The journey of the life, its feature, and objective depend on the coordination and cooperation of these two only.... In the order of significance, although both are equally needed, driver (mind) is the ‘human’ and vehicle (body) is merely a ‘machine’! This certainty should be understood.... In the same way, it should be thought about body, and mind.

Although the body is inertion, with *Life Force* it has turned into the Bio. With no *Life Force*, it converts into an inertial matter (dead body) and gets dilapidated. Mind is also almost the same! Based on the *Life Force*, mind has its existence, and performance. Unsure of body without the mind, there is, however, no chance to imagine mind without body....

Body – mind are mutually dependant. Even so, the mind has uniqueness. That which orders is the mind, and that which has to follow is the body. Life acquires equilibrium only when both of them are in those positions.

For whatever the body asks, mind should control, similar to the family members scold the retired officer, saying, “Stop, for sometime; what is the hurry?” So long as the body follows the mind.... life would be indeed quiet.... Instead, if the mind itself walks behind the body, then it is indeed a trouble!

Usually, body performs the karma (function, work); the incognito mind experiences its results. That means labor is for the body – experience is of the mind. For that very reason, body should be within the control, and command of the mind. Whether it is suffering, joy, or anything else, the result of the action belongs only to the mind. When analgesics (painkillers), along with the anesthesia, are applied, supplied to the body, ephemeral mind does not experience the

“pain”. Just because of that, it does not mean that there is no pain and suffering in the body, does it!

When the body loses or weakens its natural ease, to that extent it falls ill.... the same is identified as disease (dis-ease). If so, if the sickness is recognized as illness, disease, ‘Malady’, or chronic in accordance with the degrees of differences, and level, and suitable medication is used, then there will be easy cure of the disease... If so, in the attempt of treating of the disease, the psycho (entity) of the patient should also be identified; that also should be taken into consideration. In the certainty of disease, and nature of the patient, only because of not considering clearly, principally that ‘this is the principal’, although the disease is only one, many medicines are being needed. Even so, although there are no results, in some circumstances, the treatment is worsening and the disease is accumulating even more....? This is the status of the body.

Mind, for sure, does not have body – for that very reason, it cannot be caught hold of by hands! It keeps on telling the body many.... many.... works; useful, useless also! Easy once, and once not practical (possible) also! It conducts competition between certainty – and impracticality. It arouses desires, and sees the races. It says mirages as “oases only”. Sometimes it throws the ‘reality’ in the fire, and also causes the ‘falsehood’ climb the palanquin. With imaginations – misconceptions, desires – disappointments, guesses – deceits, and with infatuations – enslaves, like female servant of colorful mirrors, it submerges lives in inebriation, and sees the fun. It conducts the Gulf countries’ ‘camel shows’. By naming itself as '*citta*', it causes to do dirty acts of *cittakArte* (season occurring at the onset of rains about July). For the human being it believes....! It holds the ladder into the sky; ties the rope into the valley. But, it will not allow human being to walk on the ground comfortably. It incites and ties the knot tightly to the waist by tying the wire...!

It says there is heaven somewhere; somewhere else is the hell. Asks to see towards the sky, and says all the wishes are there itself.... It does not allow human to see around it. At least, does not allow her/him to see around herself/himself. Imprisons for life.... and says.... that is your fate (karma). Mind means ‘I’; ‘I’ means thought. Thought is the result of consciousness (conscious) ; consciousness is senses incited. Senses incitation is, *Prkrti*, *Prkrti* is exterior – *PuruSa* is integral part. *Prkrti* conscious, *PuruSa* conscience, when examined with a materialistic

sense, this would be the explanation. That means *Prkr̥ti* – *PuruSa*, as “In and Out” keep functioning actively.

That which orders is mind – that which performs (practices/implements) is the ‘Self’ – that which cooperates for that is the body. Their proper cooperation and coordination is life.... In accordance with the characteristics of this coordination, the course in life goes on with positives and negatives....

The way, practices of life have influence, also on the balance of health of the body – (purity) culture of the ‘Self’ – and abundance of knowledge of mind. For that very reason, one should put more “efforts” for a healthy body, to have a cultured Self (conscious), and for a knowledge-filled mind.

Body – *Life Force* – Self – mind are important for the existence of the human being. The comfort of life, largely, is based on the cooperation and coordination of these.

Life Force for the existence of body, Self for conduct of living, and mind for way, development of life are needed. While that which orders (with the incitation of senses) is the mind, and that which performs (executes) is the Self, that which helps, and cooperates for that is the body.

Life Force would be present by birth itself. (*Life Force* (life) starts with fertilization itself). With the increase of age, there should be indeed development of knowledge! This is pertaining to mind. Between both of these, the individuality of ‘Self’ strengthens.

If the matter (subject) is known (at least to some extent), we can explain at least ordinarily; if the explanation is understood, practice would be easy. Body – mind – life – living (livelihood), between these, individuality (Self), along with that conscience also are present. The specification of subject, and understanding relating to these, would be needed for the reality relating to the journey of life.

Similar to, thinking that strength, and health (hygiene) are needed for the body, one should try to strengthen the mind. We should only work hard like that for our own sake, and should not pretend for somebody else. If we work, by making ‘Self’ as the witness, then it would be proper. To ‘try’ is not only a man’s quality! That should become the innateness of human being. So, let us make an attempt. Only when it is started, the direction of wind can be known for sure. After the endeavor is started, based on the experience, adjustments, and arrangements

necessary at that point of time can be made. The beginning of act, would be the necessary path for what is needed.

If so, since we are human beings – since we are supposed to have thoughts, ignorance – brutality – bestiality – cruelty and other bad features (qualities), which are opposite to it, should not be present with us. Those that have been, in the stream of order (course) of evolution of life, carried forward, entered in us, and established as residues in us should be rooted-out completely. Since that which leads the life is almost mind only, it should be provided humanity, and good qualities in an efficacious and energetic way. Thereby, with perfection of humanity, and justification of human birth, human society, with comfort and peace, and eternal bliss, can complete a divine life.

The life, which had started from the amoeba like smallest, unicellular organism, by undergoing metamorphosis to such a level that the God (Divinity) himself had wished for, besides spreading, pervading in the space, by persevering God within him – with the ability in preserving like that, itself, the significance, and eminence of the human birth, is being understood. To wrongly believe, and consider mind – that was needed, will be needed not only for human beings, organisms, but also for God – just as ‘Maya’ and make it useless is not excusable.

For life, body – mind, and the Self (conscious) that connects those two are very important parts. *Life Force* for the existence – movement of body, mind as the basis to the ‘Self’ for the conduct of life, livelihood have an inseparable relationship, and dependant way. That means, similar to, the ‘*Life Force*’ is needed for the body, mind is important for life. Therefore, there is a need for some explanation about mind. Analysis is necessary.

To speak about mind is indeed normal. They say a lot to everybody, and explain many things. Nevertheless – mind means.... what is it?

What is the relationship between mind – and life? Well then, how does it (mind) look like? Many think that it is present in brain.... is it really present there only? If that itself is its place then who is its owner?

To say, “Am I not”, is also indeed a habit for everybody. Good mind – bad mind, how are these good and bad qualities acquired by it? What is that incitation which causes those qualities, instincts to it like that? Where would it be located?

Appears with birth.... stays with life. Changes with age. Grow weaker (decline) in old age. With tremendous speed.... isn't it? Well, based on experience it should be indeed considered as yes.

How does it acquire variety of practices? Based on the circumstances, and surroundings there may be a chance that it, in fact, would happen like that!

This does not seem to be completely true. Circumstances – surroundings – even in those, who live in the same way, mind and its practice is present in variety. There should be some other cause for it. Certainly there must be.

“Mind should be good”

“Mind should be under control”

“Mind should be in possession”

“Mind should be maintained in peace” In this way, a lot is being said about mind in many ways by many elders and youngsters too!

Who should be responsible to keep (maintain) the mind in that way? Well then, who causes the “mind” to be not “in that way”? Although such a thing as “my” mind is something that is done by everybody, why does one speak about it as if saying to somebody else?

In the manner of “should do – I have to do” some or the other work, such a thing as ‘I have to do’ applies as far as mind is concerned. Since that is, “own”.

There should be, probably, some relationship of kinship for mind – and karma (function). For the completion – incompletion of karma also, along with the competence, this bondage also joins. Result is with that only for sure.

That are “mind – intellect” same – or not? Is also a doubt that occurs with thought. True in fact, although they are seen as two – felt as only one. If mind is diversity, is the ‘intellect’ unity? This is a philosophical twist.

Mind is instigation – ‘intellect’ is constructive. Is it? Well, may be yes! So also – if internal and external action of the body, the chemical reaction that occurs for it in the brain – is considered as “mind” then is it as if saying the meaning for cat is feline?

If examined carefully, although cat – feline is considered as one, in fact, both those words are not at all the same.

The action (response) of the Nature on the state of body, itself, is the mind. Instigation of mind, is intellect. While the mind with constant change follows the change of surroundings,

circumstances, and the Nature, the consequence of its instigation – the ‘intellect’ does not change its existence rapidly. It may react in a temporary manner. But, it has a type of “location” and “own”. Similar to, the characteristics of mind change with the external – internal response based on experience, with the incitation of mind as the time passes by, ‘intellect’ may also change. Even so, it is indeed doubtful if it really happens like that. **Cosmical matter is being known.... Cosmic (matter?) is to be felt.** Body is – formed, combination of five elements. Since this is physical matter, there is a chance for image (shadow), reflection, and touch. Experience is its feature. Reaction to the action of senses.... is the mind. Feeling is principal for its existence.

Is such a thing called ‘mind’ present in every living organism in the nature, or is it unique only for human beings? Although its quantities, qualities are diverse, either through senses, or because of sensors..., every living organism has ‘mind’. If so, mind of need – habitual mind – thoughtful mind – transcended mind.... like this, in accordance with those various conditions, mind will be of several types. In accordance with this only, the life and livelihood of those various organisms continues. For this, the theory of evolution is applicable only partially. Even for human beings, there is no relationship for mind, and intelligence. If so, there is a chance that they may influence one another in some circumstances. So also, in case of mind, and civilization also, it is happening similar way. The influence of literature and culture may touch the mind.... If so, if the mind remains within personal, hereditary limits only – then it would be different to this.

From the point of view of language – mind has a broader meaning. Mind would be present in ‘ignorance’ also. It would be present in ‘penance’ also. In mutual opposition also, mind would be present comfortably (without trouble). It can exist in microcosm, macrocosm, finite – infinite also.... Pervasion – end cannot control the mind. It would have relationship with hard work (labor) – sagacity. With hard work, it can turn a man into a sage.... it can also make the sage universally pervasive. It can show the path to merge into the Universal Soul through new, divine practice. ‘Intellect’ through diligence, knowledge through retention, and divinity through meditation would be caused to achieve by human mind! Devil mind destroys.

The neurological or neurotic function of the Sensorium, in order to respond to the sensation of the senses may be called the ‘Mind’....? It is the abstractive aspect of the instinct.

Mind to suffer with the physical illness is indeed an experience! By means of preventing the mind from knowing the status of body, mind can be caused not to suffer temporarily. But, on some occasions, although the body is completely healthy, mind will not be 'well'. It loses comfort. Cause? The external circumstances relating to the life will be the cause for that. Those may be personal, or family related. Those various circumstances may be belonging to financial, social, personal, or any other issue.

If an individual with no joy in his face, and worried look is asked, enquired, "Why are you like that; is your health not well?".... "I am indeed in perfect health, mind itself is not well" is the answer that comes out usually. The causes for the mind being not good may be told to everybody – may be told to only few individuals, or may be limited only to that individual....

Anyways – only with the settlement of causes for the mind being not well, there is a possibility that the mind may become 'normal', but not with treatment (medicines). Instead of prolonging the thinking that "what is the medicine for mental illness....?" – To explore for a preventive solution practically is the commonsense.

For instance, wife and husband got "angry" at each other. Words have been exchanged. Not seeing each other. Daily domestic activities have been halted. It started influencing the children. Everybody's mind is unwell. Physical health is indeed normal. Determinations have increased. Minds are losing their grip. Although have approached parks, reached cinema theaters, or have looked for another recreational facility and others have been completed, there is no change. The condition has reached a level that is more dangerous. The path for solution has become distant. If the lives reach such a stage that they are ordered spitefully....? Sometimes with the involvement of 'third party', although there is temporary relief, and united, on more occasions that involvement further worsens the situation and brings joy and happiness to the third party.

In lieu of that, if both wife and husband agree to 'couple counseling', if that happens in the beginning itself.... such a 'tragedy drama' would have not been happened; it would have not been necessary. Mutual understanding is the best way for solving the problems.

To say like this is only to give an example that how much distress do the external (unrelated to physical health) causes, circumstances would subject the mind to. "Mind is unwell – let us go out for a walk" – we think like this on some occasions. So, it means the 'wellness' (even for brief period) is only outside! There is no illusion in thinking that the 'wellness' that is

absent in the house can be attained outside. True indeed, to feel that it would be ‘better’ if stay somewhat away from the situations, which have caused the mind to be unwell, is natural – experience will also be almost the same. Although the cause is small – even though that is imaginary on some occasions, if we neglect or disregard its prevention, the consequence would be much greater. This, in some incidents takes away the lives itself. If the mind has the ‘steadiness’ that could think efficiently, and constructively, then probably, the boldness to face the problem may be acquired. Mind – to become strong in such a manner that it can solve disregarding any situation, with clever struggle (mentally), is necessary.

Usually, senses that are influenced by the circumstances, by inciting the mind, causing unnecessary hopes, and thoughts, by subjecting it to emotions (excitement), anxiety, and distress, bring-about exhaustion. In these, there may be some necessary causes also. With the flow of thoughts, mind becomes even weaker. On some occasions, it may cause inactivity. That may grow until aversion on life. Because of it, body – may weaken, lose its immune capacity, and become even ill. Medical treatment may not be useful. The mind – that has succumbed to the state of physical body – by losing discretion, and self-control, may attain a state of ‘out of control’.... Thereby, mind by losing its level (status), will have only the usual physical body consciousness. In that state, it may lose the eminence the human mind should have. It may make the life a question mark. Failure-only may remain in life instead of purpose and meaningfulness.

Mind means – ? To recognize, the information from the sensory organs, to remember, and to remind! That means, relating to the sensory information, the neural action, reaction that occurs through the brain may be understood as ‘mind’. The way of action, reaction depends mostly on the influence of personal body, surroundings. Thought, mind are not the same. Thought is related to ‘intellect’. Level of thought belongs to intelligence. Mind is, just senses related neuronal response.

Even though the vehicle is ours, if it gets out of control.... then it is a known thing for sure, isn’t it! Likewise, although the life is ours, if we are able to keep it in our possession in its execution then there would be no troubles for anybody.

Mind – body, although each of them has its own significance, and uniqueness, mind itself has ‘plus point’ in priority, and superiority. The way of life present when body functions under the control of mind; instead, for the hasty way of life in which mind habituates to excitements (passion), instincts (with the instigation of age only, for sure) of body, and runs after desires,

there will be difference, to be sure! The presence of a strong, healthy body, itself – in possession of a strengthly mind – would be proper for life.

Monastic Mind in a gymnastic Body....

Although the body is ours (personal), disease is foreign indeed! Mind....? Is ours only! The thought process required for that also should be ours only. Certainty rather than imagination is of practical value for sure! The causative factors for the incitation of the mind are the sensory organs that are influenced by surroundings (matter) and circumstances. This is indeed a known experience for everybody! Life – mind – experience – this is a certainty. If there is (there will be) something beyond this.... only after this!

Whether it is a usual life, sacred, or venerable life, that which causes to perform and achieves the results is mind only, isn't it! If so, in the (*Prkrti*) Nature (*PuruSa*), which has the pairs of opposite (dual) behavior, light and darkness, good and bad, troubles and joy, desires and disappointments, positive and negative would be present naturally. They function as mutually dependants. Mind is not an exception for that. For that very reason, so long as it is in the grip of human being, there is no harm. The fire in the matchbox, does not ignite even if it is in the pocket. Similarly, the snake in the snake-hill does not matter, but the danger would be with the one in the basket only. There will be fear that when, how it would be, and what would it do. So long as the mind is under the control, in a usual way, it doesn't matter where we are, and how we are? (In that state why would we be somewhere somehow to be sure!)

The disease of the body will not be known to the body. Mind bears it – wears it. It is somebody else who does the disease diagnosis and treatment. But that is not the state of mind. Through feeling, it is known only to the individual. If it infects every individual's thought, karma (function), and to that individual's mind (neurons) then it has a unique treatment. But, when there is no properness of thought form (not psychology), then to the extent needed, only the "self-medication" is the best. That itself is meditation (path)! This is not only for the ill health of the body and mind, but it has also been intended for command on life. It is needed for blessedness, and purposefulness of life. Similar to, we clean and protect our body, we have to purify (intellect) our mind.

“Having been with the mighty mind, consisting both the piety and the gaiety, the life itself contains the sanctity and the serenity”

In the standard (not with the view of politics) of the naturalness of nature, female, and male are not at all the same. Even so, there is always mutual dependence, and need between them. The matter, status of the family members, is also the same! Similarly, individual – society, government – people, nature – organisms, religion – God, power – politics and others are able to exist as mutual bases, and dependents.

The “state” (fate) of body – mind, is also the same! Have an inseparable relationship (integral connection). (Dialectical/Inter dependent). Although there is closeness, proximity, and affinity, there is lack of similarity of form, and commonness to all between them (body-mind). For that very reason, each of them has its own feature – nature! To describe in a single word – each of them has its own entity! When we intend to know about them, each of them should be considered.... examined individually only... By considering the ‘life’ as the base, if one could conduct analysis relating to them, many special features, and residues can be known. How easy for those, who know about a place (town/city), to move about in that place, for those who know about the mind (at least to some extent), execution of life would be extremely comfortable. Peace of mind would be obtained in the certainty with no illusion (delusion). The uniqueness of human birth would be known. ‘Rather than denying something that can be seen.... to cause to say something, which cannot be seen, as absent’, itself, may benefit human being! (With materialistic sense).

“Even though Gold has its many folded cost than that of Iron, considering the convenient, consumption and the coverage of the usage, latter is better than the former”.

For anybody’s execution of life, along with the body, that which attains the primary importance as enormously important more than that is the mind! How much ever be told about it, it is less indeed! Whether it is for the existence of life, divine state, or for achieving divineness, so also for anything! Nothing happens without mind. To immerse, restrict, the mind that has such supremacy in life, just in materialistic illusion, by leaving it completely to the possession of the senses, to think of obtaining satisfaction, salvation in the same illusion only, and to hope that it would happen like that is an absolute ignorance. To lead the life in subservience (dependence), by ignoring oneself, thinking that he is a ‘nominal tool’, and by believing that something can be achieved through somebody, may not be a haste to call ‘illusion of mind’!

Known your ‘Self’; Known the Rest of all (by you). But never be a restive.

There will be certain functions, in the life, which every organism, for itself, has to execute them by itself only. Although there may be any number of near and dear, those that cannot be, and should not be done by others, gist – it is indeed an experience for everybody, isn't it! (So also) mind, those that have to be done with it, those that should have to be achieved thereby also more or less are from the 'personal' account only! Whether it is physical, spiritual, or achieving divinity – using her/his mind, individual has to do by herself/himself only. In suitability to it, she/he has to keep the mind in her/his possession, within the rights of ownership and enjoyment.

Complete right, freedom on the property would be as wished only if the legal document of the written agreement (title deed) is owned. Even if it is self-earned property, if the document is on some others name also – there will be some dispute in possession. If it were ancestral property then the right would be incomplete only. The 'fate' of the mind in the possession of others is also the same!... When the mind has to be 'ascended' from usual 'depressed' (low) to a higher level (plane), it has to be certainly completely in our grip. If human beings only have to turn into blessed persons, or divinely achievers then the mind, which is the most important carrier, and instrument for it, must be in a good state.

Strive to know yourself “Who are you?”, “What are you?”, and “Why are you?”

You yourself try to recognize your own mind. Understand its existence, and importance. By means of strengthening it, provide it a higher status. Thereby, not only joy, comfort, and peace of mundane life, experience the bliss by means of attaining divinity – achieve the purpose of life. Earn the eligibility for 'self-existent' inheritance. For that, **Dhyanaprasthan** (ascension through meditation), and **Jnanaprasthan** (ascension by means of knowledge) will show the path for **Divyaprasthan** (divine ascension).

The raw material in an object will be, in accordance with the macrocosm and microcosm of that object only. This is the property of inertial matter. There will be life in the raw material relating to the 'bio-matter'. To that extent, there would be pervasion of its macrocosm and microcosm. If so, the object of inert matter contains only the raw material relating to it, but 'bio-matter' contains its complete source (origin). For example, seed contains its entire macrocosmic expansion (tree) as microcosm, in a hidden bio form. So also, the living cell contains within it itself, the entire macrocosmic organism which is its source, its natural features, and qualities (in instincts) including microcosm. When the seed, in the process of fertilization, is sowed in land,

the macrocosm and microcosm of the life in it is spreading as a sprout, plant, and tree, and the same as huge tree. In the same way, the microcosm and macrocosm of the organism, which is hidden within the living cell, having the beginning of life with fertilization is reaching the complete limited macrocosmic state from microcosmic state. The microcosmic standard (atom) in the inertial matter, Universal Energy hiding in the nucleus, is having its quantity/quantum in accordance with the macrocosmic state of that matter, and its expansion. That means, in the microcosm of the inertial matter (atom) and in the integral part as nucleus, the Universal Energy which is the original source of the matter.... so also, the same as *Jiiva-Sakti, Life Force* in the microcosm of the living cell of the bio-matter – it should be understood that in the form of nature the same energy is present in different types. In the minimal microcosm (atom) of inertial matter, the incitation of that energy itself is the cause for the internal movement. So also, in the internal microcosm of bio-matter also, the movement of *Jiiva-Sakti, Life Force*, nature, and internal-external action, and reaction of sensory organs.... may be considered, with brief view, as the ‘mind’. If so, similar to, the incitation of the Universal Energy itself is the cause for the movement of the inertia related matter, for the process of movement, and its action and reaction in the bio-matter also, Universal Energy itself may be considered as the microcosm of the “Universal Soul”. The same is considered as the Soul (Self) with the view of philosophy, as God (Divine Soul) with the view of religion, and *Jeevatmn* in the human being. If so, in the human being the location (existence) of *Jeevatmn* is mind, as action and reaction of its sensations, senses, so also, the same as *Life Force*, embedded in the living cell, is spread all over the body. The metabolic system is being implemented, in the order of natural function, of the internal and external organs, of the body. Its order/disorder and health/ill health conditions are being caused to the body. **For that very reason, from the point of language, soul has the meaning called mind only.**

Self-confidence – self-witness – self-respect – self-satisfaction – self-immolation – self-belittlement – self-proclamation.... all the paired words with ‘Self’ (Soul) included in them.... are relating to the instincts of mind only! So the ‘Self’, which is in the beginning of these words in the materialistic sense, may be considered, as mind only. Well, the same, in philosophical style may be understood as, Spiritual Soul (Self), at least as the base of its microcosm! **An incorporeal aspect of the mind and its antecedence is The Spirituality.**

Various ways of reaction (response) – which happen in the brain/sensorium as reaction, to the action of sensory organs influenced by the sensation of the Metabolic System of the body plus external nature, surroundings and needs – itself, may be considered as mind, as the concise definition for the mind. The manifestation of feeling and mental perception of “to feel – to suppose – to say” is the natural feature of the mind.

The abstractive function of the neural nucleus of the brain caused by the insertive aspects of the senses, being influenced due to the Nature Consciousness regarding to the objective occurrence is to be called the ‘mind’. The Sensuous response of the mind. The mind does not do any function itself. It performs its duty of function as convenor and a conveyer.

If we can understand the formation of the brain and the performance of the mind it is Known lucidly that ‘thoughts’ are so limit, but sensed as multy because of the diversification and the fragmentation of the emotional memory..., being reflected by the sensorium to the sense organs. The human mind is to be conceited as the biological supreme that can penetrate (into) the space Ocean being launched by the spiritual Rocket.

The physique (the body) Constituted with the Elements of the Solar matter.... the mind, by means of senses, the conscience, which is out of the Super naturality.... and the ‘Soul’ i.e. the Transcendental Consequent of the Spiritual Consciousness. Then, the Divinity is of the Absolution.

If so, the mind resulting from matter is indeed corporeal! Not to have perpetuity /resolution is indeed its nature. If so, the bridge, and charioteer for the conduct of the daily life, is indeed that only! Need – thought – opportunity, and performance, of hard work/action/function suitable for that, is its duty! Cooperation of the senses is support for it! The life of human being in this way of life has only very-commonness. If so, in accordance with the habits, and advantages and disadvantages of organs, to have diversity, with degrees of differences, in executing functions, and in achieving related results, is indeed normal. Anyways, the principal cause and basis for ‘existence’ of the organism and its life is indeed this matter (physical) involving senses influenced nature-provoked mind, indeed!

There is ‘Mind’ for human – there is no ‘Maya’ for the world!

Mind as intelligence – that itself is the tool for materiality

As ‘soul’ that itself indeed! – as the inspiration of Supreme Wisdom....

Scientific experiment – dedication to meditation.....

Would cause completeness – that itself is the purpose/meaningfulness of life!

Matter is materiality – Universal Soul is spirituality....

That great bondage is – basis, and dependant.....

To deny and to say ‘absent’ is – limited only to argument!

Mind knowing the truth – forgetting ‘Maya’ and Mithya.

If the certainty ‘I’ is known – with dedication to meditation personally....

Nosce te ipsum – know thyself.....

If spirituality becomes firstly – the primitive/primal mind.....

If materiality thereafter becomes – moral (civil) life,

Only spirituality, finally – as Compassion indeed!

The next world – Supreme Soul – Creator – Self-existent.....

As Universal Soul for human being – (that is), indeed divine vision only!

Whether it is called liberation and salvation – or, Nirvana, that only!

Multi-unity – human mind indeed!

For that meditation and knowledge only is – purity and integrity

The Absolute Almighty – The Supreme Soul

Transcend meditation is the track to achieve ‘It’

To have mind is natural feature for organisms. That which leads the life is that only. **It is the biological Instinct.** Its quantities and qualities, ways of formation and performance may be different. Even so, mind, as sense, is the guide for the organisms.

In the process of evolutionary transmutation, similar to, the appearance and development of brain, need by surpassing the habit, human mind with its thoughts by overcoming its ancestors and superseding them is continuing its progress with thirst for knowledge, towards unprecedented development. Although the human mind is surrounded by animal desire, mental disability and although stupidity, brutality, bestiality have not left human beings, scientific advancement, development of technology has been continuing.

What is mind? Although investigations, research, analysis and – explanations relating to this, are being carried out in abundance and extensively, in their results, (decisions) rather than clarity, they are having more suppositions, suggestions, appositions, and speculations only. This condition has not been limited just only to the mind. Even the information relating to the

formation of brain, which is an abode, basis for this (mind), has been present, indistinctly (vaguely) only. If so, to compare the brain with super computer, however, may be completely either self-satisfaction, or self-delusion.

“To feel – to suppose – to say”, if this is thought to be mind in brief, then this – principally can be divided into three parts. In those, the first is – the physical (materialistic) mind. This is essential for daily life. The second is – the religious mind. This usually, with the name of God, giving importance to morality (Moral Sanctity) related things, functions as a mediator, and connector between the physical mind (the first one) and the third, spiritual, philosophical mind. As a matter of fact, it has to function also like that only! Spiritual mind, however, gives primary importance, principally only to ‘beyond materiality’ only.

Physical mind – in accordance with its activity – can be understood in four parts. In those, the first is the **Vocal Mind**, the second is the **Preserved Mind**, the third is the **Reserved Mind**, and the fourth is the **Deserved mind**.

The mind is an abstractive Nucleus of the brain, being influenced by the senses, caused by the environments and the circumstances, occurred. ‘Thought’ is of its steering, that strolls on with its Bio-Synchronous acts. The physical mind, has its functional facts; So we have to look at the fact and try to trace the Truth.

The mind (is) ought to be mostly in three divisions. The Physical or the Materialistic (Sensorium) mind; The mind of the moral sanctity (Religious); and the Divine Mind.

Usually, the **vocal mind** does not reveal the personality completely. It functions principally – based on the needs of at-that-point-of-time, and as ‘pretence’, ‘mixed’. To have desire, hurriedness to fulfill it; so also, like – dislike, anger – emotional suffering, jealousy – worry, affection – revenge, greedy of profit, infatuation – thirst for passion, enmity – love, and for other mutually opposing instincts the vocal mind is the abode. Concisely speaking, most part, in the physical life related, is being conducted through this vocal mind only. Needs, habits, desires, longings, excessive thoughts, and act and functions are also carried out only through this only. Gathering of materialistic knowledge, its utilization and usefulness, discretion, or distinction of good and bad, the relations individual have – from the point of view of society – are also contained by this only. **It has its closed relations and the intimacy acts and contacts with the mundane life.**

Mind – that is formed because, or as a consequence of the reaction of the senses, which respond (act), with the incitation of the Nature consisting of the (primordial) elemental matter – in accordance with it, is becoming the causer (Doer) for the activity accompanied ‘karma’ (actions/functions) of (various) body parts. This itself is the vocal mind. Even so, this does not have steadiness. With the finishing of the function or the act of at that point of time, the mind, which was apparent for the act of at that point, also temporarily makes just its external existence invisible.

The information, experience that is gathered as vocal mind – by storing it in the form of memory as ‘**preserved mind**’, reveals the information, by changing into vocal mind, only to the extent of its wish when it is a necessity or inevitable. Thereby, it becomes a cause for efforts for development, and progress. If so, on the other side this (mind), by establishing illusions, and delusions, in place of intelligence with its hiddenness.... there is a danger that it may convert progression into retrogression. The human who slips into that state because of it at least temporarily or in a permanent way may lead the life with wandering of imaginary world, with instincts, and in revolution of delusions, illusions, and dreams; or, may complete it permanently also! Not only that, those kinds of persons, at another level, may change into anti-social, enemies of society, and public oppressors too. Such a thing as ‘preservedness’, is like a weapon with sharpness on both the edges. The discretion, self-control, in its way of utilization, itself, decides those results.

Preserved mind, in another way, functions as **suppressed mind**. In that stage, it would be proper, indeed to consider it as **Hidden Psycho**.... In that state, only as memory mind it does not function in its full capacity. The “weakness”, which cannot express, cannot protect complete preservedness, is its feature. To try to suppress the real intention from time to time, even so, to reveal by itself at a certain state, level is the nature of its practical execution. When it happens like that, however its results may be, feel of peace is obtained, as if the mind is eased, with the temporary relief and with the decrease of some unknown burden, and responsibility. Thereby, the feeling of inferiority (belittlement), and feeling of offence, which had caused suffering until then, would be vanished. If so, always, and in everybody’s case it may not happen similar to this. There may be even people who complete their lifetime with hidden/preserved mind only, as hidden human beings only. Probably, this is what happens in most of the human beings. Leading the life with ‘unfulfilled desire’, unalleviated sorrow, constantly remembering dissatisfaction,

and weakness, the ‘mental affliction’ in leading the life with cowardice, like a living corpse, with mental distress, and with simulated artificial culture – thought of reformation, will be like hell only. The situation in which the individual has to suppress his liking, and lead the life opposite to it, itself, causes distress to the mind. As if indulging in self-delusion, as if cheating the conscience, the thought that he himself has to kill his respect, although is felt sometimes, on some occasions, instead of trying for a solution, to see towards karma (with past birth delusion), to follow the habit of consoling the mind from time to time thinking that ‘this is it for this birth’, although is not an incompetence, it is indeed a personality which has no ‘courage’! If move a step forward with self-confidence, practically..., with some or the other result, one can get satisfied to some extent. If needed, that will be as encouraging, for another attempt. The uniqueness of the human being having activeness, and thought, is that only! The certainty of the Creation is also the same!

Deserved mind itself, may be called the **intuitional mind**. It may also be called the ‘sixth sense’. (**A truth that cannot be acquired by, but is assumed in**). This has a relation to the conscience and facilitates for the practice of spirituality. **It becomes as the Spiritual Consciousness by means of Spiritual Meditation.**

For that very reason, self-control and self-discipline are necessary for mind. The doubt that ‘such a thing as lust – is it located either in eyes – or at the waist region’ should be solved, without bringing into logical discussion, in an appropriate reasonable and agreeable manner. With that, the inclination towards it should be abolished. Relating to desires, whatever type their quantities and qualities may be, by drawing a line, with morality, suitable care should be taken so that they will not cross the line. For this, primarily, your mind should be ‘yours’. What is this, strange! To get a doubt that “My” mind if not ‘Mine’, how can it be of somebody else? Is natural! That is a reality also!

If so, turning your mind towards you and making sure that it does not go anywhere, you yourself standing as the first witness for it, with no partiality you think of yourself. It will be very clear to your own mind that most of the time in the time available for you, you are as if thinking, working, by using and utilizing your mind in connection with others (exempting yourself) only, and acquiring or experiencing labor, satisfaction, happiness, comfort, or sorrow relating to it. Even so, you can ask your own mind that to what extent, really, is your personal ‘share’ in that. Calculate appropriately. You yourself can know it. ‘You’ means indeed not binding, and duties

relating to you! Leaving them out from you, examine yourself as an individual, personally. With that, you yourself would understand that as if every individual, rather than for the sake of 'herself/himself', with unnecessary imaginations, and illusions, causes his mind to work for the sake of others/'other' needs. So also, either in the form of job, or as a professional duty – by selling your labor either for the benefit, greed, or for the advantage of others, by converting the remuneration (it may be salary, 'labor' wage, or some form of object) acquired thereby into income and by spending the same for needs, you are nourishing/supporting your family. There your mind will not be utilized for you completely. In that too, your share is, a single membership only! In that form, your mind is being distributed, as shares, among your family members. By then, how much of your mind is left for your 'own'?

In this same way, think with 'Self' as witness and calculate that, in your mind – which 'functions', as individual, in economic, social, political, cultural and various other sectors – how much of it is left as your share. You yourself will know the certainty. For that very reason, by thought, word, and deed (wholeheartedly), except for your duties, your mind should be your own.

There is a need of some means (path/way) to control and make your mind – which is functioning as absconder and as stranger – as your own. For that, 'meditation' is one among those that are within the reach. Devotion and along with it bhajan (worship accompanied by music), prayer may be another method for it. If we can attain steadiness with the divine feeling, by means of that also there is a chance that mind can acquire stability and calmness....

Instability of *citta*, is natural for the physical (sensorium) mind. In a way, for life, this is essential also! Since, it functions principally based on object (matter), and in materialistic way, for that instability is indeed common! With unstable, wandering, and awkward mind, liking (affection), negligence, desire, inclination, greed, (despair) disappointment, and others are present indeed in abundance. So, there will be no chance to avoid them completely in life. For that reason only, opportunity, or leisure – to achieve tranquility, and peace for human being thereby – will not be present anyhow. For the body, which is in haste and bears the weight, fatigue and exhaustion are common. So also, while the desires, and the problems arise due to them are following persistently and chasing, while the thirst for pleasure in human being is feeling the thrill of excitement at the invitation of mirage, while the mind without endurance, with no comfort, is becoming feeble (weak) with despair, how can satisfaction, peace, at least

calmness, through it, be obtained to life? Similar to, leaving the animal in the grassy meadow with a rope tied to its neck, and pole, by carefully observing the way of life, and living within the limits of the needs, with the available time of the suitabilities, and within the capacity itself, if the mind is habituated in suitability to it, joy of life, comes into experience, for human being. Just because of that, this is not conservative sense indeed! Not at all 'stoic'. Similar to, adjusting the rope of neck of the animals in suitability to the convenience of area, and space of grassy meadow.... by observing carefully the opportunities to the extent of needs and by feeling satisfied with what is available at that point of time, by working hard, the objective of development, with understanding of needs and suitabilities and by achieving from time to time that which is not there and which is needed, journey of life should be carried on with constant modernization, and within the limits of the 'line' of morality.

For all these, mainly – as the charioteer of the practice and counsel bureau, mind itself is the principal. So, through meditation you should take care to make sure that it should be in a state to listen to whatever you say. If the horse were of good nature, in accompaniment to it if the equestrian is an expert then the journey on it would be indeed completed cheerfully and comfortably!

Since 'pairs of opposite' – and duality is the property of matter only, mind cannot be above it. For that very reason, it also performs its movement and consciousness, in two ways, as instinctive mind (natural ordinary mind) and psycho (logical) mind.

Human being, because of experience, knows the mind. Since that is, present within us only, that is which leads the organism – especially human being by means of feeling (thought) – that which carries on the life and livelihood is also that only, that which has the feeling of doing action – work is also that only, that which causes to do is also that only! That which obtains the experience and feeling of the related result is also that only! Although the mind does not have the shape that means visible shape clearly (distinctly), it would be indeed known to human being, with the sense of feeling. Brain is the place, and base for its existence. Senses are, the sources for sensation of the information for it. Organs of the body, which perform actions, are its tools. Action and reaction is its daily 'karma' and righteous performance! In total, performance of karma, either good or bad that which causes the conduct of life is mind only, isn't it!

Whatever kind its qualities and quantities, methods, types of execution of duties may be, whatever the final form of its results may be, including human being, every organism has its

‘own’ mind. In other organisms, it is present within the limit of need –habit. If so, as ‘thought’, the mind in human being has additional unique feature. The eminence or inferiority of execution of its ‘karma’– hard work, and the results suitable to it will be in accordance with the characteristics of thoughts. With the ‘contact’, of experience and feeling, it is being known to human being.

At an ordinary level, with usual thoughts, ‘need’ as principal, along with the other organisms, mind will be present in human beings also. Giving importance to needs and habits, it, executes functions (karma) within the limit or boundary of ‘to live’ only. Therefore, this mind within the limit of ‘means of livelihood’ only, or in the order of habit itself would be confined to only the performance of some or the other karma. The life span passes away only in identifying the needs to live, and in searching the ways to fulfill them.

If so, human being, with the growth – development of thoughts, surpassing other organisms, not limiting the life just to live, with the inclination for progress, with his prudence, by means of performing hard work in consistent with those various stages, and with the inspiration (spirit) of developmental progress, has been discovering (uncovering) the novelty all the time. As a result of that itself once primitive human beings, like all other organisms, although lived like just organisms living only for food and although they knew only hunger, thirst, and ‘pressure’ of seasons at that point of time, in the order evolution of life as a result of development, intellect (intelligence) that is attained as a consequence of ‘quality’ of changes and additions in the shape of body, brain formation, and in the nervous system, gradually, leaving the lap of Nature, his thought to the level to use the resources of the Nature itself for himself, by diverting his mind towards investigation, and research and causing it to function as intelligence, has been happening; even today, with “hi-tech” prudence and hard work it is indeed extending its vision, and view towards the sky; indeed still advancing. Science in various angles is indeed finding ways for mind with the intelligence of human being.

If so, for the mind to identify the scene (view), image/reflection (shadow) is very much necessary. For that, light is principal. Object (corporeal solid – liquid matter) is certainty. (Because of spread (fall) of light only) with the formation of the matter (with shape) and its reflection (shadow), through the eyes (sense organs), with the formation in the mind because of action, reaction of brain, itself, the certainty of the shape of that object is being recognized, and understood. In this sequence, if there is either no existence of object, or if there is no fall (spread)

of light, then eye cannot see it, and mind cannot understand it in the form of view. If so, just because of that, it does not mean the absence of the object (matter). Even though the eye cannot see the reflection (image) in the form of vision, there is a possibility that the mind identifies it by touch. (If so, in another angle) if there is light, but no object, what is the form of view that is known to mind? If the object has its existence, even though there is no light, mind can understand the existence, reality of that object at least through touch.

Anyway, the sense organ, which is causing to know the existence, reality of the matter, and mind that can identify, and understand through the brain are functioning, principally, for sight, aren't they! Where is the place for (Maya) 'illusion' in it? Not knowing the existence of which is present, and to suppose that which is absent as present may be considered as 'illusion of mind (consciousness)', but not knowing the presence of 'Maya' at least is not 'Maya'. Mind is not 'Maya' indeed! Although the thing that the mind is grasping (understanding) through eyes is the reflective view of the object only, it cannot be denied as certainty. It does not lose its existence. In realistic way actually in the state of absence of the existence of the object itself, what either light, or touch through sense organ can convey to the mind? In fact, the certainty of the object itself, because of light, is becoming the cause for the sight of the shadow. Through the sensations of sense only, mind is able to understand the certainty of the object (matter). How can object's image (reflection) or its 'copy' not be a reality? Without the 'original' in some or the other form, how is it possible to take the 'xerox' duplicate copies of it? Therefore, it is clear that only if there is an original (the first one) there is a chance for any number of copies. Only if there is such a thing as 'certainty of an object (matter)', in some or the other form, there will be a possibility for images (duplicates) (although there is no chance, need for sense of touch) of some more of it. At what level, stage is 'Maya', or 'Mithya' (falsehood) present in this?

Generally, the 'shape' can understand, only the corporeality. For that very reason, corporeal (objective) brain (matter) is being needed, even for the mind – that does not have shape and is formless by entity. So also, for the perception of the senses.... objective Nature, in direct and indirect way, is being, inevitable. Therefore, this mind itself, which is senses influenced and has limitations, is the physical/mundane mind. Everything that which is related to its understanding or perception is the physical (matter) objective world only! Because of constant movement – and suitable action, reaction to it only, internal-external 'change' is being inevitable

in realistic way itself. This itself is becoming the most important cause for the continuous transmutation of matter. This itself is the physical (objective) certainty, reality.

That the matter principally, exists in gaseous – liquid – solid forms is indeed a known thing! (*Developmental stages between the state prior to the gaseous form of matter, and the Universal Energy are many*). Functionally, the results of their utilization also, will be different for sure. Liquid, and solid forms, although are perceptible as view, and touch, gaseous state is limited only for feeling. Similarly, although the senses (eye – ear – nose – skin – tongue/mouth) are visible as organs externally, but the mind – which receives the information (material knowledge) from them, responds (acts) in a suitable way, and executes the functions through organs of the body that perform actions – however, is an invisible experienced understanding only!

Mind is indeed formless! Its existence and ‘karma’ is only for that point of time! Cannot deny. Even so, through objective (object) reaction, realistic ‘form’ of that point of time as a thought, is appearing for it in a formless state. Proof is being caused for that certainty because of performance of action by means of ‘experience’ of its result. We cannot say the experience, which has individual as proof, as Maya, can we! By chance even if it is thought like that, we cannot cause suitable distinctness (clarity) for it, can we!

Anything and anytime, in some or the other form or type, only if it is actually ‘present’.... later on, someday there would be such a thing as it is ‘absent’. That means nothing is at least nihilistic. When ‘movement’ is a constant certainty and as a consequence of action when the ‘change’ is inevitable for it, anything either ‘to be present’ or ‘to be absent’ is limited only for that point of time, but is not permanent. Cannot be permanent also. Even though the movement is eternal and everlasting, the influence of the related consequence that is caused because of the change due to action cannot be eternal and everlasting. Matter, cumulation – dividing and diversity, unity (one) and dispersion indeed happen constantly. Well, it certainly has to happen like that! It is indeed the influence of universal consciousness, indeed! If so, as numerous ways, in various forms (as formless also) as a result of diversity of those various conditions, it is evident as Unity/one, and Diversity. It will be present as mentally, experienced reality, as constant property of object (matter) and as perpetuity of universal entity. The reality of the matter should be decided paying attention to the ‘state’ and ‘movement’ of the mind.

Until now, we have examined about the materialistic (physical) sensorium mind. Relating to the mind and its performance, response, investigation of the ‘cause’ of good and bad of ‘karma’ is not the subject of matter of (with the feeling of present/past) present occasion. Physical mind and its instincts, the details, results of civility and culture – are indeed debatable topics only! For the materialistic influenced, thought dependant mind that happens/appears with instinctive nature of movement, unsteadiness is, inevitable! Joy-happiness, good and bad, likes-dislikes – others.... the meaning, for diversity, ‘pairs of opposite’, is that only! It is indeed the consequence of the matter of dual nature! So also, another eternal (that has spirit of soul) principal side for Creation and universe, Soul and Supreme Soul, unity/oneness spiritual mind and the Nature (matter/object) and senses influenced, unsteady.... mind – can perceive (grasp) only the shadow of the object (matter) and its variation. In suitable manner to that only, the result of execution of karma, its acceptance (its characteristics, qualities and quantities may be of any type) and experience is the certainty of daily life. That is an undeniable reality. This is not at all “Maya and Mithya” indeed! If so, with the lack of understanding, or with the partiality of favoritism, in some or the other fixed faith, on some occasions there will be no chance for occurrence, of boldness, agreement, acceptance of perception of certainty, with the inspiration (spirit) of certainty.

Mind is not a unique feature only for human beings. Even in some other form, it is indeed a necessity for every organism! If so..., in the order of development of the evolution of life, with the appearance of the state of ‘thought’ to the human mind, it has caused uniqueness to human species, in the organisms. The itself, undergoing further development and pervasion, with intelligence and wisdom, and with exploration – examination – research, the primary mind itself has ascended (progressed) to the hi-tech state. If so, as same species, why did not all the human minds attain this superior status, intelligence? This is not only to the mind! There is no similarity even in the shape of the body. This too is not only to the human species! This manner of diversity is indeed applicable to all the living organisms in the Nature, including bacteria, and virus! The instinctive nature of matter itself is like that! ‘Unity’ is indeed for Universal Soul only!

The creation has its existence with the duality. The non-dualistic universe is its Origin. Ultimately, the duality sublimating into The Absolution The Supreme Soul. The Human mind is with the objectivity and diversity of the fragmentation.

Since 'pairs of opposite' – duality is indeed the property of matter, mind cannot be beyond that. For that reason, that too is performing its movement and consciousness in two ways as instinctive mind (natural and common), and psycho (logical) mind. Instinctive mind, as senses incited sensorium, as functional mind and execution of 'karma' predominantly.... functions with physical (materialistic) influence. The same in another way is being present as Reserved Mind, Preserved Mind, and Deserved Mind as equally combined with instincts and recollections from memory.

Since such a thing as 'I' is, considered as, 'egoistic' feature only, since that is also indeed one, in the instincts of the physical mind, the words like **"I – Mine"** also should be belonging to senses related mind only. If so, in **"Ahambrahmasmi"**, **"aham (Only I)"**, should be indeed understood, only from spiritual point of view and vision! But, if the word **'Brahmam'** is, however, understood, with the sense of matter (Brahman – the Primordial Matter of no configuration), then the matter and its characteristics, however they may be principally, only materiality, sounds in it. So, if **"Ahambrahmasmi"** (I am only God Brahma (Creator/Supreme Being)) is considered, only at the level of matter (physical).... then in that, the 'I' called 'mind' itself is evident. Instead, if the word **"Brahmam"** is examined, in the sense of Supreme Soul/Universal Soul.... then such a thing as 'I', probably, indeed should be Spiritual 'Soul' only! In this way, it is evident that mind has spiritual, physical, two types of connections. That means, it should be understood that physical – spiritual on both sides, mind itself has the principal role. For that very reason, the physical influenced mind, itself, which has the senses influenced level, and instinctive nature, through process and practice of meditation, the microcosm (*Jeevatmn*) of Supreme Soul/Universal Soul that is hidden within it, can be brought-about perfection (Absolution) as 'Spiritual Soul' (The Supreme).

I – Me are suggestive as **Mine, Self** only. Even so, they cannot be completely pronounce-possessive. For that very reason, though **Me** is considered as **'Myself'**, it can be considered as **'Self'** only. In spirituality (Spiritual Self) and that too – principally in philosophical style, **Self** is, in usage as **'Spiritual Self'** (Atman) only. Anyways, **'Soul'** can be considered as mind. If so, since Soul.... also has mind as another meaning, this cannot be objectionable.

When mind surpasses the *Prkrti* (consciousness), it reaches *PuruSa* 'conscience'. Thereafter, with practice and transmutation, it achieves divine status as 'Soul'. That itself goes in close proximity, nearby to the Supreme Soul (Universal Soul).

This state itself can be considered as ‘salvation’, or ‘liberation’, or *Moksha* or with any other name.

Similar to, the macrocosm of the related ‘organism’ is embedded within the microcosm of ‘bio’, there should be indeed ‘microcosm of knowledge’ embedded in the ‘God’ created first human being! In accordance with time, that developing gradually, it should be, able to reach it’s completely expanded macrocosmic state, shouldn’t it! If so, the experience.... is indeed not like that!

Would dilapidate – after death, the physical body.....

Would melt away in the air – the formless *Life Force*!

Would the mind, at least, stand – in the mother body steadily?

It is said that the ‘Soul’ travels – for entry into another body!

For the soul, which is free from karma – what is the cause for ‘migration’?

Only entry for soul but – for sure there is no another birth!

As a proof of previous birth – what is that which takes birth repeatedly!

Can consider that it is ‘*Jivudu*’ – as ‘readymade’ answer.....

May be they consider that itself that *Jivudu* itself as subtle (spiritual) body.....

Body would not form without the matter itself indeed!

What belongs to subtle body – it is not ‘Soul’, is it!

No existence for mind – without the body itself....

Similar to the microcosm of tree itself – is its seed....

Similar to the representation of organism itself – is its egg and sperm.....

Would the past birth microcosm – remain as organism?

(Similar to genetic – genome microcosm – is D.N.A.)

The quality does not change – in the plant grown and for the tree

Where is the microcosm – without the macrocosm itself.....!

Indeed microcosm only – the condensed macrocosm!

Consequence of karma for anatomy – carbon dioxide for botany for photosynthesis

Comparison is not possible – in the biology ‘base’ also!

The instigator for action is mind only – for doer, and for cause....

Body is, tool, for karma – cooperation is of senses only....

For laborers and righteousness – for materiality and spirituality

Even for God, mind itself – would cause good to human....
 ‘Change’ is inevitable – that itself is the consequence of constant consciousness,
 Method is principal – everything is law of Creation only!
 There is process – for principles of Nature and for the course of universe
 Principles of motion – laws of consciousness....
 Formation of matter – consequences of transmutation,
 Science’s is form containing (objectivity) – formlessness (subjectivity) itself is
 spirituality indeed!

These are not beyond the comprehension – in practicability also!

Cannot be antagonistic – with mutual entities

Should change the mind – as Spiritual Soul

Gravity to Divinity – Science to Soul

Similar to the solid of matter – becomes invisible air.....

Mutation mind – to pervasive Soul

Devotion – meditation – Yoga – Samadhi – others, others...,

Material knowledge – objectivity – knowledge of truth...,

They are not antagonistic – indeed orderly transformation only!

Prayer for devotion – meditation for mind – *Yoga(m)* is ‘union’!

Matter is universe – bio is mind....

Matter is body – *Life Force* is mind (movement – consciousness)

External is materiality – corporeal dependence....

Internal is spirituality – incorporeal basis.

Even the corporeality that is basis – is dependent indeed!

Dependant existence (movement) – is indeed consciousness that is the basis!

The comfort of utilization – the pain of separation....

These two that cannot be denied – should become bliss indeed!

Union and separation are – comfort and pain

Materiality is 'to be dependant' – pairs of opposite and duality....

Spirituality is Bliss – that itself is ‘unity’ of basis

Experience the materiality – feel the bliss of spirituality....

This order is inevitable – for the attainment of completeness indeed!

LIFE

Instigation.... Resolution.... Intercourse.... Ejaculation.... Union with the Ovum.... Embryo fertilization.... Growth.... Delivery.... World....

The journey of life starts with the first breath....

Towards which direction?

Towards death only!

That which is present in between is the life. For that, livelihood is a primary requirement. Accumulation of desires, subtraction of failures, with remaining residues, with special features, and with the calculation of happiness and sorrow, continues the life, towards senility....

We continue living with production.... reproduction.... utilization.... affection, with a trifle of humming.... with just a little of some other music, that way and this way, and up and down; buying the mind, we drive the cart of life with gears of needs, and opportunities in the gauge of the age; continuing the journey of life with social, financial, political and other stages, for one who reaches the shadow of religion with exhausted mind for the sake of rest, one may fall asleep but may not have security.

Life until living means this only. Our efforts for that are until then only; need itself habituates the way of living (livelihood) necessary for life, just to drive on in that way, itself, is life. Should the age, life span be bolted? Should the path for development certainly be closed? The life of human is not like this, should not become like this. It is not enough just to think in that way.

Where there is will there is a way. If there is resolution, (Will) then practice is indeed possible. The human being – who by questioning, examining, and researching the Nature, itself, which is the cause for birth, by removing the dark curtains, and layers that are closed, and with the light of intelligence has got hold of and revealed many secrets of the Nature, and with the knowledge of technology has provided every joy to the life in the physical path – can't he identify (spot) the cause, which is causing distress to the life by wiping out the happiness, and saving sorrows? Can identify.... Can't he make sure that there is no place for selfishness, which is the enemy to peace? He can do that.

Body means, whether it is macrocosm, microcosm, it is the combination, union of matter in another form. For the Soul, which is without body, there is no relation and need of matter. If so, does mind have body? Body has mind, but mind has no chance of it. It is just the feeling of

senses. The existence of the senses, itself, becomes the basic cause for the state, movement of the mind. So, body related senses, vanish. So, along with those only, mind also has to become invisible, it becomes also. When body along with it senses and along with them their total responsive mind is gone without existence, what may be that which would be left over after that? Philosophically, if it is thought to be 'Soul', in what way should the 'eternal' life after death be imagined with 'Soul' which is beyond the understanding of karma, and has no binding, relationship of any type with it? What is the means (method) to know its certainty? What is the basis to believe the binding with the karma, which is thought to be present for human being? Where is either the chance, or the need for rebirth?

Should not be satisfied only with questions, but should continue examination, research and exploration for different ways. Life should not complete only with exploration. Everything is for the sake of life only. Achievement (of an object) should be completed during this life span only; uphill struggle suitable for it should be accelerated. Although get satisfied just by singing some verses, if there is no implementation after hearing to the explanations, it is just a waste of time, and patience. Even if a step is put forward, the distance would decrease at least by six inches. Even if a small attempt were made – there would be some movement in us. It is certainly better than laziness. Knowing the value of time, recognizing the importance of life, and by understanding its limit, efforts should be expedited. Result should be brought nearer. Relief for labor is result only, isn't it! Peace is the meaning for joy. Satisfaction is the end for thirst. The purpose of life is benefit.

There are no special significances in birth, and death. Bad smell at the delivery, ceremonial defilement.... are indeed common! Bare smile – bright look..., are indeed common for childhood! Care and attention – voiding of excreta (feces and urine), need not be mentioned! Next, in the decisions, determination of way of life – living – (Modus Vivendi) mind its elevation – depression – diversity, experiences, features, and characteristics of joys and sorrows that have to happen – happening after that, with refinement and civility, benefit of life – special purpose of life.... either good or bad.... life completes.

Hunger, thirst, lust.... along with the search for those that can satisfy these, comfort and 'hope' for tomorrow are surely necessary for the human mind. To have wealth, earnings, and property as a promise for the future, thereby, human being, to make an attempt by all possible means to acquire authority, and satisfaction of feel of supremacy also, is indeed usual! Similarly,

imagining the life after death, ‘arrangements’ required for that also, with religious belief and for the ‘mercy’ of God (the matter of freedom from rebirth and salvation is already known), to practice by following numerous ways of ‘worship’ also, for human beings, is indeed an ancient inheritance! Fear, as ‘devotion’ and selfish-motive.... as worship, arrangement of sins and virtues, hell and heaven, and others are also indeed parts in it! Even the human being – who is worshipping by considering corporeal divinity and its uniqueness itself as God – because of presence of the microcosm of the divine energy, as Jeevatmn and conscience as the expression of mind only, is able to understand the formless divinity in the physical form of God.

If so, the idea in ‘challenging’ the instinct (naturalness) and hiddenness of Nature in the name of scientific advancement, should bring-in further eminence for it, and should show a path of progress to the human life by improving it by providing further peculiarity to the way of life and livelihood, but by making the system more hideous by means of severing the root of it.... he himself as causer to lay the foundation for his own destruction is not the prudent work that the human intelligence should do. For example, the intention and objective to polish the diamond that is in the raw form is only to make it more brilliant..., but should not be to convert it into powder, ‘swallow’ it, and become ‘victim’ to death. For that very reason, through knowledge and meditation by strengthening (mentally) the natural physical mind even more, similar to the transformation of carbon element itself into diamond, for the Divinity, of the physical materialistic mind, the Jeevatmn that is embedded within mind as utmost microcosm in invisible way, and the microcosm of Universal Soul (Supreme Soul) that is in the state of conscience has to be transcended as Spiritual Soul. For that, suitable method has to be followed. Diligence, devotion – dedication should be considered as the necessities. Meditation and the practice of various stages of its ascendancy may be accepted as one of the ways for this. The moral sayings preached by religion also are indeed useful! **Possession needs process!**

Although human being also has to lead his life with primary needs like the other organisms that live depending on the nature, human being – who has uniqueness in all the organisms and is achieving wonderful results by working hard with his thought and intelligence, by investigating..., and researching the secrets of the Nature with the help of scientific knowledge – by transforming the primary instinctive nature of the senses incited physical mind acquired by birth, and by means of providing it a better (improved) status, has to show the light for a new way of life involving individual and system, and based on civility and humaneness. For

that very reason, with that spirit only, as intercession for materiality and spirituality, a method that would cause uncover and help follow the way of life having **plenty of the bounty and copious Compassion** is required. Moral Sanctity is of utmost help for it. Rather than imitation of life..., by understanding the certainty of life and getting rid of the primitive ‘ignorance’, to cause the mind itself ‘as Soul’ to reach Divinity on the path of life and living of mutual compassion and with inspiration of spirituality should be established as a sign for the uniqueness of the human birth.

As has been with the intuition the human life ought to be in an integrity through the Eternal Truth the Oneness of the Universe.

If the microcosm of the inertial matter (minimal size/the least unit) is considered as the atom (leaving aside the particles in it and about their utmost microcosms), then the Universal Energy embedded within it in that form only and in that boundary (limit) only, with its internal movement and consciousness, so also the bio energetic-micro, which is present in the seed in the corporeal matter, will have no scope to acquire the complete macrocosmic state and expansion relating to it by itself. It would have that chance, only through implantation of it as a seed or in another way. Likewise, ‘human being’, who is in utmost microcosmic (minute) state in the living cell, to acquire his complete macrocosmic state, is possible only through fertilization. For that very reason, there is no chance that the unsowed seeds and combined energy of organism (egg and sperm) that is unfertilized, would acquire its complete physical growth state. To that extent, those seeds and living cell embedded microcosms have to be merely a waste. This ‘bio’ matter in the Nature, without fertilization only, destroys in its primary stage itself.

So also, even the microcosm of Universal Soul, in the human mind... like the unrevealed hidden energy within the atom in the state it is not given a chance for its pervasion, remains as ordinary natural mind only, as the response of senses only, as the instinctive nature of matter (nature) only, and for daily routine activities of the body, as unconcerned (calm) microcosm of consciousness only. It remains concealed, in the physical matter related senses provocation only and within its boundary only. The physical body mind – which has the instinctive nature, of joy and grief functions..., like the cloud covering the sun, like the uncultivated land concealing the diamonds..., like an atom that is as external cover and armor for the Universal Energy – keeps the microcosm of the Universal Soul/Supreme Soul incognito only. The physical influenced, senses provoked, life itself, continuing as a habit to organism (for human being too), it ends

somehow. With senses provoked instincts, impulse and emotions, in the way there is no net balance, with an equal combination of joy and grief and with no peace, the lifetime would be sufficient only to live just as an organism in all organisms. For human being also! The human life also – which should have thought and need of discretion, as uniqueness – to be limited only to that extent, cannot be a good sense. With the instinctive nature of macrocosm of the microcosm, so also microcosm of the macrocosm, constant process of transmutation itself is the uniqueness of materialistic, Creation! Its proper utilization itself is the duty for human being. Purpose of birth!

To be a ‘servitude’ to the naturalness is not my idea also and is not proper too for anybody. All the organisms in the Nature close to their naturalness of birth more or less by understanding the same ‘as it is’ by changing their way of life and livelihood as need and habit of the life and by mimicking the ‘struggle for existence’, are completing their lifetime. If so, the order (process) of evolution of life and its instinctive nature is habituating, human being – who has the mind of power of thought, and entity of discretion – however, to live a life different to it at least to some extent. Because of that only, although the ancient human beings of once upon a time, in accordance with the situation of that time, joining with the remaining organisms of that time, lived following the way of life and living almost in the same way as them.... gradually, as a result of qualitative development of brain it had happened that the ‘power of thought’ and ‘development of knowledge’ had transformed the mind into intelligence... It is still happening. For the present time, as hi-tech human beings to improve the desire for knowledge has been happening from day to day. May hope that this perhaps, should become a stream of perennial progress.

Rather than questioning the celebration, activity of birth as ‘why’? To examine the way of life as ‘how’? Would be beneficial. Yes... certainly have to live! Certainly have to live satisfactorily – certainly have to live wonderfully! Certainly have to experience joy and peace! Certainly have to try to distance, as far as possible, sorrow, suffering, and distress, from life! (With lamp, is the darkness not driven away at least to a limited extent? – similar is this) the financial capability, social security, social well-being, and personal eminence required to live, and for life certainly have to be achieved! Although the birth is known only for some, the life should have uniqueness so that it must be known to many. Experiencing the comfort of the body, and joy, peace, and bliss to the mind, the purpose, and duty of life have to be fulfilled. Thereby,

attempt to prove the significance of physical life, and its basis, need, for the spiritual life has to be made a success.

Make your Mind; Being in (with) aware, but beware of Ego.

“What is this nuisance? Can’t we live without this fuss and altercation? Can live. Can pull the life in some or the other way. Even though human beings, in fact, those who live like this, itself, is the largest population! Why only human beings? The way – manner of life of almost all the organisms is the same! Habitual life is – no security and no stability paper kite only! If so, if the entire human race had staggered (drowsiness) in habitual intoxication (sedation).... then had the ‘state’ of human race of ‘then’ been like this? Underground travel, space journey, proximity of communications, and micro communications, development of super computeretc, etc....could these have been turned as the part of human life?

To be born, to grow, to give birth, to raise, to discharge duties and responsibilities – for the sake of all these, to continue livelihood – work, to be happy – to experience the suffering and others – are the things that indeed are done as a habit by all the organisms! To that extent – even human being is the same! Along with them only!

Even so, passing away that period, as a consequence of transformation, by surpassing that state, thought – language – literature – investigation – scientific research – achievement – in this way, to achieve enormous progress has been possible only for human being. Human beings, who once upon a time, with the fear of Nature, had lived a suppressed life – the same ancient human beings – who considered, everything that is unknown as God, and Goddess, and worshipped them, as the time passed by, by attaining courage, and questioning, investigating the Nature, surpassing ignorance, acquiring the scientific knowledge, and changing into modern human beings – are traveling – maneuvering in the space. When compared to the past, the modern way of life has gone to an unreachable extent. Today’s wonderful human life, which has to think that “in this way.... on and on – unsure how far would it go?”.... Even so, it is sometimes felt that “all of this is a bubble only”....

It seems to be that “Life is waste with no peace of mind”

Want is vaunt that Haunts and hunts.... It makes a vent in the Venter to enter into the plant and chant the Appetite of the Lust.

If so, all the remaining organisms, which were once his friends, are living in their respective places, and states like that only since generations in the manner of ‘safe for longtime’. Some are also doing ‘drudgery’ for human beings.

However (strictly between ourselves), the human ‘past’, which lived with once friends, did not leave human being completely. (It doesn’t seem – is not felt that it would be leaving. Not like that, to be sure – if appropriate path is shown then it would go in its way – disappointment is unworthy!) Shouts – cries – whistles – sensations – along with them ignorance, innocence, stupidity, bestiality, brutality, cruelty (then) even today are being implemented in a computer style.... in a technical method. Along with the physical body, with the development of scientific knowledge, mind is not developing equally. ‘Humanity’ not being of assistance for human being, itself, is the principal reason for this!

As the material knowledge is growing, as scientific and the technological knowledge is increasing, as the availability of the facilities of the machinery is increasing, the personal life of human being is approaching sorrow. Mind is being subjected to distress. Life is being plunged into disappointment, despair and hopelessness. Provocating inactivity. Moreover unimaginable progress of technical knowledge by increasing the cruel nature, brutality, bestiality of human beings to an unreachable heights, and distributing tactics, it is creating opportunities to implement them as several types of “modern models”. Along with the decline of the human values, it is diverting, shifting the entire living organisms towards destruction, and driving them away. If we observe today’s unhinderedness, and misuse of independence it neither seems to be nor can be felt that the human ‘past’ would either change – or can be forgotten. It is giving a scope for a suspicion that if the ‘evolution of life is only for the physical body’. It is making us think as if will it be status quo.... cannot be like that for sure! If an appropriate path can be seen, can be shown, that would go in its way by itself in the path of sky.... disappointment, extreme greed, both are forbidden indeed!

Using the mental strength, and self-confidence by eliminating this bad traits, and ugly behaviors (of this humanity) – which have reached human being as a result of process of evolution of life, as inheritance of organisms, and remaining as residues are forcing the life into troubles – in its place perfect human form can be established. Through the “path of meditation”!

Although wealth is abundant.... at whatever level the physical strength, power, and status may be, real joy and peace are not attained in the daily life. Repose is not acquired. Continuous

worry, artificial way of life is controlling – restraining the mind. Increasing the ‘desire’, and nourishing the corruption. If so, uncontrolled corruption, although feels happy for its unhindered progress at that point of time, and hit its armpits with uncontrolled joy, with the appearance of hindrance, with a cross bund, when trouble wraps round the head in the retrogression, weeping at ease (leisure) has to suffer with fear of the future.

Similar to obstructing the sunrise with the hand, how many number, of short cuts, may be searched for the need of time.... it is inevitable to experience the consequences of the actions that are executed. By offering the individuality, and values to the suffering, songs of liberation, although are sung to an enormous extent, result would be nil. For comforting the mind although search for ways, although involve in lengthy conversations with no real matter it will be useless only. It is felt like that in suffering, but does tonic work for chronic? Can ointment cut away the cancer? What can amulet do for tumor? Indigenous treatment, powerful medications also cannot treat that state. At that level, state either surgical treatment, or scientific medication (knowledge) may work to some extent – for that point of time! Anyways – delay is not desired. Therefore, limited life span should be made fruitful with hard work.

Waste is the ghost that swallows the best. (The) Time goes on and has going on with no return and retreat.

The physical way of life exceeding the need has lost its way. Restlessness has become the victim of ill health. Desire is caught up in the grip of the emotions. Seeing sides. As a result... reaching the ashrams of ‘source of income’. Going into the possession of the false Swamis. They are using their needs as opportunities for the illegal ways of ashrams. Are being cheated as if cast in the same mould. Along with the mental distress, they are keeping the wealth, self-respect, and life at stake. Like sacrificial animals (scapegoat), they are losing everything. Even then, they are not getting the thought. Not examining the conscience. Not recognizing the certainty. ‘Individual’ is not recognizing his significance. No efforts are being made to know the importance of the mind, which is the basis, experience, and direct cause for thought, and implementation (action) and about life and its crucial position (role); problem – solution both would be present in the mind itself. (If explored)! Similar to life, disease, and medicine all three are hidden in the Nature itself?

Even the banyan tree has to sprout from the seed only. Has to develop (progress) relying on earth only. If so, quality of seed, fertility of soil, and favorability of the climate – coordination

of all these would be the basis for its existence. Precautions necessary for its growth are needed in addition. So also is the life!

For the human beings, by the human beings, human intelligence, and kindness (goodness) should work united. Because of these only, those that should happen, those that should be performed for God (Divine) also would be happening. God is along with human beings only; life of human beings is needed for God...? This is not the analysis with opposing meanings. Having performed, all the duties related to both physical, and spirituality (human/God), continuing to perform also, to see towards God and “beg” for the sake of him (human) is the human nature. In an angle that is necessary also! Being dedicated to the divine feeling, by improving the humanity in them further more, it should be the aim of the human race to achieve divinity. Either religion or any other thing relating to it – extending help to human beings in this path only – it should provide wellbeing to life; should cause human being lead the life. Although that may happen in that way, or not, every individual within his personal limit by means of ascension of the microcosm of divinity within him by himself, having done that by wishing for the wellbeing of the whole humanity, and fame of the human race along with him, he should execute the righteous performance.

Relating to Gods, all most all the religions are propagating that ‘Gods by taking human birth for the sake of human beings, leading the human life, had experienced the sufferings of the human life rather much more than that’. God himself had taken birth as human being for the sake of human beings means.... how great should be the significance of human life? In exchange to that, how much more should be, has to be the duty of human being with regard to God (Divinity), did we ever think? As a gratitude for the self-sacrifice shown by the God for human being, following the divine message, to lead the life on the same path is the minimal duty of human being, isn’t it! Are we doing the same in practice? Are we at least moving near it by thought, word, and deed? Only a practice of passing (spending) time, but sincere implementation has become non-existent in human beings.... We are unable to pay attention to the eminence of the human life.

Human beings have a duty to cause divinity to the human birth, which can give birth to divineness. If devotion – fear of God really are present in us, we cannot waste life. If it is believed wholeheartedly that human birth is the best (superior) of all the other organisms, it should be used in an appropriate way.

Saints, venerable persons, and great persons like this whomever may be – however great they may be, they are born as ordinary human beings only. They are those who, by recognizing the value of birth, through more difficult practice, have caused divineness to the human mind; reached divinity.

Life Force, mind, intellect, happiness, grief, distress, bliss, sorrow, and joy.... to experience these on some or the other occasion for all the organisms, especially human beings is indeed a matter of certainty! Even so, for the description of those, except for gestures, and feeling we don't have a complete 'language'. As experience is as the basis, witness we cannot question – argue their existence – only 'personal' experience can make known about them. The person who "suffers" knows; the person who "serves" cannot experience it. Even so, it is indeed a certainty, isn't it!

To know that which is not known, to achieve that which is (to the extent of necessity) not present should be the aim, goal of human being; since at least in a limited way it is almost happening like that, '**Wijnaanaprasthan**' (ascension by means of knowledge) has been continuing. Ancient human beings could become modern learners. They are proving the uniqueness of 'human being' among the organisms.

To say, "Win at home then win in public", is indeed a common matter! Based on the situation of its application its meaning or explanation keeps changing....

In the evolution of life, the human life is reaching its highest level, in the path of science and technology....

The ascension of human values, is reaching with speed of retrogression, to lower level, position. In between these two, the sectors of civilization and culture are being harmed. Human mind is being dedicated to servitude of passion, and slavery of imitation. Losing the individuality, and bidding farewell to proper and improper discretion, present generation is celebrating. It is handing over the odorless flowers of culture to the future generations. By seeing, growing, and having the vision of bestiality, brutality within him only, by referring the human species, as the best species, the modern, human intelligence is deluding the comfort, in a cloth of self-delusion.

In exploitation, government office buildings and in the light of red light, in the shadow of red lights, by lighting cigarettes, by getting handcuffed, and jeering, today's civilized human being, with joy devoid of peace, are experiencing unmatched ecstasy, and comfort. With the

“blessing” of science, number of temples is increasing. With newer designs, and technical decoration, number of schools is increasing. In the high yielding (income) group of politics.... hospitals have been developing. Hospitals – as “slaughter sheds”, as abodes for pain and distress, and with white coats and black looks, the “intensity” of human organs’ businesses is surpassing the ‘Maya (cheating) bazaars’. The rulers, government employees, and their dependants, with a bullet proof of democracy, are present as the shareholders for public money and national wealth.

Acquired independence. Only politically, only for politics and their dependants. Poverty has increased economically, with the help of socialism, only for the country and the people. Psychological slavery has become a common thing for everybody. Large scale industries – projects, have become mythical cows (which gives all that is desired), and the “wishing trees”, for relatives indeed! Similar to decrease in the value of rupee and increase in rupees, similar to increase in human beings and diminish in human values, with increase in development, value is diminishing. In everything, life has become a bargain. Life has become a burden. While some are reeling and resting on sofas of happiness, there are many, who are rigidly held in the embrace of troubles, and with a difficulty in breathing, are being crushed. While some are in short of methods, to hide the wealth, many are crying at the doorway of hunger, and fainting away, after continuous bawl. With the thirst of power, and enslavement of wishes, either personally (by themselves) or collectively, today’s modern civilized generation is digging the graves of progress.

Is there not a way then? There will be path either to fort, or to tomb. Patience of searching and skill of proceeding (going) should be present copiously. If the “charioteer” has the competence then the bridge would be there. For everything, mind itself is the charioteer for human life, isn’t it! If that can be a guide, then the future of human being would be surely good. If the dirt (filth) in the human mind, is eliminated then the lights in the mind, get elevated. For that, mind needs to be energetic. The mind that has become dirty with greed and corruption should be cleaned, and purified. Those that appreciate dirt are pigs only!

In the nature cure, raw vegetables, clay pots, and tub baths are only to some extent, if either lose the way or get intoxicated, then smearing with clay (mud) and tub baths would not work for the mind. Certainly has to make a firm resolve! Certainly has to be kept in discipline! Although meditation is the objective for that, “beginning” should not happen with it. For that, principle of time is required, initially. Possession of the body too is indeed needed. Control

(regulation) of food at least to some extent is good. Enough if move away from smoking, and “alcoholic drinks”. Lot of benefit indeed! Regular controlled, restricted breathing should begin as the first activity for the practice of meditation. Thereby, oxygen reaches the body, brain and the nervous system abundantly. If this stage can be successfully completed, result can be experienced. For practice of yoga, controlled breathing it would be as if entrance into **Dhyanaprasthan** has happened.

The smell that is acquired by birth, go away with bath-after-delivery itself. However, the smell from the sweat, although not permanent, it continues with the body. Even so, we adjust it by taking a bath. For that point of time only. The instincts, resemblances that are inherited enter the mind, grow with the surroundings and the situations, and they-only (instincts and resemblances) by standing in front lead the life. In the name of joys and comforts, the service of sorrows increases. With the burden of illusions and delusions, sorrows would be as sleepiness felt after meal. Even then, to eat and try to digest is indeed common.

Is human being with no mind, society with no human being, individual who doesn't need society.... possible? For the activities of self-denial (asceticism), proximity of the religion and society is indeed necessary. Well, everybody has to live for sure! How many ever ways the qualities and quantities (characteristics), methods of civilizations and types of forms may be, “social binding” of the individual is inevitable. For that very reason, human being and the society are mutually supporting and dependant influentials. If so, if examined as before and after, individual is before (first). Society is the arrangement (establishment) of individual only.... So, the society cannot influence the individual as much as the individual can influence the society. How great, the collective capacity of the society, be of help to the security of individual it would not be present on the personal life of individual. For that very reason, mental status and level its features, and qualities of the individual, function excessively on the whole construction and performance, of the society. For this reason, good mind would be a cause for good society. Since individual is the primary and ‘pattern’ for the formation of society, for the reformation of the society, ‘change of individual’ itself is the principal matter. With the individual with good changes, the formation of good society is inevitable. Since mind itself is the ‘charioteer’ for either good or bad in the life of human being, by reforming it in a good way, and strengthening it thereby, in the process of “spiritualization” it should be made the cause for the execution of

“karma”. For that, efforts should be made through meditation in the path of **“Dhyana prasthan”**. If so, this is only one side to the life of human being....

In the knowledge of senses (nature), we can experience the joy and grief of physical/body life. With the knowledge of feeling, we can have only spiritual bliss. Whatever the mind may acquire through Nature (perception), with incompleteness and by retaining dissatisfaction, from time to time it keeps the need fresh only. In addition, it causes counter. Although what we acquire in ‘supernatural’ way is not a complete state, bliss can be obtained so that there would be no scope for ‘dissatisfaction’ and ‘need’. To that extent, it can provide satisfaction and feeling to the mind.

Through meditation by spiritualizing the usual physical, nature influenced, senses provoked mind, by transforming it into conscience, thereby, it can be caused to perform the ‘karma’ of physical life. The actions performed by purity of conscience will be free from errors. There would be no chance for such a thing as ‘sin’ for this. Therefore, there would be no scope for the process of ‘karma theory’. With good mind, there would be enormous scope for good life, and formation of good society. Apart from that there would be no need of annoyance for birth – karma – birth, along with this, there would be no possibility for the ‘Soul’ to depend (take refuge) on physical body birth itself. The microcosm of Universal Soul, which is free (beyond the understanding) of karma, would not take shelter in the karma involving body. Previous birth is not the monarch of previous karma. Not the inheritance of births also. Karma – birth – karma – rotation is not logical – cannot be.

Start your cart of Life on the path of Truth! For that guide sake Come to Sphoorthi i.e., Viswa Sphoorthi.

MIND

When asked, “Who are you?” one can only explain the relationship that “I am so – and so”, but that is, however, not the answer for ‘I’. Well then, “Who are you?” – Without knowing who we are only, to question about the Creator, although not boldness, may not be reasonable!!

If we ask, “Why is the life?” (We feel like that, to be sure, only when we are in deep pain and trouble!), we have to answer that “because we are born”. When asked, “Why are we born?” (Do those who have caused the birth know this?), one should not at least say, “to die”. Because, its (death) seed is anyway in the birth itself! Germinates with the life and grows in accordance with the age. There is no need to think about it separately. We are born.... that’s it! With suffering, luxuries, diseases....! If question others, or question ourselves, “Is it just so?”, there will be some or the other way to live well, to live by ignoring the troubles, not only just to live but to make a good attempt in such a manner to live a divinely life. “Where there is a will there is a way”, for sure, is what many people keep saying. For that very reason, with interest and determination, look for a way of life. Not like animal kingdom (habitual life), but make an attempt like an ‘organism’ having the uniqueness of birth, in the manner of justifying the purpose of birth! In the manner that to be satisfied that something else is achieved along with the routine living – human life should continue its living....? Continue.... How?

Life is yours.... Livelihood too is yours only! Its care and attention too is yours only! Usually, one who supports (nourishes) has the authority.... The complete authority on your life should be yours only. That is your birthright. You are only that owner! That is your own and the name of the ‘person in authority’ is... “Mind”...! In the boundary of physical life that itself is, “Self”! That itself..., in execution of actions, functions as ‘I’. On several occasions, it (authority) changes into ‘ego’. If disciplinary action is taken, it folds its tail! Tenants should not say, “Terraced roof is mine”.... that will not be valid. Ego, must not say, “Everything is me”.... should not wrongly believe sky as ‘umbrella’.... will be soaked wet – with rainwater, and with the wetness of sweat! Ego for life should be like an ornament, which can be removed and worn. But, it should not act as the model pose of plastic surgery. For a healthy body, food norms, and control of inordinate liking for a taste; so also self-discipline, capacity of self-control are necessary in the needs, ways, and methods of using it (body). Should work hard to cultivate (habituate) them – indeed possible!

Similar to, the entity, state, and feature of body – act on the mind.... they show influence on ‘Self’ also. For that very reason, to that extent body has the importance. Traits of characteristics of birth, influence of surroundings, pressure of the needs, unwanted greed, force of imitations....excessive self-respect and others try to mould the shape of the self-reformation.

Instinct (nature) for Self, and entity for the mind, takes on the priority. Show the influence.

Self is an abstractive and an effective instinct (that) makes and does help, gulf and also hell, now and then in between the Mind and the body in case of leading life, being influenced by the instant environment, containing the content of the sensuous sense....

Let us examine about the mind once more. Brain in the form of matter is important for this. The senses provoked function of it is also very much needed for mind.

The reciprocal response of the senses and the sensorium, regarding the reflections and revelations.... being influenced by the former.... concerns with the Self.... is to be called or considered as the MIND.

In simple:

‘Self is the medium to the Mind and the Body, functioning in accordance with the circumstances occurred’.

‘I’ is different to the ‘Self’; so the Self is not ‘I’.

Either Diversity or Unity, that has been viewed or perceived, in accordance with the neuronal function or action of the Mind, being followed by the Self, with the Self.... is to be called or considered as the ‘Mind’.

We have left the actual subject. We forgot about the “owner” of the mind. If that owner is thought to be ‘Self’ then what would that Bio data be? It is nothing. It should not be anything. Because, that is the feeling of ‘Supreme Soul’.

Since life is the consequence of the physical matter (involving body) only and since materiality is, corporeal only, mind itself is the basis for the ‘karma’ needed for its execution and for the thought, and reflection, which are the corporeal consequents. If mind were not present in some or the other way, movement (*Life Force*), life, and existence of the organism, would not have been possible.

To consider that – which mind cannot understand in its usual state – as “Maya, Mithya”, is not justified. For human birth, that is, not righteous even. By means of feeling in that way, it is

indeed like humiliating the uniqueness of the human life! For human being, who has uniqueness, and the ‘best birth’ in the ‘organisms in Creation’, to succeed or overcome Maya – Mithya (the certainty the physical, senses related mind cannot understand), and to have the ‘knowledge’ of it should be indeed utmost natural, indeed! That is a duty too! The human wisdom, which could understand Divinity and establish it in the name of God in numerous forms, the human intelligence, which is continuing its exploration for the origin of universe; the high-tech material knowledge, which is attempting and searching by all possible means to extract and use the secrets of the Nature – can't the present human beings – who have all the aforementioned, and such a great worthiness – overcome ‘Maya – Mithya’ that are produced by just illusion of imagination? The skill and expertise of the human being that can convert (gold) mud into ‘carat gold’ and the human expertise that can produce consumption goods from raw material.... in a single word – the scientific knowledge that can build an elevated platform step by step into the success of sky by getting done ‘drudgery’ with Nature – can't they investigate, ‘Maya’ and object Mithya that are hideous to Nature, and pardon them? If the strength of resolution, dedicated practice can excel the inactivity (passiveness) then the accomplishment of target is indeed easy and good result would be own indeed! **Development of mental strength – good sense of scientific knowledge – spiritual Samadhi (state of complete mental absorption).... should join the field of action as important tools (instruments) for it....**

With understanding and suitable spirit of response, mind – principally can be divided into four ways. The dialectical, the Materialistic, Physical and the instinctive Mind; The Spiritual and the Conscious Mind; The Metaphysical and the Soul Conscience Mind; The Divine Mind.

Such a thing as ‘like that – like this – how’ in the form of thought, and response, only through that what is felt and that what it means, to make an attempt to recognize the certainty (objectivity) of the object, to know its existence and to execute with action suitable to it.... is possible to happen for the instinctive (physical) mind in various sub stages. **(An abstractive grasp or an impalpable experience)**. Microcosm and macrocosm, mutual mutation **(Mutation in a Vice Versa manner/Reciprocal process)** is the constant property of matter. Like microcosm of time, mind can also be stabilized as microcosm and utmost microcosm (Soul – Supreme Soul). **‘Dhyana prasthan’** that happens in various stages would be helpful as an important tool for this.

Objectivity provocation is the basis for this. Although the psycho mind – principally is present in four stages – there is a chance that the usual mind (instinctive sense) itself – in the path of progressive transmutation – may elevate to states and levels of those various divisions. With thought, reflection – discretion – investigation – research – innovation – transcendancy and others, mind – as the instinctive nature of those various states – influenced by the practice of meditation, ascends progressively. With the practical tools with hard work with execution of functions and with objective sense physically.... and with the priority of subjectivity.... in the direction of spirituality, mind, in the path of progress, has direct – indirect feature. Numerous components like arrangement of genome – its characteristics.... excess of hormones, influence of their increase and decrease.... vitality of neurons, and relating to brain function, its eminence.... as the basis, are indeed becoming a cause for this!

The Mind is of in three ways in accordance with its purposive nature; Mind of Philosophy, the first is of or personal one regarding to the general and the generic daily of life, the second is to be concerned to the social and Society and the third one is considered to be the spiritual trend of mind; In simple, they are all in the ‘thought of Mundane the moral sanctity and the Divinity.....’

The mundane Mind is common and generical that comes by birth itself used to get on the physique or the corporeal life. The mind of the moral sanctity is mostly for the sake of the society, as well as to the social based individual life. The mind has its specialty of getting ecstasy through the way of achieving the Spiritual Soul the Self. It is obtained by means of transcending the sensorium mind through the way of Spiritual or trans meditation with no objectivity, but it is possible only after getting the mind with no sensuous ‘thought’. So that, the Psycho is ought to be changed totally.

The mind is an instant aspect of the senses response, due to the sensorium function in accordance with the influence of the environments. Memory is of its instinctive preservation. With no body or no senses or the mind; with the absence of the physical mind, no possibility is there of having (the) ‘thought’ that to be functioned, regarding to either the mundane, moral ethical or the spirituality of Divinity. Having been with the moral sanctity in doing of functions and actions needed to the life in general, would be more effective to the spiritual way of thinking also.

What is the need or necessity of having the spiritual thought of life? Is it possible of having so, with no physical one? Generally, the human life is of two kinds of nature. The objectivity and the Subjectivity with either the entity or non-entity. Both of them are needed to have integrity of life and the Absolution. The physical existence is an essential base, either it is materialistic or spiritual way of thought. In case of religion, God is an absolute existence, but in Supernaturality, the (Self) Soul is considered as the subtlety of the Divinity – the Universal Soul, or the Supreme Soul – the Almighty. The human mind itself an Individual Soul, i.e., the Jeevatman. No Spiritual Soul is existed in any of the biological being. Only the physical or the sensorium mind is to be transcended to be so....

The human mind is a Unique and instinctive one. Its Brain is also the mystical and the mysterious in case of its formation and the performance. In accordance with its nature in displayed deeds, the mind would be in parts. The Empirical or the Evolutionary sensory mind. The Psychological mind... The Empirical or the Temperament mind is also mainly in two ways. The sensory/The sensorium and the sectional one. The sensory mind is of oscillating and vibrating in accordance with the sensuous and the sensitive organs those being influenced by the Nature itself and its Environmental force and also with the cause of the biological circumstances. The sectional or the impulse mind may be named four subdivisions of the Expressive mind, the Reserved mind, the Preserved mind, and the Deserved mind.

The Psychological mind is of three ways The Dialactical, Materialistic or the Experimental mind...,

The Meta-Physical or the Contemplative mind...,

The Spiritual or the Introspectical mind...,

The sensorium mind is to be transcended to the Spiritual Soul in order to know the sempiternity (Infinitude) of the Supreme Soul or the Absolution.

It is not that, this divisional analysis pertaining to the mind.... is applicable equally and similarly to all organisms – especially all human beings. That kind of comparison is, against the Nature. For the instinctive nature of the property of matter, it is a distortion also! Diversity in the Creation, so also the internal unity in it is being evident with the knowledge of experience of life, isn't it! Such a thing as 'not everything is for everybody, for some, only few are deserved', itself, based on the usualness of Nature, is indeed an experienced certainty! As individuals, in relation

to the species and based on unity and diversity, this division, forms by itself.... Variety of the psychological states, talent limits, diversity in life and living – all these certainties whoever and for whatever reason may disagree – all those – would be implemented and continues to be implemented in the natural manner itself. Similar to, in accordance with the combination of elements in different proportions..., in accompaniment to this, in accordance with the temperature needed for it, and its quantification, the various ways of formation of matter and its quality (nature) is determined..., the physical mind embedded in body that is formed of bio-matter also in accordance with the influence of the provocation of senses and those beyond the senses – its entity (psycho) has natural diversity.... Anything... whatever it is, knowing its instinct, there should be a calculation and knowing the entity should decide the (individuality) personality....

Strictly between ourselves! Are the practices in life going on with an intense speed without the knowledge of mind? Well, unsure! Anyways, certainly should think about mind separately! Something needs to be done inevitably!

To exist – to live – to carry on the livelihood, there is difference between these three at least to some extent. When all these are combined and seen, a new form different to those that have been combined should be formed. When any two are combined, it is natural that the characteristics of the third will be different (though it has the features of the two) at least to some extent. Concerned with life, that kind of combination itself is ‘The Mind’!

Mind is of various types: mind embedded in body, mind of Nature, physical (materialistic) mind, mind related to world, objective mind, instinctive mind, mind of discretion, mind of refusal (contempt), mind of reformation, mind of culture.... like this very many!

If so, to whatever type the mind may belong to, without leaving it like that, through practice, and through meditation, if mind of love, mind of compassion, spiritual mind, omnipresent mind, and omnipotent mind can be achieved, it would be as if justifying (achieving) the purpose of life. Have to do also like that! As a preliminary for it, spirituality and moral sanctity should not only be the emblem of the ‘temple’, but also be made as ‘home need and deed’.

To increase in other place if there is deficit in one place, to have existence in other place in the state of absence in one place, is the property of matter, quality of Nature – natural instinct. Either in a desire or in space, any matter that is present in any of the solid, liquid, or gas form,

would be, should be present compressed in some or the other proportion. Whether it is source, elements, matter, or the object standard – it would be in accordance with this principle only. May be time and space too are not beyond this!

If the mind is, can be, influenced in this manner.... will it.... not transform into omnipresent and omnipotent? Will it not acquire divinity? Let us put the necessary efforts then!

What is that which experiences joy and grief? What is that which is subjected to desires and disappointments? What is that which recognizes the needs, and increases the desires? The feeling called ‘Self’, ‘mine’! This begins ‘thought’, and keeps moving forward. Thought runs behind it by leaps and bounds. The basis for thought is consciousness. This is of two types; functions also like that only! First part will be as the mind, and the second part as the conscience (consciousness performs its duty as sub consciousness – when needed). Mind is the provocation of material knowledge – conscience is discretionful.

All organisms have habitual mind. Human being has mind of thought. The habitual mind causes living with the provocation of need. The mind of thought achieves progress. With the spirit of exploration, if the mind is used in a proper path, it can achieve good deeds and miracles. If kept quiet, it keeps on swelling in the bog of laziness. Use of prudence is indeed one among the processes of mind, but prudence itself is not mind. Although the material knowledge is developing, the culture of mind is becoming non-existent. For that very reason, can we label money, and mind as one? In positive and negative paths, that which experiences the progress is mind only. In accordance with the acquisition and subjection (dependence) of that mind, there would be real joy and peace – in experience. Dependence is not suitable for human being. For habitual mind, somehow ‘to live’ is only the priority. That is the natural feature for all organisms. If the human mind also is that only and remains to that extent only, there is no meaning itself for the uniqueness for the human birth. This is nothing but not recognizing the certainty of evolution of life. This is nothing but not understanding the messages of Gods. That would be like saying meanings with the habitual mind to the fading human births. Well, practice is imaginary only, isn’t it!

That the mind itself – which is the source, basis for life – is the cause for anything is indeed an experience to everybody. When mind is considered as the cause for joy, that itself has to be, for sure, the reason for grief also! In accordance with the principle of homeopathic treatment, one can attempt to eliminate grief through the mind itself. One can achieve

prevention. For that, it (mind) should be energetic (strengthy). If the ordinary mind has to perform an extra action/function, more strength is needed. That which accumulates, or procures the additional energy to the mind, itself, is “meditation”.

The word “meditation” – although is only a single word, based on those various states and positions, the practice types and results experienced will be different. In the primary stage, to bring in some changes to the mind that appears by birth, and the mind that leads the ordinary life and to prepare it so that it can procure some ‘peace’ along with joy and sorrow one should practice meditation in the method of ‘concentration’. The efforts to decrease gradually the natural and habituated thoughts of mind in the performance of life, by making the need and essential as the measure, only those considered necessary should be retained. To the extent of decrease of thoughts, mind can be diverted away from worries, and distress. To that extent, mind attains some repose, and leisure. This is what the result of physical meditation is.

The influence of meditation through mind brings changes in the process of daily conduct of body. There is a possibility of regulating the increase and decrease of blood circulation. Thereby if the chemical process of the physical body, body machinery continues in a normal state, along with the mind even the body obtains some rest. In natural state, mind, and body provides comfort to human beings. Then the journey of life will not go towards question mark. There will be no scope for irritation, aversion, and feeling of self-denial (asceticism).

The matter of ‘meditation’ is alright! What is mind, which is the need and basis for it? In simple, “physical transformer”!..... The functional ‘action and reaction’ that occurs internally in the senses provoked brain (sensorium), being influenced by Nature..... may be defined as the mind. The ‘thought’ its variant implementation and indications, itself, is the signal. The quantities and qualities, results of thought, and practice will be in accordance with the action and reaction. In consistent with the brain, the health and hereditary state, capacity, capabilities that it has, its action and reaction, thought signal and others get established in the form of mind. In implementation, in accordance with the above method, we decide the ‘good’, bad – strength, and weakness of the mind that causes it to perform. Physically, mind becoming good and strong means, largely 'brain' is the cause for it. For that, efforts have to be made to that extent. Physical 'meditation' would be of very much help for this. In the physical meaning, the causes for prudence – intelligence may be different to this.

Whether it is for the will of God – or performance of actions, ‘mind’ is the basis. Although its eminence – downwardness is in different ways, the existence of mind is inevitable; experienced certainty. Disregarding mind, what the ‘organism’ and the bio-matter – has to do or can do? Therefore, examination, interest of mind, and its ascension are principal.

Based on the known way, many have tried to describe the mind in several ways. Through scientific investigation, many books have been emerged about mind. Even then, the complete information about the human brain has not been known to the science until now. In action, mind is not one. That which is seen is mind – that which is heard is mind – that which is felt is also mind only! That which thinks is mind – that which causes to implement is mind – that which experiences is also mind only! It is different in every organism – that itself for the habitual human beings – mind executes its functions in different ways. Relating to human being, in accordance with the state, movement of the body – although is acquiring ‘change’ to the extent required for that point of time, preserving its unique entity (psycho) steadily only, it exhibits diversity. **Mind is an intimate sentiment, having (containing, bear with) the content of intention and tension, the (Duality) mind has been going on with the diversity of the nature.**

In the ordinary physical life, it is an experience that the quantities and qualities of the mind are multi. If so, if those that are present separately are assembled as a garland, its form looks as single. Mind – that is dispersed as a unit – if centralized as one, as energetic, its benefit would be much more. In accordance with the stage of that concentration (centralization), its result in bodily, materialistic, and spiritual paths will be beneficial in a suitable form. Changing the state of way of life, it causes experience, and feeling of new life. Physical and mental relief through the physical meditation, with spiritualization of mind because of the spiritual meditation – it as conscience and as ‘karma’ (actions) duty standard, performs righteously.

The total mind is of two channels. One is the Physical (external) and the other is “Self” mind (internal). The first channel of the mind is intended only for the mundane life, being assisted by the Science and the Technology. The second one is only for the Spiritual ascendancy. Generally, the parental heredity is for the fertilization and the species affinity is for the self mind.

Only after achieving the Spiritual Soul by means of transcendency the Self mind may get the Moksha.

Please, let your Self

**(mind) be influenced by
(the) Viswa Sphoorthi's Theory
of Practical Philosophy
(Supernatural and super human)
Based on – The Religious Humanism (Theology)**

EXPEDITION OF TRUTH

Questioning should be restricted only to the examination of the certainty. ‘Logic’ (argument) should be the basis only to know the entity (the original principle of formation). In the ‘expedition of truth’..., both of these should be as principal methods. There should be no place for mental instinct and its ugly, opposite, partial excitements, and personal egoistic ignorant emotional tensions in it.

Mind is formless only, isn’t it! *Life Force* too is the same to be sure! Thought – experience – feeling – provocation, all these are of the same kind only, aren’t they! However, for the existence of the formless mind, brain – sensory organs – that are in material and solid form, these-only are becoming the cause for this for sure! External Nature – surroundings – circumstances – needs – opportunities are being present as the cause of provocation and basis for it. In this order, if considered logically and analogically, with the calculation of the role, involvement of previous birth, its consequences of the actions, sins and virtues, how would their quantities and qualities be? To what extent would they be? What kind is their influence on the mind, which functions as the ‘causer’ for the execution of karma? Without life itself, there would be no after-life for sure! Without the object itself, there is no chance for its reflective image or the Xerox copies. Although ‘light’ is necessary for the reflective image, without the object itself actually, what ‘shadow’, however, can the light show? Perceptibility is limited only for the physical (external) recognition of the object. If it is considered that, during the lifetime, being the cause for the execution of functions that which causes to get it done through the parts of the body is, mind itself (if we agree like that), the same mind – functioning as the conveyer for the succession of birth and consequence of karma – that itself should be, in fact, the principal cause for the following birth or the rebirth! Similarly, after death, with the entrance into the places like heaven, or hell, next world or others, by the completion of the ‘lifespan’ of the microcosmic (subtle/spiritual) body or mind, either through the completion of the consequence of karma of birth, or with the fortune of acquisition of salvation – liberation, its existence should indeed end with that! Subsequently, the “residue of karma”, which is considered as the cause of births, should not be present for sure!

It is said that along with that only ‘Soul’, which is not concerned with the karma (actions) of the body, also departs for a body/for a place/for a base! In this order, through what is the (previous birth) consequence of karma, which is thought to be remaining as the causer/effector

and cause for another birth, becoming the reason for the succession of birth? If Soul is thought to be eternal then actually it should not have anything to do with the birth. For that which does not have birth itself there is no chance at all for it to have any relation to 'karma'. By chance, if it is thought that something of that kind is happening through a 'microcosmic (spiritual/subtle) body', then what is that which acquires this microcosm? Is it mind? Or, is it the macrocosmic physical body relating to it? Can we deny that, that which causes or gets the karma performed through the body during our lifetime is 'mind'? Relating to materiality and spirituality, does any action or act happen without mind...? To whatever it may be relating to, what is that which wishes for 'desire'? Is it not the 'mind'? If seen either by disregarding or by exempting 'mind', then is there a chance, possibility for 'karma'?

Soul is not born since it is eternal. Only that which has birth by itself, can be the cause for birth/births (procreation) again. So also, death for anything that is born, with the passage of time, is inevitable! The body once dead, either to take birth by itself once again, or have potential to cause birth..., is a thing that is unbefitting even for imagination and illusion. We cannot consider resurrection, and rebirth as the same, can we! Similarly, to recover from coma and the dead body to be seen as the same living body again is not the same. The 'fertilization', of the union of living cell and egg that happens newly, itself, is the corporeal form for *Jiiva-Sakti* and *Jeevatmn* (there is a chance that the progress of science may reach such a state that for this except egg cell (ovum)/living cell there is no need of (sperm) spermatozoa). In the process of fertilization, in which would the entry or hidden existence of form of previous birth '*Jiivudu*'/microcosmic body be present? By chance if it is considered that it would happen like that, is its place and base, egg or sperm? So also, should there be any previous birth binding in some or the other form for the human who is born, the parents who give birth, and for the relationship of union like that?

If this is examined, in the manner of effect – cause – effect logically ...,

It may remain just as an 'imagination' and faith only...,

Is the Soul – *Jiivudu* (if it is thought that only the consequence of karma is hidden in microcosmic body) that leaves the body in the previous birth, meeting the same body in the rebirth? The new bodies do not acquire the Souls of their previous birth organisms only, do they! In the recurrence of the previous birth the Souls, organisms and their number should be in a limited stable number only, but how can the karma bound births have the 'scope' of increase in their total quantity, convenience of their spread, and 'chance' of their increase in crores? The

empirical statistical details itself are conveying that including the human beings the number of all the organisms in the nature – virus – bacteria and including with their variety every species is developing individually day by day. In this situation, there is no chance at all of the transference or transfiguration of the organisms that way, this way, and this way – that way. Moreover, it is emphasized with pride that only after the succession of many births one has the good fortune of acquiring human birth, so seen anyway, for other living organisms to attain human birth it would indeed take a long time only. Well, for the living organisms that are born only to live that too habitually, and know just that thing – how may they actually acquire the worthiness and that eminence to attain human birth! In this situation, with the number of human beings those die because of various reasons is functioning as minus, instead of decline of previous population, itself, it is progressively (although the machinery of family planning is eating away crores of rupees) increasing in a vertical fashion. In accompaniment to this, even the production of organisms by artificial means in various ways additionally is happening for sure! In total, for all these, from where are the Souls supplied? Who is doing this production and supply program? In which route, and in which form is that happening? An organism (a human) related consequence of karma of previous birth, which is the cause for rebirth, cannot cause birth for many new organisms at once, can it! Is the human being in every birth, for the need of future births, preparing microcosmic bodies and consequences of karma personally and independently? For the slave bound by karma – birth – karma, there is no chance for that “Will”, is there! Well then, is the rebirth, and procreation a genetic inheritance? Or do the mind, psychological state, and prudence too have any share in that?

Well, with the experience of grief and happiness of hell and heaven, the consequences of previous birth's sins and good deeds should be completed! When those organisms do not have the residue of the consequence of karma of the previous birth (unless some of it left intentionally) that causes rebirth, they would have no possibility to be born as organisms again. So also, in another way, because of salvation, liberation or entrance into the God's world, the number of the organisms of the previous birth systematically, inevitably – mainly in case of human beings, should decrease day by day. But in contrary to that, there is an increase of new births means..., should it be thought, probably, the cause for it is that God itself is creating organisms from time to time and introducing Souls? If that is true..., as those organisms anyway do not have previous birth, there is no chance itself for the residue of previous karma. Therefore,

in those kinds of new organisms certainly there would be only purity of God. It should be indeed like that! For those kinds of organisms, there is no possibility that they would perform bad/sin or virtue concerned karmas (functions), so there would be nothing for them to experience in their life. Therefore, the need of entry into rebirth, hell, and heaven, similarly salvation – liberation would not be there for them in the least then!

The ability to explore for the truth logically and with reasoning should be an evidence for the wisdom and uniqueness of human being.... Ignorance – foolishness blind faith – stupidity and other mental instincts are not appropriate in anyway for the creation of ‘God’ and its eminence. Is ‘Maya’ also present in combination in Brahma (Brahman), which is considered as the origin of the Creation? Or is Brahman caught up in ‘Maya’ itself? Similarly, is the ‘sin’ caused by the ‘Saturn’ in his Creation happening with the knowledge of the Creator – the God? Or is that matter not at all known to God?.....

Is it possible for the presence of revocation for God’s omnipotence and omnipresence?... By chance if there is something of that sort then God itself, for sure, should be the Creator of that also! For the whole creation, there should be indeed only one Creator! Non-duality (monism) is the law of the creation, isn’t it! These are indeed puzzles for investigation...

What is Soul?

“Supreme” Soul – “individual” Soul (*Jeevatmn* – Animated Soul)

“Phantom” Soul (evil spirit) – conscience (*AntarAtma*)

Does the Soul have these many ways? These many names?

Well then, does Soul mean the ‘*Life Force*’? No. Is it mind? No, not. Is it ‘intellect’? Not at all. Then, which should be called the ‘Soul’? That it is not body, to be sure, is indeed known to everybody.

It is said that

Soul is lasting – it is Truth

It does not break – does not get wet

Does not boil – does not burn

It is said that nothing happens to it actually

It is also said that

If body appears – it also appears

If body dies – it does not die

The karma of body – does not reach it

For consequence of karma – it is not responsible

It has no relationship with the ‘succession of births’

It is said that if the microcosmic body, in the consequence of karma of the previous birth macrocosm, takes birth again, and becomes macrocosm, then it (Soul) enters into it. It is said that it stays in it until it dies. Again – Again – the same way!

It is said that when the body – that gives place for Soul – is burnt (after death), this Soul leaves the body and looks for its place?! (Like politicians changing the party)

When one forgets the kindness, we say it ungratefulness. What should this act of Soul be called?

In the procedure of this entire affair, there is another important thing –

When the microcosmic body in which it stayed – that was present with it in previous birth, becomes macrocosmic body in the rebirth, does the same Soul of then enters in this again? When does it do that thing?

If birth is for karma, for what did the Soul reach into this body? It has, for sure, nothing to do with consequence of karma! It need not, for sure, experience it! Then what it has to do with birth – karma? What is it doing being present in the body?

Based on the theory of “cause – effect”, cause is essential for the effect, isn’t it?

If consequence of karma is the cause for rebirth, what is this fate for “Soul”, which has no relationship with anything, and which is beyond everything?

Is the body for the sake of Soul? Or does the Soul enter for the sake of body?

Soul – body; body – Soul; when was the relationship established for these two? Who was the root cause? What was the provocation? How did it start? Why did it happen like that?

Provocation – retention – remedy, will there be any cause – effect relationship for these? There has to be. How? Does the body form with ‘*Life Force*’? Or does the ‘*Life Force*’ exist for the sake of body? This is also indeed an important question!

For *Life Force* – body – Soul – is there any interlink? *Life Force* – body/or body – *Life Force* appear with birth. Leaves with death.

That is indeed a matter known to everybody.

Then why ‘Enter – Exit’ of Soul. How is it happening?

Where – how is the residence of Soul from the time it leaves the body – until it gets the body again?

To leave the dead body, to enter the living body – in this procedure Soul here should have desire, intellect like that of consciousness. Without knowledge (knowing), nothing happens for sure! Moreover, Soul is the representative of Supreme Soul, isn't it! Everything might be known – should be known too! Having known a lot – known everything.

It is reaching karma bound body

What is the reason for this?

People with no need – no habit

Unsure why do they stay in that place!

For those who are not criminals (not staff)

Why do they have imprisonment?

If it is thought that birth is inevitable for the body which conducts karma

For omnipotent, sacred soul

Which has no any relationship, and which is beyond everything

Why “binding – imprisonment” in the body?

It isn't an associate who performs karma, is it!

‘Intellect’ is in accordance with karma – so also, is karma too in accordance with the ‘intellect’? Like this, which one is becoming the cause for which? Well, mind – intellect are not at all the same.

Don't know to which one of these is the karma related to?

Does karma decide ‘good’ – ‘bad’? Does the mind do that thing? Or intellect?

Society – community, what is the role of these in this?

Does the determination of definition of sin – virtue happen in this same process?

What does the order (command) of time and law do? With the change of the determination of the character (spirit) of the age/era, it keeps changing human beings, and God too, doesn't it?

The human intelligence, which can explore the space, can't it recognize its conscience? Doesn't human being, who is researching the secrets of universe, has the potential to examine about himself? For human beings, who are thinking of knowing the origin for the manifestation of universe, is it not their primary duty to know about his beginning and end! Human being, who

does not know what he is, if he runs here and there with the worry of what is what, then how anything can be known completely!

Don't know what *Life Force*, mind are. Doesn't understand how they appear and leave. Except for supposing about God, there is no experience, feeling at all. The Mind, which is immersed in illusion/delusion, except for supposing that God is hearing, and informing about our needs, and sorrows, doesn't know about existence of God. Do the books say the certainty, excepting for make us believe. When ask about the evidence, they say either it is the ignorance of one who ask, or it is actually beyond the understanding, but never say whatever is known for whatever reason.

There are some, which can be known directly, in person. That itself is the material knowledge. There is something, which is understood through experience, that itself is life, indirect method. The feeling says something more, this may be, spirituality, but it is only individual's limit, maturity. Through study, material and objective knowledge can be understood. Experience can be reached by the language. The feeling remains within the limit of thought. Probably experience only for that moment, feeling for longtime, remains in the individual. In the former, with the combination of joy or sorry, dissatisfaction remains all the time. Although such a thing as happiness is relating only to mind – through feeling, one acquires satisfaction and ecstasy. In this state only, peace is usual.

Through the execution of karma, experience, and dissatisfaction, and because of righteous performance, there is a chance of acquiring feeling, ecstasy, satisfaction, and tranquility. Karma for habitual mind, meditation for the spiritual mind would be helpful as the important tools. Skill, and to learn, for performance of karma, and dedication, hard work for spiritual practice are needed.

Whether it is a piece of original matter, or more minute form, its actual entity will be present in it internally. Similarly, the characteristic of the Creator (if present by chance) should be present all over the universe having spread through the entire universe. The entire action and reaction of Creation should be definitely influenced by the Creator. The power and purity of Creator should be present all over the universe. There is no scope for any characteristics, which are either opposite or incomparable to it, to be present in that Creation. But why the experience of life is different to it? Why the natural sacredness of God cannot be seen – especially in human being? Considering Nature as “Maya” and if its influence is supposed to be as the cause for it, so,

that which creates organism is “Maya” but not God. Even so, who is the origin, however, for that “Maya”? Is there no relation to the Creator? Would something, which is not like that also, be in creation of God? Could it be present? By chance if considered it would be there, is it not questioning God’s integrity, omnipotence, omnipresence?

If we agree the existence of Creator, then the karma (object), causer (subject) of that Creation should be the same. “Unity”, is the quality of divinity or metaphysical characteristic. Although human being is only one, mind to have diversity is the physical natural feature of human being, but when the Creator is considered as God then should inevitably have unity of the divinity. Therefore, there is no chance in experience to say that God is only one. If Maya is the origin of Creation, is it possible for organism to live ignoring its Creator? Who has provided the power, which can create organism, to Maya? If it is God itself then might be its inner meaning?

The entity of movement is eternal, not the act of (motion) movement. Thereby when change is inevitable, to consider anything as steady and eternal is simply illusion.

That which remains after death is only entity of movement, but not movement, not its residue also. That entity of movement may be permanent entity of life (bio). Memory is, the characteristic of mind. With death when mind becomes invisible along with body how can only the memory relating to it remain?

If human being, and mind are thought to be different? If the wellbeing of the human being is based on mind, then those things that are possible and those that are not of mind change the situations. If the utilization of material knowledge is proper, then life to a greater extent will be indeed proper.

The provocation of the Nature, which is formed by the five primordial elements, is becoming the cause for the diversity. The life, which has originated because of it, is also following the same method only. Need – time – opportunity (physical) are primary, inevitable for life. As the karma needed for that also has to be performed with same name, with the diversity of trouble and joy, “grief” is remaining mostly for life. The cause for grief – based on religion and philosophy – traditionally previous birth is considered as the cause. When there is a need, it is also expressed habitually. Logically (rationally), this may not be a certainty.

Body (*Life Force*) – mind – soul, these are considered as the parts of organism – principally human being. *Life Force* and mind are indeed inevitable experiences for everybody, so there is no need of special examination for their existence.

Spiritual reflection, regarding the ‘Soul’ itself, had been happening since ancient times. Even so, that as of today, beyond the experience is limited only to faith – belief. Who would have the objection for the personal satisfaction of those who think that they have attained ‘Supreme Wisdom’? Unconcerned with the specification (explanation) called – what is ‘Soul’? Definitions in terms of principles had happened, happening with ‘Soul’ – ‘Supreme Wisdom’, ‘Supreme Soul’ and other exegeses. For the soul, which should have the entity of ‘unity’, uncoordinated theories to say exegeses, to give explanations in such a way that it sounds mutually opposing is happening. “Soul is present – that’s it – it is eternal – beyond the understanding of anything, free from karma” – the thoughts of human are revolving only in this limit. They got the recognition as ‘signs of ignorance’. Logical examination is being considered as crime and contempt of God”. Such a thing as only faith is the only way for human being, is the feeling – in some place command and orders too, of the “wise men”, who are bound to God, and Soul

The intellectuals of spirituality – to propagate – considering with the illusion of self-denial (asceticism) and philosophy – that this physical life is nominal, despicable, and wicked – is something that is happening very commonly, even the common man when in troubles thinks in the same way. That in this contemptible body itself Supreme Soul concerned ‘Soul’ resides and not related with the karma, it would be present as beyond the understanding of everything is something that is indeed considered by everybody. Subject that is indeed preached! For despicability of body – for the eminence of Soul, for nominal lust – for everlasting entity of Soul, for karma containing life – for Soul without karma, unsure that how can there be a match for their association, coordination and agreement? How the companionship of the mutually opposed is possible? Why did that need occur for Soul, or for both of them also? With no human birth, there is zero recognition for other existence. The “Will” having no advantage does not occur for the Supreme Being. Why might have the Creator (whoever, whatever it may be) – who is very eminent, omnipotent, and omnipresent – created something that is useless? How far is it righteous – judicious to label the human birth – which establishes, and by worshiping, gives recognition to existence of the Creator – as wicked and has been created nominally? It is not appropriate for the eminence, and omnipotence of the Creator, is it! For the Soul that is superior to everything, what is the need of the nominal body? What is the need of practice for the sake of ‘freedom from karma’? Although the matter of improvement of the scientific knowledge is kept

aside, is it not the human body, which had caused the human mind of at least some persons, reach the peaks of spirituality? Can that which is nominal (body), explore the everlasting entity, reach it, and have a vision of it? For the entity of 'Supreme Soul' (Universal Soul/Universal Energy) that is eternal consciousness, is not the supremacy of inactiveness of the Soul, which is its microcosm, completely opposing?

For the 'expedition of truth', it is an utmost benefactor. If so, the reasoning should be examined, and implemented in the manner of logical reasoning and reasoning with principle. Usually, in the first one – try to convince just the strength of argument and in the second one proving empirically – are principally present. Although all – the argument (discussion), examination, or researching – are not the same – the results, conclusions, and final remarks obtained thereby, unity with diversity, would be there to some or the other extent. Even so, in the expedition of truth these are, just tools for the practice types. Having a reason would be something different to this.

Cause, Causer/Effector (not doer), action/function, the effect/consequence.... in direct – indirect way this sequence is very natural. That which eyes could see is only the direct. Well, sensation in another way is indeed of the same kind! That means, by coupling thought, with the information from the sensory organs, and by reacting, provocation of mind is becoming the cause for the feeling, performance of karma. In that manner, mind is expressing the feeding matter that is reserved, preserved in it, when needed, in the form of memory. Apart from it, it cannot see the external world directly. So also, it does not wander somewhere else. Mind – with its thought, and discretion, can just 'perform' the understanding – recognition – action – reaction – and others. The 'action' (activity) of mind is limited only to the performance of the understanding of the matter related material knowledge. Thought, even if it is spiritual, the sensorium mind, only in the way of imagination, has the capacity only to grasp (understand) the state of similarity of form. Until then that, in some or the other form is indeed a physical influence only! It is not possible even for eyes, and touch (sensation) to view the form of matter/object, dimensionally, at once completely. For this, degrees of differences of inertial and Bio matter would not be that much.

For all the organisms including man, it is possible to see only the reflective image, of the shape of the object. That too, more than what one can see themselves completely/partially, it is

usual to see only the external world in most part. **Only the reflection of an object can be seen, that is the objectivity.**

Brain is matter (bio matter) only, but the mind, which appears with it, is not related to matter. Even so, it is possible to know, the existence of the matter, through it only. To explain, and develop the matter related, exteriority (materialistic and objective) is only the thing the mind can do. **(The objectivity would either be promoted or innovated through the human mind).** Well, mind with its ‘prudence’ by itself, cannot say about anything, relating to materiality, and spirituality! If in fact, it can say like that, then that what can be known thereby, principally is about I/Me only! If it happens like that, then the result obtained; appropriate answer can be obtained to who am I, and what am I? That which can bring mind to that level is ‘meditation’ – its ascendancy only! ‘Devotion’ within its limit, it has its own expression.

Silence, provides a lot of energy to mind. It can create the microcosm of the ‘intellect’ also. It can provide the steady instinct and skill of deliberation to human being. **Taciturnity does give the tact of fact and acts intractability.** If so, just not speaking should not be considered as silence indeed! **(The transitory transference of thoughts never be the reticency).** In the method of, demonstration (expression) of thoughts, to read, to talk, to see, expression of feeling, and liberty of thought/feeling, in an indirect way, continuously happens in the mind. Just because there is no visibility, it cannot be considered as silence. If **(the concentration of thought through the contemplation)** is considered as the benefit of silence, there is a possibility of achieving that state through meditation.

To say, to suppose – that even the human being who is bound by karma and birth also has some ‘freedom’ to some extent, and that by performing good deeds through that, by attaining God’s grace through devotion thereby, by obtaining liberation from karma, one can acquire salvation by crossing the succession of births – is indeed common! How was this limitation of freedom caused to human being? So also, if human being had complete freedom in the beginning, what is the cause – effect that brought it into a limit, by losing it? Is there God’s involvement in this? Did it happen like that without the knowledge of God? Did the God’s Creation to lose its way, or to cause it to lose its way, happened with the Creator’s knowledge or he didn’t know about it at all? In the construction of a sentence, subject – object – act, subject – act – object will be in serial order. Even though this is usual method, though there is no subject – object (that which obtains the consequence of act) (transitive – intransitive) on some occasions,

meaning is expressed, merely, with the use of only act. In the same way, subject – object – by means of changing their positions in the beginning and end of the sentence (Active voice and Passive voice) also, meaning of the sentence will be completed. This is indeed not the ‘howl’ of that grammar in this philosophy! In the process of cause – karma – result, in the expression of subject – object – act, this is just an effort to explain the position of mind.... If language acquires the purity of grammar – mind acquires the purity of thought/feeling, then evil/sin for defilement of act (karma) will be perished.

If the present birth is intended, for experiencing the consequences of karma of previous birth, through the experience, of the consequence of the actions, performed by the doer (causer) of this birth, does it end with that? Similar to, the consequence of karma of previous birth is the cause for present birth, and quantities and qualities, of its performance.... is it the reason for the death too? Well, if that is true, then with the death of the individual, previous birth karma should be completed with no residue! By chance, by performing new acts, if some more new consequence of the karma is added to the old one, if supposed that one more birth is required for this, if ‘beyond karma’ freedom is really present for organism – especially for human beings, then there is a chance that every human being, who desires for the liberation from the succession of birth, by taking precautions before hand and with the ‘freedom’ he has, can root-out (eliminate) the consequences of karma only with one birth. If the sins of karma are abolished through worshipping God, if it is supposed that there is no need of any other good deeds through human being, then the number of those who have no devotion to God, and those who don’t worship constantly would be very less only. According to the priority of those who perform prayers, the number of those, who gratify God and earn the worthiness (eligibility) for salvation, should be the largest. Very wicked persons – public tormentors also, if die in the hands of God, then for those kinds of people, with the cessation of need of rebirth, good fortune of rehabilitation either in God, or in the God’s world. In that way, entering into the list of sacred people as chaste and virtuous wives, tolerating the suffering with the husbands, surmounting in their service, if live like woman servant or slave and die in their hands itself... for them also... is it freedom from rebirth only? Meaning for holiness – eligibility for salvation – is it just gratifying God? Or is it also in hurting and some or the other way dying through them only? This for the Omnipresence, Omnipotence, Omniscience, and Omniparity of the God is indeed a question mark! **It is a quandary of the Omnifarious Almighty or the Absolute?**

‘Rama Kills Ravana’.... Well, as an example for a topic of grammar, this is an old one only! Even so, only because it would be easy to use it for explaining subject – object – act, this is mentioned! If the meaning of this sentence is examined, mind (we cannot say soul) of Rama, through Rama, had caused to kill Ravana. If so, in this, how much is the involvement of Ravana’s mind? Did Ravana had to die just because of the sin/evil done by Ravana’s mind with the abduction of Sita (Much decency had been maintained?) (Reason for Rama’s birth?) If that is true then either good, or bad, did the consequences of acts/actions of Ravana’s life, which happened until then, ended with the killing of the Devil by Rama? It is only salvation for those, who are killed (including the story of *NarakAsura*) in the hands of God, isn’t it! It is only salvation for those who die in the battlefield, isn’t it! The matter that those die in the battlefield acquire heroic heaven also has to be, for sure, combined with this and seen!

What benefit did Rama’s mind acquire through the act/action of killing Ravana? If everything is completed with Sita’s opportune arrival itself? Rama’s mind, which had doubted Sita’s character, in completing ‘activity of purity’ by means of causing her enter into the fire, it is as if causing suspicion to the faith that Vishnu himself had incarnated as Rama, to the faith that Rama is God and the Omniscience of that God, isn’t it! After that, it has to be considered as if conducting activity of purity, peace, and establishments of Ramalingeswara for the sin/crime of slaying of a Brahmin (with the killing of Ravana, did the slaying of a Brahmin occur! If that is true.... then Ravana, who is the son of Pulastya Brahma, and his brothers, should not be devils then! If it is considered, this is just an ‘ancient’ story for sure, then no question at all!). Incarnated God, and Sita who had a miraculous (not born in womb) birth (faith?), caught hold of evils of human society means..., for that, remedial attempts had been done means.... unsure indeed!!!! For the abduction of Sita – the chaste and virtuous wife, by means of other (Ravana) male, to prove her undefiled character, by means of the test of entering into fire, as a woman about to give birth, parting from husband, and for going into forest, is there any, previous birth consequence of karma of her? So also, for Rama’s distress, Sita’s affliction, we cannot say it as the troubles of births and karmas, related to previous birth, can we!

In another way, if considered in an investigative way, if the incarnation of Ayodhya Rama was intended only for the killing of Ravana Brahma.... eminent opportunity (occasion), instigation of religious sacrifice desiring the birth of a son and thereafter Dasaratha – Kaykay (Mandhara) – stay in the forest and account of Shurpanaka – hunt for (golden) deer – abduction

of Sita – killing of Ravana...., this whole process and procedure that is designated by fate should be known to Rama, who is the very incarnation of Vishnu, earlier itself. In practice and experience, it does not look like that. If it has to be supposed, “Why is it not known to Rama, who is the God himself, He knows everything earlier itself; that everything is the play of God”.... then in execution of duty, who are the culprits? For whom is the punishment? What for is the remorse? The affair of, Pulastya (one of the nine Brahmins) Brahma offspring, becoming devils and position of *KubEra*, the death of Ravana Brahma in battle field to cause to befall the sin of killing Ravana Brahma to Rama – for compensation (religious sacrifice), installations of Ramalingeshwara – all these, should be examined, carefully. If examined with a view of true criticism, along with Sita and Rama, for Lakshmana leaving off his sleep and food and experiencing the distress of stay in the forest for fourteen years along with Sita and Rama, and for Urmila for the fortune of long separation from the husband, can we consider their brotherly love – duty of chaste and virtuous wife respectively as the causes? Or can we imagine the influence of the consequence of karma of their previous-birth for that? (It ought to be recognized that the mention of individuals is only to the extent of understanding the subject). So also (with ancient belief), pig form of Vishnu – Goddess of Earth and Narakasura (son of Goddess Earth) – incarnation of Srikrishna – conduct of war by Satyabhama, slaughter of Narakasura and salvation for Narakasura. In this order birth – karma – instinct – fate – duty – and others, for those, examination of entity (true nature) is necessary. For one who is exploring for truth, this is, needed for sure!

Here, the mention of Rama – Sita – God – Ravana – other characters from Ramayana, is only for the explanation of the subject, but not at all with a vision and view of negative criticism. As a fact of matter, in expedition of truth, there is no need of those aversions in the least; no place at all for partiality. For any action, some or the other consequence is inevitable. For a bridge, there is a reason. Similarly, for karma there is an effect, for effect, there will be cause too.... Is ‘need’ important for that or is it the provocation of the previous birth? Or, in the whirling of cause – effect and karma – (causer), is such a thing as birth – karma – birth acting, as reason, as bridge? In this, if the first one; for Creation as ‘duty’; as law, for Nature, is considered as very usual, as a doer for the process of the performance of it that has to happen after that, to what extent is the role of the individual? With the action – reaction of the senses, mind through body is causing to execute karma. Or, it is getting the work performed. Those that are provoking

it (mind) like that are, for sure, the sense organs itself, which are external, physical body parts! That which experiences suffering – happiness; comfort – sorrow and others, is it body directly? Or, is it mind that causes the body to do like that? Or is it, particularly, sense organs? By chance, by making the invisible mind itself, as responsible and causer, for the karma, and by causing the consequence of karma to belong to it, thereby is it possible, to cause that experience to it in an appropriate manner? Actually, who should do that work? It is not ‘Self’, is it!

Is it completely, justifiable, to make the mind as the causer for the dual, pairs of opposite behavior having good/bad, and trouble – comfort, for the material unpleasant consequences, and to say that, that itself has to experience those consequences? Similar to saying – ‘My’ body.... some other invisible power or foreign body, saying ‘My’ mind is behaving as owner for the mind, isn’t it! What might, it be? Should it be considered that some, consequence of karma of previous birth, itself, is controlling (regulating) the entity, nature of sense organs, which provoke the mind? So also, since senses provoked mind is preparing the body for karma, in body and mind – who should acquire the consequence of the karma? If it is like that, is it not justified for the consequence of the karma to reach the ‘Self’ (my)? Even if it is supposed like that also, the matter of ‘Self’ is to be known. If the existence of ‘Soul’, in body, is believed, probably that also may be owned by ‘Self’ only! Because, similar to ‘My’ body, ‘My’ mind, to say ‘My’ soul is also indeed a known, experience to everybody for sure! Until the existence of the ‘Self’, which is behaving like an owner to all, is not known clearly, it is not possible to cause to reach the relationship involving karma to it.

By chance, if ‘Self’ – considering it as an indication of ego – even if is left with that, then the question that, which should experience the consequence of the karma remains as it is. It is justifiable only for the doer (causer) relating to the karma to experience it. What is that, which acquires the fortune of after-death imaginative hell and heaven, including the physical related consequences of karma, and experiences them? So also, what is that which desires for the fortune of acquiring salvation, and if possible acquires that state? Should it be supposed as Soul – mind – or, ‘Self’ that is considered as an indication of ego? Or apart from these, does something else have relation to it? If reflect with the feeling that Soul is (beyond) free of karma, then it should have no relationship at all with the consequence of the karma. Next, in connection with performance of karma, those, which are in experience, in direct – indirect way, are indeed body – mind only! Therefore, either one of these, or both of them have to experience the consequence of

karma. If an argument – “what role do I have”? Only when the mind ordered, for sure, that performance of karma happened through me. How am I concerned with its consequence? – is heard on behalf of the body..., then since everybody, anyways, consider that ‘body is a nominal tool’, the mind itself, which orders body to perform karma, has to obtain the consequence of that karma. As rightly said by the body, since mind has authoritative control on everything related to it, it is inevitable for it to accept the consequences of the actions occurred through it. If seen this way, really, it is inevitable for it to accept the consequence of karma. If seen this way, is it really that the mind is experiencing the consequence of karma? By chance, if that is true, what kind of mind is that? To what is that mind related? Is it the mind that is supposed to be entering the new body in the form of microcosmic body as a ‘code’? Or is a new mind formed, for this birth separately? In the same way, with the belief of rebirth, will another new mind form for it in the future? Well then, who are those who are performing all these? Creation and Nature, which have principled regulation, cannot behave contrary to that, can they! Usually executors of the action, indeed cannot become the direct causers of karma! According to the principles of karma, it is clear that karma itself is deciding the birth and birth itself is performing the karma. In that kind of state, who is supervising and regulating it? Such a thing as “by itself” is possible only for ‘self-existent’ so there should be something else for that sake.

Mind by itself will not, cannot do anything. There is no explicit (clear) existence, for it. How can mind, which is formed as a result of incitation of senses and because of action of brain, have its ‘own’ steadiness? Except for the reaction, to the action of senses, and memory, it does not have any other active independence. Therefore, by executing functioning suitable to that point of time from time to time with action, and reaction and provocations, and with objective sense, and by acquiring experience in the path of thought with the tract, in its memory, it has just, its expression. If that itself is considered to be the causer for the karma.... then that itself should experience the consequence of that karma. If so, similar to the Jeevatmn goes outside with the death of the body, mind also with its action and memory becomes invisible, so, how is the inheritance for the residue of consequence of karma, and for rebirth (**Metempsychosis**) then!..... In this situation only, there would be the mention of ‘microcosmic body’. There is description regarding to this in the previous pages so, please take notice of it. Since along with the body mind is also not permanent, the relationship between it and the microcosmic body should be explored. By chance if it is thought that mind itself, changes into microcosmic body, and in the

succession of births, that itself remains, then the inseparable relationship (integral connection) between the eternity of Soul and steadiness of mind, and difference between them should be studied in depth with complete reflection of truth. If that is needed.... then about Soul – mind, what exactly are they, including with the definitions and explanations, has to be examined in some other angle. So also, will there be any ‘end’ to the beginning, and competency of those two?.... To what extent are their boundaries and limits? Is there such a thing as “ending” for the beginning, of their ascendancy anywhere? Or are they abrupt discoveries? In this way, many? interrogative examination, research should be done. It is just not only logic indeed! There will be, for sure, involvement of Soul in the ascendancy of mind – and Supreme Soul in the infinity of Soul! That in that way is inevitable! Another thing! By chance if it is thought that the ‘microcosmic body’, in the form of “code”, carefully preserves the consequence of the karma of the previous birth.... if the experience of material knowledge also, which was the cause or needed for the performance of karma of then, is not present (as evidence) with itself.... then that memory of karma may not be possible. What is the basis for ‘memory’?

The quantities and qualities of the tools suitable to the purpose, should be supplied (arranged) appropriately. For their execution, suitable expertise and the need of performers is very much required. If it is supposed that the mind of previous birth itself converts the residue of consequence of karma, which is present at the end of life, into ‘code’, securely embeds it within itself, and the same mind of then changes into a microcosmic body, what might be the ‘process’ for happening like that? If this itself were the cause (the ‘possibility’ and ‘impossibility’ of rebirth has been discussed in the previous pages) for next birth, the ‘code’ of microcosmic body related to past birth would be simply ‘decoded’ in the rebirth then! In that way, another birth’s macrocosmic body, related mind, which has the same decoded code, must follow that itself. How can there be entrance of another foreign matter (subject), involvement into it? Is this ‘code-decode’ method related to microcosmic body practicable, for natural deaths? By chance, if the matter of human beings is exempted, is this possible for the living organisms which, with the permission of nature, have learnt only to live? Is the ‘formula’ of microcosmic body limited only to the human birth? Is the need of succession of births also, restricted only to human beings? The mind – that appears as the result of action and reaction of the senses incited sensorium mind, with only sensorium related body performance, it has its way and actions completely as physical mind only. (Mind and the divisional analysis relating to it are in the previous pages) Some kind

of, difference and change, should be inevitably present for the physical mind related to macrocosmic body, and for the mind beyond materiality. Similar to providing education, to the natural (physical) mind.... in the paths of spiritual learning and practice, the physical mind itself, should be transformed into the spiritual mind, for that it should be primarily caused to transform into 'The Mind of Moral Sanctity'. The same is the process of meditation/*Dhyana Yoga*; path of devotion/*Bhakti Yoga*.

The human mind, which can explain the knowledge of Vedas with various exegeses and with the comments of Upanishad, and with philosophical, viewpoints, and having the wisdom, which can proclaim the eminence of the human species.... by combining technology, with science, thereby shortening the time, and distance day by day, the same human mind, which is proving the uniqueness of human birth with the great intelligence that is carrying on the exploration of the entire universe.... with man slaughters, exploitations and cheating, and religious mania (insanity) by paying tributes to the moralityless lives, to have baseness (wickedness) such that as if animal lives itself are better.... is it an example (evidence) for mutually opposing Nature? Even so, can we say that human mind does not have the (civility) culture to welcome goodness, and change?

If a proper coordination between the progress in materiality and spiritual eminence, is possible.... with the mutual cooperation of both of them, the human mind can acquire uniqueness. **(Then it becomes the mind of moral sanctity)** While the knowledge of physical sciences is traveling into space.... in the same way, with progress, spirituality to descend down to earth, should become the law of knowledge of the Creation. Only then will both of them would get face to face, amiable welcome and felicitation. It would be easy for them to conduct good deeds mutually.... If the knowledge – meditation becomes one, at least stop opposing each other and come into good terms, then what good, which cannot be done with them to human being, would be there.

Matter – changing into material – object (article), after that, though it is utilized.... in whatever way its quantities and qualities may be, it remains as (scrap) matter only. That means, matter because of changes occurred to it, it has unsteady permanence only. This is the matter relating to the inertial matter (material object). Material body/physique also, (Bio) matter related only! **(Composed of five elements is the body)**. From the state of fertilization – because of growth, that in different stages, undergoing change in suitability to age, although that growth

ceases, at a certain stage, acquiring the stage of decline, in the old age, with death gradually, although as a dead body it gets dilapidated (decayed), and loses its form, until then, in that, in some or the other form and in some or the other way, there is Bio matter only.... So also..., mind too! Mind – appearing with the feeling of *Life Force*, though it acquires the required nature/quality from time to time, until the end, in some or the other form, it is present with life only. Performing, the ‘function’ required, in a suitable way to the surroundings and circumstances, that by developing with that experience..., although it acquires most eminent state... or although reaches the meanest position, it is being present with life itself as mind only, and in the manner of *Life Force* only..... With the appearance of body, beginning along with that itself and although has sensual instinct, if the mind is left, in its physical/natural/bodily state itself, it may be limited only with the bodily related performance of life. Instead, if it can be caused to develop in another way of education – science – spirituality and others.... in suitable way to that it has a chance, possibility that it may also reach a state of ‘beyond the instinctive nature’ and ‘beyond the senses’. If the mind can be educated – innovated – culminated – transcended like that, in the same way it can reach to an appropriate stage for it. So also.... if mind can be cultivated and cultured with the practice of devotion – meditation – yoga, if methods appropriate for it are followed in those various different stages.... then the natural/physical/materialistic/sensuous mind itself, in the path of spirituality, gradually, ascending as civil mind – The Mind of Moral Sanctity – spiritual consciousness/Self – Conscience and Spiritual Soul! – Divine Mind – Universal Soul – The Supreme Soul/Almighty/Absolute, and surpassing its initial natural, material – spiritual states, it finally merges with the Supreme Soul.... Dhyana-prasthan.... is the path for Divinity. Devotion and ascension – in any way, one can travel in that path. Yoga method may be another one. The limitation of practice itself – is the boundary for success indeed!

Nevertheless Notwithstanding (Besides) both the positiveness and the negation are being seen contradictory, they are transitory, transilient and transferable. So the mind is to be transcended to the reality.

For everything, which has materialness, there is a limit. Infinity is, only for the origin of Universe (The Mother Universe/Nucleus of the energy)! So also, there is a boundary for pervasion. That which is in between the boundaries itself, is ‘The Space’. For liquid – solid

matter and its expansion, there will be a limited occupation. The same should be considered as the place/location/existence.

The understanding potential of the human mind – which has corporeal limit – would be in accordance with their level, state of its intelligence, wisdom, and others only. Incorporeal continuity – eternalness – truthfulness, for the human mind, is indeed the form beyond the understanding! For that very reason, incorporeal divinity has been established as corporeal God (**Phyitheism**). Those incarnated forms (representatives of God), sanctifying their human mind with their divineness, bringing into experience by following human form, and superhuman life, are living among human beings as ideal and important persons with mind beyond materiality, spiritual, and divine conscious mind. For example, execution of life of Sri Ram, is it the instinctive nature of human mind, or influenced by divine component related to Vishnu? Each one of them is separate indeed! As a matter of fact, in both of these, none of them, separately. Rama's was a divine, compassionate mind only! The same, from the point of view of society, is "The Mind of Moral Sanctity"! This is what the human beings have to accustom and follow. Rama's aim of incarnation and aim of ideal life, probably, is only this indeed!

For divinity, with attribution of corporeal form (**Phyitheism**), either in the system of philosophy, or based on religion, there is appearance of forms of Gods/Goddesses. As duality for Creation, diversity for Nature is also natural, following them only, the life is continuing with various types of diversification (fragment/fragmentation). God – religion also, in the same way, is expanding, spreading as various branches and sub-branches. Even so, like matter and mind, in materiality, and spirituality also, following the principle of diversity of unity – unity of diversity, the same divineness and divinity is hidden as humanity in human being, as *Life Force* in organism, and present everywhere. Addition – change are indeed external only! So also *Life Force* – divineness are one and the same!

This truth, if understood comprehensively, analogically then vision of truth itself.... is complete spiritual philosophical wisdom. **The spiritual integrity is of the peery and the plenary Jnana.**

Let it be enunciated; 'Sine dubio'

**The meta morphose / the meta morphosis, is differ to the
Metem – psychosis. So also in case of the Transmorphism,
And the Trans substantiation.....**

The same with the Phyithesim and the Incarnation.

MEDITATION

Pairs of opposite (duality), is the property of the matter of Nature. More or less, life is also the same! The principle of movement of the formation of universe too is the same! The spiritual side, which the human mind has, also should be examined. This predominantly is, relating to the self-mind channel. This self-mind itself, through spiritual practice, and meditation, in accordance with those various stages, ascending as Spiritual Consciousness, Spiritual Soul, Divine Soul, reaching Universal Soul, merges and absorbs with the Supreme Soul (The Almighty). The same state, in accordance with those various spiritual entities of mental perception, and understanding may be referred to with different names.

Usually without 'wish', there would be no contemplation. Contemplation – duty (righteousness) – meditation, this is a sequence, this may be required also for life! Duty means practical, labor/work/action, and achievement of result related to it! If so, if the 'wish' with no boundary and need changes into contemplation, then it destroys the individuality of individual, and finally may destroy the existence of individual itself. So, however natural the wish, contemplation may be for life, control, cutback on them is necessary.

If so, there is uniqueness for meditation. With different ways, and stages, the results obtained thereby have diversification of characteristics (entities) in various ways. For example, 'Yoga' related meditation principally, gives good result for the body in the path of health. So also, concentrative meditation.... contemplative meditation – technique of meditation having objectivity, and abstractive base meditation, meditation having absorption motivity.... (in the same way), spiritual related meditation.... in this way, the techniques, processes of meditation relating with materialistic sense and with sensorium mind, provide results at the level relating to them.

The practice attempt to change the mind – which has widespread instability because of constant fragmentation to different sides with diverse sights with thoughts and with feelings – as the mind of point steadiness and concentrated (centralized) utmost microcosm, itself, is the physical meditation. This is primary. In the order of ascension, firstly as a thoughtless mind and dot (objective form) less mind – visible mind – invisible mind – (that means, without memory of physical experience) – spiritual mind (in this state, feeling beyond materiality starts) and as the mind with feeling of Self (soul) – philosophical, vision of soul mind – soul – (feeling of divineness and divine Supreme Soul/Divinity) – as the feeling, of vision – feeling of bliss – in

the order of increased bliss – supreme happiness.... ascension.... merging with the Universal Soul, as the final stage.... Dhyana-prasthan continues. Various religions, philosophical forums preach this most eminent state of feeling (experience) of soul itself, as liberation – salvation – nirvana – fortune of next world....

"Nirvana" is indeed is not after that or after the end of physical life! This 'nirvana' with our own body itself, in the path of, spiritualizing the physical and senses influenced mind and achieving divinity to it through 'Dhyana-prasthan, itself, experience, feeling, rapture and eternity of unity with the Supreme Soul can be obtained.

Through the process of consolidation (with respiration) of the air (oxygen) that is spread all over, we are obtaining oxygen and making it as the basis (support) for our life. The same air through compression and condensation we are acquiring technological advantage. So also, there may also be a chance, for sure, to invite or store the ubiquitous (all-pervading) Universal Energy with the mind!!! Through proper practice, mind can be made energetic for that, can't it be!! Not from the perspective of conduct of physical life, but when examined.... attempted.... with a vision beyond materiality.... achievement of this Universal Energy may also be possible. Attempt may be made about the primary arrangements needed for that.

If the materialistic Mind is to be saturated or culminated by means of Cosmic (Spiritual/Vibrative) Meditation it may have the chance of achieving the Divine Channel through the 'SPIRITUAL SOUL' achieved.

In the execution of life, that which makes the mind to work is the sensory instigation itself! That which can make the mind energetic in a process beyond the senses is "meditation"....

We work to live, work hard for development (progress), practice, for uniqueness, should meditate for eminence, and most eminent state

For the body that is composed of five elements (nature), their in and out itself are becoming the basis for its existence (*Life Force*, ill health). The influence of their increase and decrease shows influence on the existence of body (life). Physical mind (which is the part of the body) cannot be beyond it. As a result of it, body – mind complete their life within the limit of the Nature itself. To have uniqueness differently, superior, energetic to this, "meditation" would be necessary. To accustom or habituate (cultivate) this would be safe.

The entry of oxygen into the blood through the process of respiration is very much important for the existence of life (body). This oxygen, helping the state – movement of the cell,

develops the *Life Force* (Vital Power). This is very much necessary for the action/response of mind. This – energizing the mind through practice, can ascend it to a state beyond the senses. Meditation is very much necessary for the progress of this “ascendancy”. With the energy acquired by the mind through meditation, on stimulation of the ‘Vital Power’, assisting for the health can make the body immune for diseases. When the meditation spiritualizes, in the path of spirituality, one can reach Divinity. Instead, by means of the meditation, which restricts the mind only to consciousness, one can achieve healthy body, mental peace, self-confidence, and independent personality.

If an "obstacle" were built for the flow then it would be beneficial for the yield. If a ‘limit’ can be kept for the speed (rush) of the thoughts, then there would be decrease in exertion for the mind. If the density increases, gravity increases. If there is an increase in pressure, then there is production of heat. So also, if the mind were churned through meditation then there would be an increase in power of thought (mental strength). The power of thought can touch (contact) the Universal Energy (Universal Soul).

With the physical strength, we can bear the physical weight. With mental strength (willpower), we can tolerate the pressures in life, and surpass them easily. Self-confidence and self-ability should be important for individual.

If materiality is, to live, what for is this state of confusion about spirituality? “State of confusion” and comfort. Spirituality is only for knowing the actual matter in the form of truth. In the boundary of materiality, physical life is limited, and incomplete, for that very reason dissatisfaction, and restlessness always chase the life. To get rid of them, another path, which is beyond and unrelated to materiality is needed for life. The same is spirituality. God is indeed the leader for the religion, but karma for mind is not like that. Mind belongs to organism, human being. Walking us into troubles, relieving us from them, that is what which carry on the life with an equal combination of joy and sorrow. Human being is the owner for her/his mind. The wish of the owner gives indications to the mind. Mind performs in a suitable manner. The progress of life would be in accordance with the quantities and qualities of the “wish”. When that “wish” becomes materialistic, mind also carries on its life in that manner only. The result suitable to that “action” will be in experience. When it is spirituality, this process would be different. Usually the physical mind has narrowness, and righteous mind (Spiritual) has broadness. There is always a discomfort in narrowness. The comfort in broadness is indeed as experience for everybody.

“Mind” and the way it leads are like this only. Supposing mind to be spiritual is not a complete feeling. Anything that has “limit” is, for sure, “finite”. Spirituality is beyond it.

Materiality, spirituality – these two are the two sides to the coin of life. None of these can be denied. If denied, to that extent that is simply incomplete, meaningless. In day, and night, which of these can be denied? Each one of it experiences its time. The starting point, only if it joins with the beginning again then it is ‘circle’. That which is not like that would be only a line. Only if three more lines join the line, to that extent there appears a shape for it. Even so, it indeed has “angles” (corners) in it. The merger of points is a circle, so there is no need of involvement of a “corner” at all. Combination of lines is life. Union of points is salvation. What do you say?

If this itself, as physical and spiritual microcosm, are considered keenly, with some more, “*Yogic*” vision (obtained by devotion, superhuman sagacity or perspicacity) then even materiality.... indeed is the union of points only. Although the circle is fit within the boundaries of the lines, and although the frame of the lines cover (pervade/surround) to the extent of the diameter of the circle, angles completely, and the sides to some extent will be left outside and inside. Only when each one of them has their own significance, they have their existence and completeness (perfection). That which decides the perimeter, and expansion of the circle, figuratively, for the sculpture of life is diameter (D) itself. This is a “line” indeed. That means, so even for the circle, line is inevitable. Even for the union of the points the line decides the limit. For that very reason, point is inevitable for line. Inseparable relationship (integral connection). Material, and spiritual bondage, relationship, for sure, may be of the same type only! What may be? This is that. That is this. Female, male, which of these can be denied for life, production? If not for life, union of egg and sperm, in some or the other form, for sure, is inevitable for reproduction. Although seen separately, existence (presence) and union is inevitable at some or the other time. Well, the need is of like that then. The decision of materiality and spirituality will be in accordance with their need, and opportunities. Age would also be of some assistance to it for sure. Roundabout each one of it has its own need. The cooperation of both of them is indeed needed for life. To adopt (follow) the material and spiritual way of life is also of the same type. Side vision is not beneficial. It is not a sign of completeness. The material knowledge required for the performance of functions in the physical life, can be acquired through education, and because of experience. But in the system of spirituality, meditation is required for practice. Similar to, the thought and understanding are required for material technical knowledge, to

subtilize the limit of thought, is the act of practice that has to happen in meditation. Similar to, the requirement of feeling (thought) for language, absence of feeling (thought) is required for the perfection of meditation. The difference for “beyond the feeling (thought)”, “absence of the feeling (thought)” has to be indeed recognized. One should be able to observe what happens in Trans, either “beyond the feeling (thought)” or “absence of the feeling (thought)”. As a matter of fact, neither of these have completeness. “Subtilization of the feeling (thought)” is the basis for the objective of meditation. “Micro – pervasion – micro” is the law of movement of universe. It is the feature of the formation of the matter too. “Beyond” means, there should be something after that. Beyond the senses means there should be some or the other state that is, for sure, above the power of senses. “Nihilism” is completely opposite to the law of universe. In any state, “existence” is essential. Mind for pervasion (in materialistic sense), and meditation for subtilization may be considered as the tools. Both of these are just the instigative causes for physical and spiritual life. The mind acquired by birth has its existence as physical mind through karma, and spiritual mind because of meditation.

The method of ascension of the instinctive mind acquired by birth, to a “known” physical mind through education and through material knowledge, to spiritual mind through physical meditation, to conscience through spiritual meditation, to divine mind (soul) through divine meditation is defined in principle as Dhyana-prasthan. The ascension of mind as different stages, in the order of progression of type of meditation in stages, itself, is the objective of this method. The ordinary physical mind to ascend to the state of ‘Universal Soul’, itself, is the completeness of Dhyana-prasthan. In accordance with the stages of ascension, the adoption, and experience of the related results would be of different ways.

Aspiration, opportunity, practice, dedication.... the suitabilities of body, mind and others, decide the results of Dhyana-prasthan. Physical, mental, spiritual; joy, peace, happiness, rapture, and others depend on the method of achievement by mind through meditation. Even so, beginning with the first lesson in alphabet, if how to put them together is learnt, then there would be a way for the knowledge of language. That itself would show the way forward for the acquisition of education. That may progress to any level or may come to an end. Even so, they are, for sure, some or the other type of educated to that extent. So also with the beginning of meditation, the Dhyana-prasthan continues. In different stages, it gives results in suitability to

that. If careful, the sprouted seed, for sure, would never go waste. Make an attempt, the result will be along with it only. To acquire it is our birthright as human beings.

The ascension – which causes to continue the ascension of Nature related mind towards spiritual conscience, causes to transform it as ‘Soul’ and continues until causing it to reach Universal Soul – is Dhyana-prasthan, which concludes with that. As an initial activity for it, one should practice physical meditation.

What is meditation? If it has to be said concisely, it is to make the mind thoughtless at a particular point of time. Thereby, decreasing the number of thoughts and their burden to the mind in other times also, and limiting it only to the extent of necessity.

This is the shunting – hunting done by the physical mind. Similar to, tying a controlling rope or rein to the nose of young bull, if restraint were tied to the mouth of the mind then it would indeed stay calm. Lion – that is addicted for human flesh, if kept in a cage – even children can walk around it and see leisurely.

To control the mind, which is addicted for excessive freedom, in a suitable manner, in a way wanted, and to avoid the inconveniences, discomforts, troubles, losses, and sorrows thereby, “meditation” is a good tool.

Meditation, contemplation are not the same. Absentmindedness is not something that is relating to this. To concentrate on any one thought may be ‘contemplation’. But making sure that there is no scope for existence of any thought itself is ‘meditation’.

If the things/items in the room are filled until the doorway, the entry into room itself will be impossible. If they can be arranged according to the need and priority then it is not necessary to hurt hands, and legs each time one moves. As a matter of fact, if the grandiose is chased out, and only that considered necessary are kept, home will not be a super market with the things/items – it will not be a grocery store at all.

So also, if the needless thoughts occupy the mind like flood, rest and peace cannot be obtained. As a result, there would be chance for things like mental pressure, tension and depression. Similar to, the difficulty to walk between the things that have left no space, mind that is sunk in the thoughts cannot be free, steady, and comfortable. Therefore, in the mind, if given scope only for thoughts that are needed, life would be joyous.

Simplicity gives an ample comfort; but never be a simpleton...

Meditation provides energy to mind. This is being followed in many ways. Anyway, the objective of meditation, however, should be – to turn into **‘shake thought proof’**, be energetic (powerful), and provide comfort to life.

In physical meditation, to attain coordination of body, and mind should be the aim. It should be able to provide rest, peace, and health to the daily life. This should be a need, and practicable to all. In this, principally – one has to follow breathing exercises primarily. We are respiring involuntarily continuously, aren't we.... true indeed! That is law of natural life's.... daily activity. If an orderly manner is caused to it then it will be controlled breathing. This is the activity of practice. While in the usual respiration *'Life Force'* is delivered to all over the body, through controlled breathing, mind (principally) would acquire comfort and calm. Because of availability of more oxygen, mind would be serene.

In this, the first method itself – which could provide solutions to problems of mind, and body relating to life – will be available for implementation, and adoption. With the experience and worthiness achieved thereby, one can follow spiritual related meditation. Matured (transformed) level of practice is needed for that. For that, “Cosmic” or “Spiritual Meditation” is beneficial.....

Through physical meditation – to strengthen the sensorium related mind, and improve self-confidence and thereby one can regulate or systemize the state of body. By developing the disease fighting capacity (immunity) of body, and mind, the physical comfort, and mental peace can be obtained.

If so, when the fingerprints itself are different, and when shapes of the face itself are seen as multy, the entities of the body, mental instincts, and appearances to have diversity is natural. Their individual psychological states will be in appropriateness to it only.

By identifying the true nature of disease, if appropriate medicine is prescribed through proper diagnosis then the disease would be cured. So also, by understanding the personality, feature of the body thoroughly, if the technique of meditation (in physical body life related technique of meditation also, there are numerous ways) that is appropriate to it is decided and implemented then the result would be positive (not blood positive). In any sector, anything, same method, technique is not possible for all collectively. Usually, good results, for those suitable, and for those not like that either opposite results or no results may also be obtained. Therefore, one should choose suitable technique of meditation and implement it sincerely. To make good

use of the opportunity and to enjoy the comfort of life by getting rid of their individual bodily ill health, mental worries, and weaknesses using the mental strength they have achieved is a good thing....

Matter – in whichever form it may be, it has a limit, so it is finite. Energy – in whatever form, quantity it may be, it is all-pervading, so it is infinite.

The experience of life related to finite, infinitude also has almost same type of narrowness and broadness. If we recognize the first as ‘materialistic’, and second as ‘spiritual’ characteristic, then the order of their importance will be also understood. ‘Thought’ belongs to the first, and ‘meditation’ to the second. Both of these are useful for life.

Meditation makes the Mind wake (awake) to be alert, active and aware in order to get the stability, ability and serenity.

For what is the meditation useful? For mind, and its development, what about for body then...? Useful for that too! To provide good health, and to lead the life in a proper manner, joyously, comfortably, and to preserve with sweetness.

If there is one less to hundred then it would be only ninety-nine, wouldn't it be! In democracy, win is only for hundred, if there is one less and get ninety-nine then! So also, only if spirituality joins, life acquires perfection. If so, only if there is ninety-nine, ‘one’ joins it – and makes it hundred. For hundred, this itself is the importance of ninety-nine! Like the significance of ‘one’ only!

If the life – that means in the physical related way – is brought until ninety-nine, and leave it like that, then it cannot become hundred (completely). Therefore, adding spirituality (one) to it, one should bring-about completeness in life. Thereby it should be provided the eligibility (worthiness) to reach divinity.

If the meditation reaches the stage of ecstasy, the response of senses reaches the sixth sense, and experience of Self (soul) is caused in the way beyond the understanding of mind. With ecstasy, one can have the fortune of attaining theosophy. Mind becomes invisible.

The process of transformation of life, which starts with start of journey of birth..., modifying as Dhyana-prasthan.... as spiritual ascension, changing its stage.... establishing as divine ascension.... with merger with the Universal Soul.... the journey of life comes to an end. Whomever, and with whatever name it may be called – in whatever process its quantities and qualities may be described, result is indeed the same!

Similar to, water for thirst – bath for body – and food for hunger are needed – for calmness – ascent, meditation is needed. If so, just because of sitting comfortably, making sure that there is no movement of body, and closing the eyes (even firmly also) it cannot be called meditation. Similar to, clean ‘water’, clean ‘air’, clean ‘food’, and clean bath only, meditation should be performed with steadiness and stability.... How?

Try to stabilize and sterilize your Mind with no sediments of thoughts and rudiments of greed, in order to control the body through the regular and the restrictive Breath. With the Steadiness of the body, and readiness of the Mind the Meditation is to be started.

The initiation of the Meditation is to be intensified with the intention of insistence and consistence of the continuance, constantly; because of the Meditation is a constant conduct (but) not an instant event. Thus the Mind is exalted and be in peace.

In this way, bathing is helpful for external cleaning (purity) of body, and controlled breathing for internal purity (if done correctly only!)

Material object, its need causes the “mind”. With the instigation of senses, mind with action – reaction causes the karma to be done through body. The thing that – is the result for mind? Or body? Would be in accordance with the quantities and qualities of karma. When the karma is performed only with the senses instigated materialistic mind, there would be no involvement of Soul in it. Only when the beyond-sensory refined mind responds as conscience – then examination of good/bad of karma – feeling of remorse occur. The feeling of meditation – recognizes awakening. Meditation means stopping the influence of the instincts of senses. Although there may be many ways, techniques for this, the objective is only one. For the mind to know the causer (effector), and for the causer to know the basis is also certainly needed. If one can get the solution associated to the feeling called ‘I’ then it is as if the essence of philosophy is known to some extent. For this primarily, the need – significance of the material object, its boundary – control, and joy – happiness – sorrow obtained thereby; so also the satisfaction – peace – rapture that are beyond materiality; some understanding relating to this is needed. That itself should be considered as sense of education. The original meaning of "Education" will be in proximity to it.

When we ask children to sit, we say habitually, “Sit right”! That itself is the first thing in meditation! Even for breathing, that itself is the first thing. However, we have to sit some more

systematically than that. Let your view be similar to how a photographer or the surveyor sees... does not matter if it is steering... staring... and caring. Head, adjusts by itself... in that state! We feel that our back is straight, but there will be some bend in it at least to some extent. For that very reason, try to keep your neck portion vertical. Keeping middle of the crown of the head at ninety degrees, see steadily in the usual state without blinking. Close your eyes gradually.

Females keeping open the left side nostril, and males the right nostril, closing the second one with the pointing finger gently, inhale very slowly taking as much time as possible. Hold the breath, for half the time that took for inhalation, then exhale through the same nostril in the same way as inhalation.... very slowly, in the same way it should be done on the other side (through other nostril) also.

Inhaling again as in the first way and holding in the same way, it should be exhaled from the other side in accordance with the time of inhalation. It should be done from second side. Third time, inhalation, and exhalation should be carried out from both the nostrils in a normal way following the first type of stipulation of time. If so, in holding the inhaled air inside, and preventing the outside air should be half of that of breathing.

In doing like this for three times, it is completion of a unit. The time for the second unit should be followed equally (for inhalation, holding, and exhalation). With three rounds, it is completion of the second unit.

In the third unit, the holding of breath inside and outside should be increased gradually in accordance with the time of inhalation, and exhalation and practiced to the extent of patience.

Mind would be serene. Calmness, quietness can be felt. Something new than the usual, feeling can be experienced. Do it and see.... You yourself can know. The certainty in it....

If and only if the importance of meditation is known very well, its practice, and advantage would be constructive. To strengthen the mind and to start the convenient stage of meditation, to continue it easily, and in a useful way, to acquire the complete result, firstly practice is needed at least in two stages. In that, the first is breathing, and the second – concentration of the mind. The practical result, experience obtained through these would facilitate for easy possibility of meditation.

Inhalation – Exhalation is indeed a natural activity of need of life done by every organism continuously! If so, by means of systemizing (controlling) it, differently, and more advantage than through the usual respiration is obtained to the mind. This functions as a “condenser” to the

intensity of thoughts. Oxygen – entering into the blood more than that in the usual state, it (blood) not only purifies, but also there is increase of “hemo”. Thereby force of movement (stimulation) increases for the body cells, and neurons (vital cells of mind). With a sort of calmness to the mind by means of it, thought function decreases its intensity. As a result, one can feel as if new endurance, and energy enters (what as if enters? it certainly enters) into the state of body, and mind....

The difference that is present for just ‘sitting’, and sitting steadily itself, is present for usual respiration, and controlled breathing. Sitting in a usual way as a need, instead, sitting by adjusting the body in a unique way, can be called ‘asana’ (sitting posture) in brief!

If so, this ‘asana’ – in *Yoga* system – is not limited just to sitting. ‘Molding’ the body in various postures in a principled manner is present in yoga. At present ‘asana’, as far as breathing, concentration of the mind and meditation are concerned – can be understood as sitting by “adjusting” the body in the manner wanted....

Usually ‘padmasana’ (*Lotus Pose*) is worthy to follow for meditation. If so, it should be adapted in accordance with those various circumstances, shapes, and state of the body. Based on the situations, since exception, and changes to some or the other extent are needed in the primary stage.... relating to breathing, one should not feel that only ‘padmasana’ is essential. At present, it should be enough if the state prior to ‘sukhasana’ can be followed. When the level of practice, reaches the stage of ‘concentration of the mind’ – it can be decided whether it is ‘sukhasana’, ‘ardha padmasana’, or ‘padmasana’, if not that, ‘vajrasana’.... or something else will be useful/practical.

Yoga: It is not about *Kalatra* (Spouse) *Yoga*, *Dhana* (wealth) *Yoga*, *Vahana* (vehicle) *Yoga*, *Raja* (King) *Yoga* (destiny of becoming a king), and other astrological Yogas at present. So also, it is not required about ‘*Karma Yoga*’ (performance of worldly tasks purely out of a sense of duty without any feeling of personal interest), *Bhakti Yoga* (practice of devotion to God as the means to salvation), *Jnana Yoga* and other metaphysical affair also. ‘*Kundalini Yoga*’ is not related to present state. Each one of it has its own practice (custom)!

‘Yoga’ means.... ‘to acquire’.... ‘to merge completely’.... ‘merge with what’? ‘We’, have to merge with ‘self mind’ in the first stage! Including mind, ‘we’ have to merge with conscience. This itself should be called spirituality. In that state, influence of senses would be decreased. To cause this stage to transform as Soul, thereby to merge completely with the

Universal Soul (the same, Supreme Soul!). (Body will be, for sure, safe only!) To get absorbed into anything like this can be considered as ‘Yoga’. That means..., to be able to make that there is no ‘existence’ for the state prior to it, at least transiently.... What is that which is not possible with practice! We just have to make an attempt...!

Moral sanctity is required for Yoga, mainly. Being transformed or transmuted and permeated with? in the Truth, from the facts and the acts, is to be called Spirituality; as well as Divinity!

Control of food is helpful for health. In addition, it decreases the expenditure and keeps us “contented”. Otherwise, inordinate liking for taste, considering as the benefit of the material world (being in possession of sound teeth) in the style of “taste the most” it would puff the stuff. For that particular point of time, it would be indeed honorable, however, as the time passes-by its consequences can be experienced.

Neither feast (gluttoning) nor fast.... only repast....

Generally, diet restrictions are advisable in case of the Deity adoration and is also applicable even to the daily diet.

Human birth will be indeed a boon.... if it can be changed to emblem of knowledge – if can go in proximity to truth!

The Mind has two fold functions of Psychological as well as Spiritual.... i.e., Consciousness and conscience respectively. So, it may either be a friend or foe in accordance to our performance and the consequence is so.

Take a bath (don’t you know such a simple thing?) and take a drink, practice meditation – purify the mind. Certainty distances the mental distress. Mind with no filth provides peace. Life with satisfaction will be comfortable. Righteous performance provides liberation.

Therefore, that which can ascend the usual mind – usual human mind to that stage is meditation only! Learn patience, and skill. Get rid of emotional suffering, and sorrow. Do not forget the need. Should not leave satisfaction. Give importance to “self-efforts”. Turn the constantly aware mind towards truth. That way, make peace and joy as your ‘own’. For your activities, consider your own mind as your first witness, and the representative of conscience.

Concentration of mind is the next stage. There will be corporeal, and incorporeal parts in it. It is indeed an experience for everybody that numerous thoughts – causing distress to the mind, subject it to worries and distances it from peace. If they can be filtered only to the thoughts

of need.... then the number of real thoughts would be indeed very less. We should be able to do that then. If an orderly way is followed for that then it would be easy. For anything, systematic development is beneficial, it has steadiness.

To see anything with the eyes, and preserve with the mind is something that happens constantly! If so, that method of preservation not to have more stability is also something that is happening constantly! Inability to view/see a particular place (point) for a long duration also is indeed common! For that itself, regulation is needed. Starting to concentrate on the shape of the object, to develop it gradually, in the same place for more time is one more step for the path, and practice of meditation....

If the mind were good, then the town would be good; it should be, probably, said that “if mouth were.....” Whatever it may be, it is just supposing that if mind is good, can the mouth be bad, but.... along with goodness, if the mind is strong, life goes on honorably, and privately. At an ordinary level and as a rule of the world.... strong means, not stubbornness, rudeness. To have determination and control, to think only to the extent of need steadily, and comprehensively, and to give the thought a practical form. Dedicating to achievement of an object and by obtaining good results with patience and skill, to keep the mind in peace.... For that, mind needs strength, and power. That is possible through the practice of meditation, along with mental discipline.

The word ‘meditation’ is indeed convenient to hear, but to practice in a proper manner, however, it will not be so easy as thought; in the affair of practice. Even so, if there is no deficiency in efforts – if there is sincerity, and courage, there are only very few that which are not possible for human beings. Even if they are left aside, it will not be deficient for the daily life. Meditation is not impossible for human being. It is not limited only for saints – sages. If practiced and retained – with pure willpower – in a systematic method, even for the common person meditation, experience, and feeling of its highest state, and related result will be within the reach, indeed. Dedication and determination that are necessary for achievement of object should be present in abundance.

Having read everything did the mind get exhausted?

What good than mind is there for human?

For that reason, mind should not be caused exhaustion

Not into the net (trap) – would become a slave

If the view were changed – picture would be good.

May hit anybody – at a place not supposed to be hit
 If leave the arrow – without aim
 May kill anything – without the cause itself
 If change the subject – mind would be cheerful
 For that very reason read – this one thing
 Not singular – for readers
 To write this is, for relaxation only.....
 In inertia, there is movement – *Life Force* in organism
 Inertia in bio – bio in inertia.....
 All over the matter it is movement only – not inertia completely
 If the *Life Force* leaves – body is indeed inertia only!
 If it remains like that only – it can be considered as complete Inertia
 Becomes decomposed, despair, and disappear
 Would it become – like that without movement.....
 Why are looking nervous? – are you afraid
 What is a dead body? – it is, for sure, living body of once upon a time
 There is life – is there no respiration..... that's the end!
 You may think, "Is it just this what life means" – you are wrong,
 Life is in living body only – not with dead body
 Once the utilization is complete – the remainder is waste for sure
 Life should not become – like inertia
 Something should remain – at least by the time of death
 Do good and leave behind – at least something in a proper manner
 Even though God was born as human.....
 Did he not leave behind – good, and religion
 Although not a comparison – with it.....
 At least some good has to be done – as the human share
 If trouble the God all the time – to do everything
 Poor fellow! What can he, however, do – for everyone
 Karma (?) is, for sure, coming – as hindrance for human being
 Karma and birth, is it true – or fables

Well, ask the God – he may at least tell it to you
Although willing to ask, I – am unable to know the address.
If you know – tell me at least
Why trouble, you know – you yourself ask whatever it is
Are you afraid that he would say....
Why address – “instead of worshipping”?
Don’t think like that...
God is indeed good – if he really exists
Only affection – but no hatred for God
If his children create noise – does not crush like bugs
If his Creation commits mistake – should punish the causers
“What is that what are you saying?”
With anger – if God opens his eye
Everything burns – ashes remain
He submerged everything – leaving the water to everything
You may say – think, “what”
Is God barbarian – to do like that?
Human may do – throwing atom bombs
Leaving the missiles – and shutting the conscience
If the matter of God were known well – none would think that way
God is needed – as embodiment of compassion
Should never become – red eyed
For that very reason, I am advising you to ask the God – the actual matter
Not words – not in mind....
Indeed should ask – through the Divine Soul present in you
Do you know actually – if it is either present or not (in you)
That what is known for organism is sensation....
Mind should know – criticism and consolation
Soul knows – beyond that..... beyond that
If you have courage – in the mind itself
The matter of Soul would not be known, you know – in the least

If the mind is – “spiritualized”
The matter of soul – would be known – at least to a small extent
Spiritualization means – that is not something impossible
Simply to be able to keep....,
Instigation of Nature – sensual instincts
Distant to the mind....
Whether it is spirituality – or internal incitation
Whether it is intuitional sense – or conscience
Simply to get the feeling of Soul – to the physical mind
Meditation, for that, is – a good path indeed!
For the purity of karma – it becomes the cause
Spiritualized mind itself – changes into Soul
If practice meditation – at the spiritual level
Soul itself becomes – as Divine Soul, Supreme Soul
In Dhyana-prasthan – in the path of divine meditation
Divine Soul itself is – the Supreme Soul
That itself is Universal Soul – etcetera.....
Mind is with confused noise – in haphazard state
Don’t be confused – be calm
If start meditation – would get peacefulness
If learn – alphabet, and word formation
To read – including calculation come by themselves
Even for proficiency in learning – this itself is the primary
Peaceful *citta* – progresses as ascension
Would not stop even if stop – until reaches its destination
If cross the doorstep – for need
Would we stand – in the way for a long time?
If practice meditation purely – until attainment....
You yourself would see then – that how would he be
Who actually is God – and what actually is divinity....
Whether it is “aim” less meditation – or prayer

Would become waste – like a cry in the wilderness (which no one will hear)
May do bad – wrong path may come in the way
If the path is known – the journey becomes easy
You have brain and you have intellect – abundantly, don't you!
For that, by thinking – and avoiding the ignorance
Actually, if you know firstly – who you are
That itself would make you know – who the God is
If know who is God – genuinely
You can ask directly.....
That why actually did he cause you the birth
God would not say, you know – that he does not know anything
That means.....
Ask and see – who actually caused you birth
If he says mother and father only – then there is no dispute at all
If he says 'but' – then the philosophical Maya wraps round the head
Karma theory – “fights”
Then settles with body itself
Would you attempt – for Dhyana prasthan
What is there to lose – start and see
By means of meditation – change the mind
As spiritualized mind – as conscience
Would know by yourself – what is the reality and what is the constancy,
Life without (Sphoorthi) inspiration is incomplete picture only.

UNIVERSAL MATTER

Entity (soul) is the origin and basis. Matter is the manifestation (Creation). Object (body) is duality and corporeal, and variation of form. Manifestation will be of two types, visible (sight) – experience, and invisible (vision), feeling. Entity has eternity; the visibility/view (body) has transient existence, and instinct and characteristic of corporeal variation of form. If so, the corporeality that does not have incorporeal (entity) basis – so also, the existence that either don't need or have no scope for corporeality (property of matter), is simply practical impossibility! Movement/consciousness with no 'change' (mutation), is purely imaginary! That itself is the characteristic (quality) of variation of form.

Matter is a fact – Object is, certainty/certitude: Clay is, matter: that is a fact; cooking pot is object, it is a certainty, experience. The clay used (mixed) in the preparation of cooking pot is 'present' in another type (form). So also seed is a fact, tree is its certainty. The energetic-micro (seed) in the tree although loses its macrocosm for that time point of time; it is in another microcosm. Log of wood is a fact; the object prepared from it is a certainty. Egg, ovum is a fact. Birth of its organism is certainty; even so, egg is being absorbed in organism. Body is a fact. *Life Force* in it is a certainty.... Brain is a fact – occurrence of thought response through it is a certainty. So also, atom is a fact – atomic energy in it is certainty....

In this order, one is external, second is hidden internally. Oxygen, hydrogen (gases) is a fact. Water – their combination in an appropriate ratio – is a certainty. Vapor of that water or its solid form is also indeed a certainty. So also to be born, to live, and to die are also certainties, and facts (realities) only, aren't they! Moreover, these are indeed experienced evidences only, aren't they! They are indeed known distinctly to the mind constantly, aren't they! If examined like this, with the understanding (perception) of the certainties 'where is the place for Maya and Mithya?....' "Maya and Mithya" means, is it the absence of object (or matter or thought) by the time it (object) is thought or felt like that? Or, is it complete nihility...? Is it present, but perceived as absent or to suppose that which is absent as present? As a matter of fact, there is no place for 'nihility' in universe! In space – relating to the integrity of matter, and its initial presence – there may be enormous diversity in the existence, its characteristics, quality, and quantity. So also, although the human intelligence could not understand clearly until now that is it either basis (support), or dependency (being-based), certainty cannot go unnoticed.

The Mother Universe; Supreme Soul! Universal Matter and incorporeal Brahman (The Space matter) – Objective Inertial matter and Bio matter, and formation (of hydro matter) related to settlement and mobility of Bio/organism – evolution of life, species.... in this way, it can be said about pervasion of universe – Creation and its transformation in brief....

The eternal and the.... Mother Universal Energy is truth. It has its eternity intact. Gaseous form universal consciousness matter is “The Brahman”. Its mutational form – with the stages of liquid, solid matter – as Space Matter, Galaxial Matter, and Solar Matter, in the same way in another stage the same “Brahman” – as Inertia and Bio matter – pervades constantly. It acquires corporeality. Transmutation (change) is the property of matter. In accordance with that itself different stages – shapes (forms) of inertial and Bio matter are formed. Anything that is born, after reaching the senility in the end on passage of time (age), its form – existence perishes with that. As far as the organism is concerned, this itself may be called "the death". If so, this property of matter is applicable to the origin of matter – “The Brahman” itself. Whatever the interval of time (age) may be. That end itself is the final destruction (of Brahman or Creation). As a result of this, the macrocosm of “Brahman”, which is widely pervaded, acquires the microcosm of its Mother Universal Energy. By chance if the wise scientists think that, that itself as ‘Big Bang’ then it cannot be the integrity of science. In this, only the matter perishes indeed! That means, the external shape perishes, and reaches the internal microcosm. In “The Brahman”, external matter destroys and the Brahman remains as energetic-micro. (Example: mango tree – flower – tender unripe fruit – green unripe fruit – ripened fruit – seed – sprout (seedling/young plant) – tree).

Universal Energy in the form of gas with the reappearance of universe, the energetic-micro (seed) of Brahman acquires the corporeality of Brahman. This is an eternal recurrent rotation indeed. Ovum – embryo – Immense Ovum moral saying.....

The Mother Universal Energy is – the **truth**, ‘The Brahman’ is, the **certainty** – object is **reality (fact)**. The light, shadow, and image – reflective image on the object is also the object related certainty only. Image – reflection without real object is not possible. Therefore, reflective image is a state for the certainty of the object. Light is the cause for that, not Mithya. The cause, for illusion of mind, itself, is the feeling of Mithya. That is either a mental perception or impression only. The senses influenced mind can understand the certainty of the object. But unsteadiness of mind is imaginary, illusion. Therefore, eternity of – energy, certainty of the

Brahman, object reality, fact of sense – of feeling – ability of intellect and – illusion of mind. In this sequence, one should understand the everlasting truth and infinity of Mother Nucleus.

The eternal and energetic ‘Nucleus’ of the Mother Universe, the Origine is the creator. The creative or the created Universe is bearing “The Brahman” bearing the primordial matter of no configuration.... The space Universe consisting the, nebulous formative matter.... Then the Solar System, with its (solar) spectrum...., The celestial or the planetary matter of inertia or the passiveness...., The climatic Bioplasm...., the Bioplast...., The Bios and the evolutionary species...., Thus both the Macrocosm and the Microcosm have their catenation. So also, the same in case of the Materiality and the Spirituality as well as the creation and the procreation, Fertility and the Germination....

The Volition has the relation and the contiguity to the Relativity with the Matter of the space and time; so also it has its spiritual and Religious reliance and the speculation, regarding to Universal Soul, or the Supreme Being. Generally, the duality is the instinctive nature of the human mind.... But the Spiritual Soul is of the non-duality. So the sensorium mind is to be transcended to the spiritual Mind. So that to the Divine Self. The purposive process is the Trans Meditation.

It is very common, to reside in another house or some other place until the construction is completed and reside in the new house after the house warming ceremony. God might have stayed in ‘His’ Creation after the completion of Creation, but where would have been His base and residence of His existence prior to that?

Where would have been the God’s or the Creator’s existence prior to (the) Creation? Then, is His location, out of His creation? So, what it would be called or named? So also is it the One/Ubiquity of the Supreme Soul or The Absolute and the Brahman. Object – its instinct – entity (true nature – original principle of formation) are not at all the same. Object, is the corporeal form of matter, the feature/quality of matter in it is the instinct and that, which doesn’t undergo change in it, itself..., is its entity.... That itself is the microcosm of Universal Soul/Universal Energy.

Visual, audible, touch, existence of matter is for some or the other benefit only! Whether it is, macrocosm or microcosm, its benefit and utilization would be there to that extent. ‘Wastage’ is not the property of matter. Complete inertness is not the characteristic of Nature. In the body formed by matter “*Life Force* remains as *Jeevatmn*”, and as *Jiiva-Sakti* in the Nature. Its

incorporeality takes shelter (depends on) in the heart of the Nature. When the state – movement and – existence of the Nature are distorted, it remains combined in the Solar Energy. With the break up of the solar system, it remains hidden in the space matter having steadiness (not eternity). On the merger with Universal Energy/Universal Soul, it acquires infinity in the eternity.

Mental strength, and its microcosm, with the thought of spiritual reflection..., would be manifested as vision as conscience – Spiritual Soul – Divine Soul – Universal Soul – Supreme Soul. Although corporeal movement, and incorporeal consciousness seem to be the ‘same’, they are not at all the same at the metaphysical level. The (Universal Soul) Supreme Soul is self-existent. The Brahman (self-existent), Universe, which is the basis for its existence, its (universe) pervasion – formation and cumulation of gaseous, liquid, solid matter; the space which is present as basis for its pervasion, the Galaxies; the Planets; the Satellites; base for the state (existence) of these is, sky and the steadiness of energy (the conservation of energy) solar clouds – climate – Nature – organism – its process of evolution of life (Physiognomy)....

Like this with the existence, of different stages, and forms, the infinite Universal Energy, the energy of consciousness – movement of Universal Soul, having the eternal continuity with the instigations, of cause – effect and cause, the same with the perceptions (matter and mind) of matter – Supreme Soul..., with the thought, feelings and experiences of material and spiritual divisions, the life of human beings – especially the intellectuals is being continued. If so, rather than seeing at branches, and roots, and supposing them as separate, observing the trunk along with them, and to suppose it as ‘only one’ tree in its entirety.... so also, along with the usual experience that the body parts (parts of the machine), although are seen as different their binding, and relating human being (machine) separately is ‘only one’, atom including its microcosms the Universal Matter...; in the same way, with the thought that the Bio matter all over the universe including microcosmic living cell and its other parts is ‘only one’, in the same way, from the very microcosm, microcosmic form, of Jeevatmn, as mind, until the completeness (absolute) of Supreme Soul, the Diversity and the Fragmentation is ‘only one’.... With the understanding of The Oneness/The Absolute/The Supreme Soul – to reach and cause to reach, the human material knowledge (objectivity) to the level of truth, for the human being having the uniqueness of birth – it is indeed a duty, isn’t it!....

Generally out of nothing, nothing comes (out) What is “Nothing”? Nothing means neither Nil nor Nihility, but it is a trifle. So, nothing provides either something is aught; it is a must. ‘Sine dubio, Voila tout’! But something can’t be caused for or nothing. Since, something must be in the Origine intact!

Known Knowledge is to be the own wisdom (The Jnana). The Jnana projects the vision of Divinity. It may be enunciated that there is no any ‘Animism’. The Animation never be an eternal entity! Don’t be mistaken by/with the mystic Nature. Only the human mind would be or can be transcended to the spiritual soul by means of meditation. No different.

For that very reason.... Universal Nucleus is.... weightless – self-existent indeed!

Eternity of basis – is Universal Energy consciousness....

Dependant matter – is external form body!

It is the core of interior of the planet itself, which holds the planet in the sky.... isn’t it!

Indeed a cause – the *Life Force* and *Jiva-Shakti* in the cell!

Is the atomic energy – not the basis for atom?

The mutable system of the Centripetal and the Centrifugal does make the Force to the Centroid of the Centrode that Caused for the movement of the objectivity (The matter).

Constant consciousness Universal Nucleus, being a cause, to entire cosmos, and it however, remaining itself as self-existent, by creating, bearing cause – cause and effect burden...., with the mutation, of macrocosm and microcosm.... microcosm and macrocosm, with the influences of action and reaction of process of movement of life, with the positive, and negative directions, with steady and unsteadiness.... in the order of mind – Soul – Supreme Soul, with infinite course, and recurrences of the ascendancy, eternity is continuing uninterruptedly. Universal pervasion is – it’s at that point of time’s end....!

SOUL

Well then, what is Soul? Is it mind? Is it *Life Force* – Jeevatmn? Or something which is unrelated to all these? Bio is Nature, mind is its functional aspect, and Soul is, beyond the understanding of materiality.

The matter is the Physical substance in vary and the mind is an abstract.

Truth is formless, and changeless, isn't it! That itself is the entity of the Supreme Soul its pervasion and eternity! Well, the certainty of the mind too should be the same! The reflective image of the matter (object)...., (**The objective reflection of the fact**) should be its principal characteristic, objective too. Thought, and reflection are in assistance to it. That which has truthfulness and continuity is 'Soul'. If so, that is not different. That is indeed the utmost microcosm of the Supreme Soul/Universal Soul!

The thought/feeling, which is caused with the intuitional awareness beyond the response of the external senses, and physical nature is.... spiritual response only! Beyond materiality faith/belief, devotion, love, and other traits of characteristics are caused because of this only. If so, this is also, indeed one of the sides to the mind only! Only through the active execution of functions, and behavior, and experience of the individual, there is a possibility of understanding the expression, and non-expression of the mind. The objectivity related direct, indirect instigation itself is being present as the cause for the action-reaction of this objectivity. To that extent, it can be understood that, the materialistic (matter involving) in it as 'physical' and.... beyond that, only the invisible feeling that occurs in mind as 'spiritual'. In brief, corporeal (form) influenced sensorium mind can be considered as spirituality... In spiritual feeling also through corporeal God, faith or belief related to religion and others also, there is recognition principally to the 'devotion' dependant 'soul'. If so, the Spiritual Soul/Self will be present as the support, basis for the metaphysical path.

The centralized point of the objective form of the matter, itself, bears its 'enclosed' weight. This is indeed a scientific certainty! If so, it does not have its own separate weight or burden by itself. To that extent (**The sensuous response of sensorium is "Thought". But "Thought" is differ to the Mind**) it has its 'own' ability. Anything, which has its own weight, in a state in which it has to bear its own weight, cannot hold some other's weight completely. Is it possible for a slave to provide freedom (to cause to escape from the prison in a secret means is different) to another slave? Only those who know something can say that something, which is

known, to those who don't know it. Those having more strength, itself, can bear the remaining weight. **Generally the centre of Gravity Changes itself as a free of weight.**

Similar to, the atom – in its particles has utmost microcosm, of Universal Energy... the microcosmic subtle of Universal Soul/Supreme Soul in the mind of the organism, especially in human being, who is in the higher level of evolution, that as Self (Divine Consciousness), in the same way, Similar to, ovum uniting with sperm and they are, not visible to the corporal vision..., Creation in the Supreme Soul... Supreme Soul in the Creation to have macrocosm and microcosm.... the entity of expression and non-expression at the visible and invisible state and level..., is indeed natural, isn't it! Indeed possible, isn't it! The level of understanding is, the standard evidence for it. The mutual change (Transmorphism) of microcosmic and macrocosmic body of the organism is the entity of the characteristic of the living Creation. Similar to, the tree, which is in the microcosm of seed, starting as a sprout and plant and finally establishes, grows and spreads as a tree...., similar to ovum – embryo – organism and its body – growth.... mind – its blossoming, by developing gradually..., is acquiring microcosm again into the form of ovum – egg in the descending order..., the utmost microcosm of the Universal Soul...., Supreme Soul..., which is hidden in the human mind, primarily as a good mind (the Mind of Moral Sanctity) – as beyond materiality 'Spiritual Mind' (spiritual consciousness) – as Spiritual Soul/Self – as Divine Soul, like this by transforming the natural physical mind itself as divine energy with practice of meditation in different techniques and with accomplishment of meditation in different stages in progressive development and in the path of Dhyanaprasthan.... it (mind) should be merged with Supreme Soul.... Universal Soul....

Pain of the body, distress and agony of mind, its internal churning.... in this order, one can have the vision of Soul, which is “ambrosia”. In this journey the course (movement) and existence of mind, and its importance is only to some extent. While the limit of activity of senses influenced mind keeps on decreasing – with the development of kind-heartedness – there would be vision of soul, which is the utmost microcosm of the Universal Energy. The ascension and merger of Divine Soul and Universal Soul is the consequence that occurs after that. Meditation – Spiritual Meditation – Divine Meditation – in this way practice should happen at the levels of techniques of meditation.

The infinite Universal Energy does not need any basis. The basis and support for the matter in it is essential. Present in its nucleus itself, it is the basis in the form of 'energy'. For that

very reason, energy is self-existent. Matter is ‘Creation’. For Creation, existence – extinction is inevitable. This is the natural property of matter – demonstration, entity of Universal Energy. As the basis for universe it is, Universal Soul, Universal Energy. As the basis for Creation it is the *Atma-Shakti*, as the basis for organism (body) that is – *Life Force*/the energy stored in the atom, is not different to Universal Energy. The *Life Force* in the organism (body), is not an alien to Supreme Soul/Universal Soul. The energy in human being – as *Life Force* – sensual force (the power of senses) – power of thought (mental strength) – will be in various stages.

This ability of understanding to develop as prudence – intelligence at the physical level, to that extent along with the improvement of civilization, by understanding the microcosm of the Universal Energy in his brain, if practices for the development of its natural universal pervasion, then considering it as spirituality, he can cause the development of his mind to the level of Universal Energy (that is beyond materiality)/Soul.

Similar to, the presence of metal in raw material – similar to, the presence of tree in energetic-micro (seed), similar to, the presence of embryo in ovum, the microcosm of the Universal Energy is embedded in *Life Force*/power of thought. If the way to cause the microcosm to reach its complete level is known and if it can be done in that way – to know its origin again, itself, is the truth – the same is the expedition of truth.

The Divinity, incarnates or personifies ‘Itself’, in the form of the Spiritual Ones, because of an example of the Human to deal with the Evils existed that those to be eliminated and the culmination Spirituality....

If we can perceive and receive the facts of their Exhortations, and acts accordingly, we may have to Divine Heridity.... Thus we can become the Souls of Divinity, Divine Souls (?)

The nucleus of the matter, although is a fraction of Universal Energy, in accordance with the method of internal and external movement, the Universal Matter is of two types – the inertial and the Bio matter. Especially, the activity of internal and external motion is the uniqueness of the Bio matter. The evolution of life is another important principal matter of interest – to have the sensations also, is indeed an important instinct for the Bio matter. The organs/parts for conveying the sensations although are different in organisms; first formation, the brain, which has the uniqueness of neurons, principally, is present in the human being. For that very reason, along with habit, thought, and practice are unique to human beings. ‘Sensation’ in whatever form

it may be perceived, it can be understood as mind. In accordance with brain – and the uniqueness of neurons in it, mind, along with developing, as prudence – and intelligence, ‘sensation’ causes the blossoming of mind with the influence of Nature. In accordance with the favorabilities and unfavorabilities (positives and negatives) for it, the thought and practice would be either positive or negative. Liking – lust – infatuation – affection – love and other positives and negatives occur in accordance with those various circumstances in life. Happiness – Sorrow and other pairs of opposite are naturally present in life.

In the order of developmental advancement of brain, in accordance with the increase of power of understanding to the human brain there would be uniqueness of human being in the living organisms. This ability of understanding at the physical level to develop as prudence – intelligence, to that extent along with the improvement of civilization, by understanding the microcosm of the Universal Energy in his brain, if practices for the development of its natural universal pervasion.... considering it as spirituality, he can cause the development of his mind to the level of Universal Energy (that is beyond materiality)/Soul.

Would the living Creatures – originate from *Narayana* (Vishnu) only?

Is Brahma origination – from “trinity”?

As the consequence of Hydrogen – Helium – Carbon.....,

As Hydrogen – Oxygen – Helium – Carbon...,

Space clouds – galaxies.....,

Solar clouds – the categorization of formation of planets...

Ratio of radiation – steadiness of planetary orbits...

Nature of climate – development of Bio matter

Living cell assimilation – basis of support of salt...

Beginning of journey of life – with evolution of ‘organism’

Air – water – food – dependant health,

Protection from *Tridosha* – beginning of causative factors disease,

Excess of medicines – fortune of cure of diseases

Causing of disease itself may have become the cure (protection) of disease / the deadly itself might have turned into life saver / the production of Milk Ocean itself – are poison and ambrosia / poisonous gas Monoxide is in its origin / carbon dioxide may be harmful to organism

but, nourishes flora – in the merger of witness of all human actions that is hidden embedded in the Nature.

Balance of Nature itself is – the standard for living Creatures.....

The journey of life of human – the directions of stages of brain....

Mind with thought – uniqueness is only for the intelligence!

Analysis, investigation – spiritual exploration....

Should make the mind – an abode for energy – and as temple for Soul.....

As moral bridge – and as charioteer of life....

Should experience comfort and sorrow – as sweet / and as bitterness

Avoid the steroid of

The Avidity and (the) stupidity...,

Change the mind itself – as Soul..., as Divine Soul,

Obtain bliss – as spiritual Divine Soul...

Religions only should change the human morally, in a proper manner.....

Indeed are the sources, the Sacred books – for spirituality – and materiality (worldly matters)

Contain the consciousness of the spirituality!

Restrain and refrain the avarice and the amorous mind/maintain the sanctity in person retain and of processing – the aroma of the humanity....

Achieve the aurora of the Divinity....

(In the form of Spiritual Soul)

There is the Divinity of the Absolution

Merge thyself with the surge of the Universal Energy (The Paramatmn)!

Relating to human being the microcosm of Soul itself is the mind. Pervasion itself is the Soul; it does not occur by birth and does not stay with human being constantly.

The matter is the physical substance in vary and the mind is an abstract subtilty that is the sensory receptive grasp. The soul (the Self) is an incorporeal aspect of the mind (Spirituality) and its antecedence. But in accordance with the view of the Theological and the Theistic way of thinking that the Spiritual Soul or the Self which is the subtilty of the Supreme Soul would not be or cannot be existed or coincided intact itself to the physical (matter) body. Nevertheless it has neither Commitment nor Coherence to (with) the

functional acts and the actions (Samskaras/Vasanas), regarding to the mundane life. If it has no any concern to the Corporeal or physical causes and their effects what it would be the purpose of having its presence in the body?

SPIRITUAL DHYANAPRASTHAN

Either through meditation in connection with body, or in any other way, the energy acquired by mind is limited only! The act that occurs in a limited measure – result related to it would be ‘limited’ only. For that very reason, if interested in acquiring the portion relating to the unlimited energy through mind, if one desires that it should happen like that, instead of physical meditation, one has to follow spiritual meditation.

The corporeal concentration of mind in the completely incorporeal state, the second part of concentrating the mind can be started. Although it is felt as somewhat difficult in the beginning, the practical habit that you have acquired in the practice of corporeal concentration of mind would be helpful for this. The meaning of corporeal, incorporeal is indeed a known thing, isn’t it! To have the form is corporeal, without that when only feeling is present it is incorporeal. Not nil. Keeping an object (shape) in front and seeing only that object with eyes completely, and concentrating the mind there itself is the method that should happen in the process of corporeal concentration of the mind. In the process of incorporeal concentration of the mind, which is the second part, it is to be able to see the form of the object with mind closing the physical eyes. To see means the form that has been seen in the first stage should be kept in mind. To keep that in mind steadily. Without the necessity of the form, itself, and without the need to see it with eyes, itself, to be able to see the same view/sight with mind is incorporeal concentration of the mind.

If the concentration of mind can be completed through corporeal, and incorporeal methods, and if the result related to it can be caused to reach experience, and feeling, then one can cast the glance towards meditation. Can start practice also. The judgment in this matter is “personal of those who practice” and the witness of mind itself is the standard (for the fact that if they have reached that state or not).

In direct, and indirect, visible – invisible states, there would be those that can be seen, and those that can be known only to mind. Although the glowing bulb can be seen, electricity cannot be seen like that. Although the solid and liquid forms of matter can be seen, the gas (though it is matter) cannot be seen such distinctly. It is an experience, and feeling only. Although the body is a direct certainty, the state, and movement of *Life Force* is indirect only. In some circumstances, with special equipments, although the atom, microorganisms are seen, their sources are not direct. Even though the movement (path) of the planet is known, the ‘cause’ for it is not completely clear. So also, we can know the mind only in practice, and words. The ‘*Life*

Force’, and ‘mind’ even though are the cause, and basis for the movement of life, it is not possible to visualize them as a direct standard. For that very reason, some other way is needed. By achieving ‘vision’ (spiritual view) through ‘**spiritual meditation**’, which is another stage in ‘**Dhyanaprasthan**’, we can see that experience.

Let us come to the actual matter. At the physical matter level, similar to, the state of brain, is the cause for the level of mind, similar to, the meditation, is helpful for that, in spiritual meditation the physical mind as spiritual mind would be the beginning for the spiritual meditation. In this, there would be no need of mention (thought), involvement of corporeal – incorporeal. Only, just the instigation of intuitional (sixth sense) would be needed for mind. Trans (ecstasy) would be its ‘state’. The force of activity beyond senses would be the important basis for this. The natural materialistic thought/feeling perishes, and there would be a possibility of experiencing the rapture beyond worldliness. The supernatural power, which the physical mind acquires, is the cause for this. In this state of deep meditation itself the physical/bodily/senses instigated mind, undergoes transformation as the “spiritualized” mind.

Because of materiality – beyond materiality – visible experience – and feeling itself, physical mind will be of two types. If so, physical/materialistic mind can be metamorphosed into the mind beyond materiality only through special (unique) practice. The charioteer for the physical life is mind only – if so, there should be an owner, for sure, who has to order the charioteer? That itself is the naturally born physical body. This is indeed an experience to everybody through material knowledge. If so, there is another side for life, isn’t there! That itself is spirituality, even in that there would be need of mind. It may not be within the reach by experience. Extraordinary (unique) practice is needed for that. The same is referred to as spiritual meditation. That means, such a thing as mind is not limited only to the response of senses, but mind is present at the level beyond the understanding of the senses too. So also, there would be Divine Mind too. If so, its entities of quantity and quality change in accordance to those various positions. Physical mind itself is charioteering the life in various ways, isn’t it! The spiritual mind – to carry on dual, multi performances more than that only, and cause suspicion is natural. Naughtiness in childhood, and headship and authority in older age is indeed natural, isn’t it! Same is with the mind too! If the status or the rank increases, the unrestrainedness decreases. The “spiritualization” of the mind that happens through spiritual meditation is only for that very reason! Spiritualized mind at the level of conscience executes the function righteously

considering it as duty. Thereby the execution of 'actions' would not be the cause for the "evils" and "sins". Therefore, there would be “no scope for philosophical whirling” of karma – birth – karma.

In the process of the ‘Dhyana-prasthan’ similar to, the physical mind is transformed into the spiritual mind, the spiritual mind (spiritual consciousness) through divine meditation transmutes as Spiritual Soul, Divine Soul, Universal Soul/Supreme Soul/Holy Spirit/Universal Energy. That means, that the physical mind itself, which executes (conducts) the life with the feeling and perception of ‘Self’ by virtue of birth, and as a coordinated response of the senses, through the process of ‘Dhyana-prasthan’ undergoes change as the process of transformation and as the orderly ascension as spiritualized mind – as conscience – as Soul, is an important thing we have to observe carefully here. The mind, by continuing the execution of functions of life in accordance with its position – state, it decides the way of life. The mind – that is dependant on the physical body – acquiring the state of ‘Supreme Soul’, which has universal pervasion, through meditation, it ends/concludes its existence. The same is referred to with various names as ‘salvation’, entry into other/next/God’s world, state of nirvana.

In the process of evolution of life, to change into human being and as of today to ascend to spiritual level as intelligent organism is indeed an experience. To achieve the most eminent state as Soul – Divine Soul by spiritualizing the same human mind, which has achieved uniqueness in the organisms with scientific development, in the path of meditation, theoretically is indeed good.... Success for anything would be in accordance with the level of practice.

If a logical analysis is conducted in mutually opposing matters of perpetuity of Soul – its stay in the body – its constant nature of entity of Supreme Soul – supremacy of inactivity – superior to everything — and others, then the certainty – would be different, to the present experienced belief. Evolution of life – has the limitation of body (Bio matter). The ascension of mind would be in accordance with the entity of universe (universal entity). If neglect this, then mind also would remain, within the limit of the physical life only.

By transforming the microcosm of the Universal Energy as spiritual (super natural) energy – energy of conscience – Soul – the Soul can be ascended to the proximity of Universal Soul. Since this is possible only through meditation, the practice in the name of Dhyana-prasthan in various stages – which can cause the microcosm of Universal Soul, which is hidden within the

physical mind, to reach the highest eminent state as the resolve (will) of universally pervaded energy – is needed.

Thereby when your mind exceeds the quality limited to matter and endows with the entity of spiritual power, by acquiring the complete knowledge relating to the “Creation – Creator” “by yourself” through Universal Energy (Universal Soul) that is beyond the understanding of materiality and senses, you can feel the bliss. You can have the vision of origin of the universe – which is “self-existent” – and karma through your own complete knowledge itself, and can acquire the eternal bliss.... When humanity incarnates as divinity, the path for this would be ‘envisioned’.

“Supreme Soul” means “Universal Energy”. “Universal Energy” means the original (root) cause of Creation of infinite universe. That itself is the Supreme Spirit and others. If so, this “theory” will not be in agreement, and within the reach of the philosophy, which had been coming as an “undiminished treasure” traditionally, habitually, and as a custom and practice since ancient times. If the origin – formation of the elements of the matter is investigated, and researched scientifically, based on science, to call “*Paramatmn*” as “Universal Energy” or “Supreme Soul” would be indeed scientific.

The dispersive iota of the “Supreme Soul”, even though it is to be called “Soul” infact, as it is gripped and manipulated by the nature and physique. The so called “Soul” is to be exhibited and exists as “Self”. So the “Soul” is being considered and accounted as Physical contact.

Birth through organs of generation – karma for livelihood.....

Learning of education – modern falsehood.....

Change is inevitable – for existence constantly.....

Life is materiality – spiritual salvation

Even for *Ayonija* (the child who is not born from womb), infinite *Yoga* – acquisition of bliss

No imaginations as floods – like waste of time

No faulty thoughts and the guilty deeds

‘Labor Omnia Vincit’

The practice of most auspicious of the auspicious is – indeed hard work only¹

Needed for human being – separation from *Karma Yoga*

Detachment from responsibility – cannot be utilization
 The aim of cause itself – (may be) the quality of consequence of karma!
 Although have belief – on past birth – and the next birth.....
 They cannot become *Karma Yoga* – only responsibility is, present
 Path would be – as memory – as path.....
 Future may be present – on the ladders of imagination steadily
 Present is certainty – experience would be applicable to it
 The object objectivity itself – may be reality as shadow;
 As the ‘shade’ crosses – as the wife of Sun!
 Would there be shadow – without light on the object?
 Wife is half, for sure – in the game of light and shadow!
 May be the "witness of human actions" needs – wife as second witness!
 Without karma – did the human birth happen in the first place?
 The biology is saying (isn't it!) – Genome as witness;
 That with unicellular organism only – is spreading of living Creatures.
 Anthropology is saying (isn't it!) – with genuine proofs;
 ‘That human being is not – the starting organism’.
 Karma-birth-karma – where might be the beginning, for this succession?
 Mind is present in human – as giving guidance for human being.
 Well, may be secrecy – for its karma – and righteousness?
Psychology, Noology and the psycho dynamics
 Can you open and say – its Mystic entity?
 No existence for that – (that is) present, that's it!
 Can we deny it – just because it was not visible for us?
 Can we deny its presence – with the arguer completely
 There is *Life Force*, in the body – well, mind too is the same, indeed!
 That which asks to live also is that only – that which causes to live is that only
 Talking constantly – about *Jeevatmn* and Supreme Soul
 Life is saying – underworld (in Hindu Mythology) – and demon
 Scientific knowledge is of it only – orthodoxy too is of it only!
 Constant illusions too are of it only – expedition of truth also is of it only!

Luxury, disease – comfort, sorrow;
 Infatuation, thirst – its lust, spite
 Selfishness, differences – wish, jealousy;
 Love, hatred – attraction, dislike;
 Emotional suffering, sorrow – anger, to lose;
 Thirst, satisfaction – fondness, mirage;
 Drudgery, wickedness – civility and culture;
 That which surges (overflows), that which feels depressed – that which bends, that which
 causes to bend;

Reality, certainty – constancy, truth;
 Stupidity, foolishness – knowledge, ignorance;
 Thought, excitement – distress, anguish;
 Cry, laugh – amusement (with sexual overtones), protest;
 Wickedness, loss – divine devotion, religious hatred;
 Pity, mercy – sacrifice, slaying of human;
 Experience, foolishness – numerous, the feeling of oneness;
 Nine *rasAs* (*the nine traditional sentiments or emotions in art and literature*) are of mind
 only – nine tastes are for human being only;

Nomocracy autocracy.....;

Ethics – Esthetics.....;

Evil and devil – Self and Soul.....

Many and many others – all are of indeed mind only!

For that which knows everything – would be present as multi as rusty

Selecting some – if practice for completeness,

Experimental mind – useless intellect.....!

Even so, that itself is Soul – indeed only if it is spiritualized!

Supreme Soul is that only – conferring heaven.

The excellence of Vedas – uniqueness of Puranas

Spiritual learning – righteous preaching

Scientific experiments – discretion of metaphysics

They are indeed alive even today – by themselves.....,

With the spread of exegeses – with the emotionally excited speeches
 Prudent persons as increased – foolish people in greater number
 Intellectuals as of different kinds – as those having only brain
 Are indeed flourishing with human evolution in millions.
 Imitation itself is the compass needle and surveillance for the modern intelligence indeed!
 Loud cry of Vedas – exegeses of Upanishads
 Puranas – comments – sacred books – preachings
 God men – divine messages.....
 Uncoverings of other religions – of God
 Have been coming and going indeed, for generations as inheritance
 What is that which has changed human – as good mind?
 Would not come to individual by birth – the uniqueness of species
 Humaneness of mind is – divinity of Soul only.
 Would cause good to human – by causing sacredness
 At birth as human being – as learned person, humanity itself
 By achieving divinity – should make the birth as blessed
 Compassion itself as bridge – as “*may all people be happy*”
 Only if make the mind as divine ascension with Dhyanaprasthan
 Soul would be in compassionate spirituality itself.....!
Pax Vobiscum.....!
Peace be with you.....!